

# EVIDENCE BASED PRACTICE: HOW TO FIND AND READ THE RESEARCH

**Course Description:** This 1.5 hour CEU course will introduce and teach physical therapists and related professionals the importance of research, and how to find and utilize it. The first portion of this course will discuss evidence based practice, why it is important in the rehabilitation field, and what are some barriers to implementation. Then this course explores how to formulate a research question, where to find articles, and specific search strategies. Next, this course discusses levels of evidence and how to read a research article. Lastly, this course provides an introduction to statistics and bias to allow readers to determine if the evidence provided is worth integrating into practice. This course is hosted online and is not live.



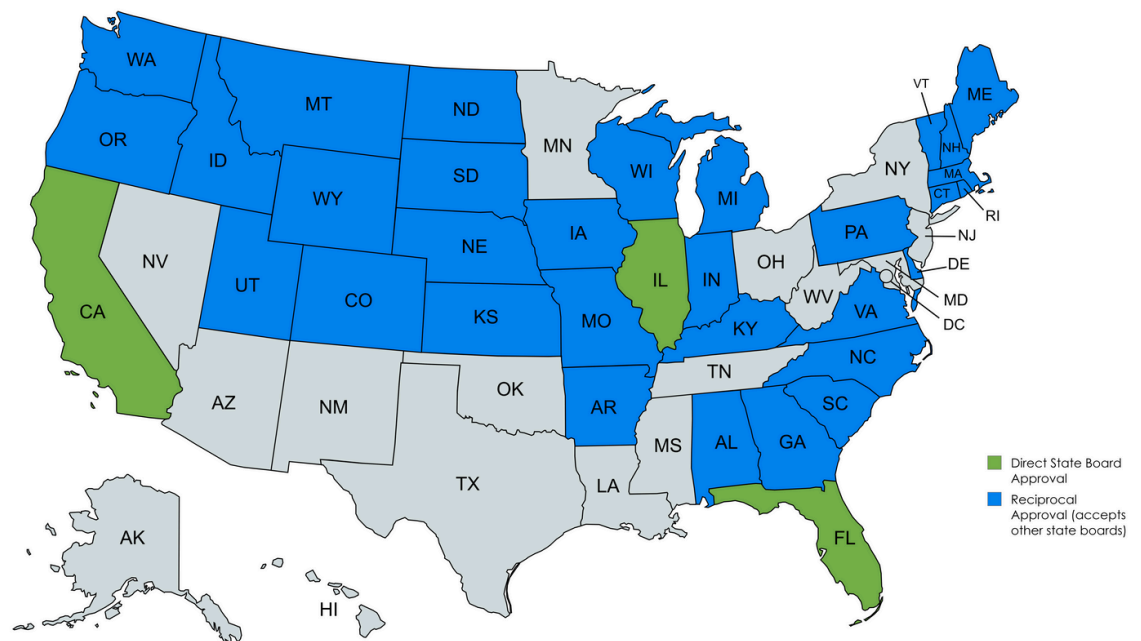
**Speaker:** Alyssa Rice is a physical therapist who works for Ekso Bionics as the Clinical Program Manager. One of her roles is to search, read, and compile research regarding exoskeletons for clinical and regulatory purposes. Her clinical experience was in the outpatient setting focusing primarily on patients with brain injuries. She received her doctorate of physical therapy from Northwestern University in 2015.

# CONTINUING EDUCATION

This course has been approved for PTs and PTAs for **1.5** contact hours.

Ekso Bionics Inc. is a licensed CE Sponsor of the Illinois Department of Financial and Professional Regulation (#216.000393), a rule-approved CE provider of the PT Board of Florida (#50-45580) and has been approved as a provider of continuing education for Physical Therapists and Physical Therapist Assistants in California (CA) by Redefine Health Education, a recognized approval agency of the Physical Therapy Board of CA.

In addition to the approvals noted above, the teal states on this map are likely to accept courses approved by other state boards pursuant to regulation. As regulations may change over time, please confirm current accuracy with your state board, eg. that they will accept courses approved by other state boards.



If you have any questions about CEU approval for this course, please inquire with [EksoUniversity@eksobionics.com](mailto:EksoUniversity@eksobionics.com).