

Kathryne J. Neiling, DNP, APRN, PMHNP-BC

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Professional Profile

Board-certified Psychiatric-Mental Health Nurse Practitioner with a Doctor of Nursing Practice from Johns Hopkins University and an MBA in Healthcare Management. Experienced in critical care, perioperative leadership, healthcare quality improvement, integrated behavioral health, scholarship, teaching, consulting, and clinical innovation. Active clinician-scholar with peer-reviewed publications, national presentations, faculty appointments, and research interests in women's mental health, nutritional psychiatry, psychopharmacology, psychopharmacogenomics, artificial intelligence, and implementation science.

Education

Johns Hopkins University

Doctor of Nursing Practice (DNP), Advanced Practice – Psychiatric/Mental Health Nurse Practitioner Track, May 2025. GPA 3.83/4.00. Scholarly Project: Implementation of Provider Education Regarding Nutraceuticals and Mental Health: Understanding Dosages, Benefits, Risks, and Management of Nutraceuticals in Mental Health Care.

Western Governors University

MBA, Healthcare Management, June 2020. GPA 4.0. Completed an 18-month curriculum in four months. Capstone: comprehensive business planning, finance, HR, operations, marketing, SEO, investor strategy.

Ohio University

BSN, May 2019. GPA 4.0.

Pasco-Hernando State College

ASN, May 2014. GPA 3.73.

Academic Appointments

Faculty Member, The Collective NP Clinic Academy (2026–Present)

Graduate Teaching Assistant, Johns Hopkins University (Apr 2024–May 2025)

Substitute Teacher, Hernando County Schools (Feb 2025–May 2025)

Licensure & Certification

Florida APRN (2025–Present)

Florida RN, Multistate Compact (2014–Present)

PMHNP-BC

Basic Life Support (Current)

Previous: ACLS, PALS, CNOR, CPI, TNCC

Professional Experience

Premier Community HealthCare Group, Psychiatric Mental Health Nurse Practitioner
(Jul 2025–Present)

- Medication management across the lifespan.
- Sole psychiatric provider at Brooksville and Spring Hill clinics.
- Chair, Behavioral Health Grand Rounds.
- 111% productivity (Q2 2026).

HCA Florida Oak Hill Hospital (Jul 2017–Mar 2024)

- Quality Coordinator – Medical Staff Quality.
- Charge Nurse, Operating Room.
- Circulating RN.

HealthTrust/Parallon Workforce Solutions (Sep 2015–Jul 2017)

- Travel ICU RN with multiple 13-week assignments including Level I Trauma ICU.

HCA Florida Bayonet Point Hospital (Jul 2014–Sep 2015)

- Critical Care RN; floated to SICU, CVICU, and PCU.

Leadership & Clinical Innovation

Chair, Behavioral Health Grand Rounds.

Clinical pilot participant for Labcorp psychopharmacogenomic testing.

Early pilot user for Commure Ambient AI documentation.

Early pilot user for Microsoft Dragon Copilot integration into Epic.

Collaborated with Senior Clinical Systems & Integration Administrator on

implementation projects.

Behavioral health workflow and quality improvement initiatives.

Peer-Reviewed Publications

- Fenton A, Neiling K, Ndzi M, King Goode C, Humphrey KG. Nutrition for Mental Health: Guidance for Clinical Practice. The Journal for Nurse Practitioners. 2024.
- Fenton A, Neiling K, King Goode C, Win R, Cooper N. Environmental Drivers of Mental Health: A Planetary Health Perspective. The Journal for Nurse Practitioners. 2025.
- Fenton A, Win R, Ndzi M, Neiling K. Mindfulness in Nursing Education: An Integrative Review. BMC Nursing. 2025.
- Neiling K, Cooper N, Fenton A, Ndzi M, Win R, Humphrey KG. The Ketogenic Diet for Depression and Anxiety: Implications for Practice. The Journal for Nurse Practitioners. 2026.

Presentations

Nourish to Flourish: Nutrition Essentials for Psychiatric Practice. APNA Annual Conference, 2025.

DNP Project presentation at Johns Hopkins University (2024–2025).

Research in Progress

Medications with Dual Psychiatric and Primary Care Indications (manuscript in preparation).

Consulting

The Collective NP Clinic (2025–Present): Educational consulting, business consulting, quality improvement, clinical practice development, academy expansion.

Professional Memberships

American Nurses Association

Florida Nurses Association

Florida Association of Nurse Practitioners

American Psychiatric Nurses Association

Sigma Theta Tau International Honor Society of Nursing

Johns Hopkins Alumni Association

Awards & Honors

Nurse.org Best of Nursing 2024 Finalist

Johns Hopkins Career Impact Award Nominee

Johns Hopkins School of Nursing Research & Academic Affairs Award Nominee

Consistent academic honors throughout undergraduate and graduate education.

Community Service

Bump2Baby Expo (2026): Perinatal mental health educator.

Pasco Walk for HOPE (2025): Fundraiser and participant.

Grant Proofreader (2021-2023), Infant Welfare Society of Chicago.

Crisis Counselor, Crisis Text Line (2021-2023).

Research Interests

Women's mental health, puberty, fertility, perinatal and perimenopausal psychiatry; nutritional psychiatry; lifestyle psychiatry; psychopharmacology; psychopharmacogenomics; AI in healthcare; implementation science.

Technical Competencies

Epic Hyperspace, MEDITECH, Microsoft 365 Suite, Microsoft Dragon Copilot, Commure Ambient, IBM SPSS Statistics.