



Talk to Yourself!

So many Gaelic learners don't have many chances to use Gaelic with others. This can be immensely frustrating - but it doesn't have to stop your Gaelic from growing.

You can practice speaking Gaelic...**to yourself!**

It's not quite the same as having a conversation with another human but talking to yourself can still **help your tongue become more familiar with Gaelic words and phrases**.

There are three important notes about talking to yourself in Gaelic:

1. **Keep listening and reading.** Keep giving yourself input to grow your Gaelic in your mind.
2. **Speak when you're ready to.** Give the words some time to move into your long term memory. The more listening practice you get, the deeper the sounds will get into your mind. Then, it'll be much easier to speak. There's no rush!
3. **Let your pronunciation be what it is.** Just give it a try and give your tongue some practice. Your pronunciation will be whatever it is at that moment. That's just fine!

Want more learning tips? See all my past tips [here](#)



Le gach deagh dhùrachd (with every good wish),
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Gaelic with Jason

Immersive conversational lessons that make it easy to think more in Gaelic, use it more naturally, and help it reach future generations

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