



Learn From Where You Are

Many Gaelic learners resist their own level. They want to master the language now, not later on down the road. It's understandable. It also creates a lot of unnecessary tension, frustration, and stress.

Learning Gaelic should be enjoyable and enriching – not torture. Yet, many of us resist who we are and complain about who we're not. It's human but it doesn't really help us. Quite the opposite - it usually holds us back.

Embracing your level and your abilities will help you learn better – and live in a healthier, happier way. **Your Gaelic is where it is at the moment. That's great! You're further along than you were before, which is worth celebrating.** If a Gaelic book you'd like to read isn't accessible right now, put it aside for later. Then, find something that is accessible that will grow your Gaelic, right where it is at the moment. **Don't stop learning – just go from where you are.**

It's easy to forget all this when frustration comes up. If you find yourself in the clutches of tension, frustration, and/or stress, try saying the following phrase out loud to free yourself: **"I am who I am right now. My Gaelic is where it is right now."** If you feel frustrated often, write this phrase down and put it somewhere you'll see it often. It'll be a reminder that where you are is just fine.

If you learn Gaelic from where you are, then you'll move closer to where you want to be.

Want more learning tips? See all my past tips [here](#)



Le gach deagh dhùrachd (with every good wish),
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Gaelic with Jason

Immersive conversational lessons that make it easy to think more in Gaelic, use it more naturally, and help it reach future generations

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