Course: Marriage Politics

Outcomes Window

Use the **Outcomes Window** to assess the impact of an important decision on yourself and others involved. What is your best option?

	POSITIVE	NEGATIVE
SELF	Gains for you	Losses for others
	1	1
	2	2
	3	3
	4	4
OTHERS	Gains for others	Losses for others
	1	1
	2	2
	3	3
	4	4

Adapted from H.B. Gellatt: Creative Decision Making: Using Positive Uncertainty