



BEBROKEN

CRITICAL CONVERSATIONS



Conversation #1:

Feelings & Emotions

AGE	TASK
3-5	expand feelings vocabulary
6-7	practice awareness of feelings
8-10	find healthy ways to respond to feelings
11-18	connect feelings with sexual temptation



Discussing emotions serves as essential preparation for discussing sexuality.

Children often struggle with their sexuality when they don't understand how to manage their emotions.



Conversation #2:

God's Design for Sex

AGE	TASK
3-5	learn correct name for body parts
6-7	how God makes babies
8-10	reproductive system, bonding, selflessness
11-18	metaphor, development tasks during the teen years



If you don't teach your kids about sex, they will find another teacher.



Conversation #3:

Prepare for Exposure

AGE	TASK
3-5	body safety
6-7	what to do if see nudity or disrespectful words
8-10	pornography, stories, jokes, literature, objectification & what to do
11-18	continued discussion



Your child will inevitably encounter sexualized media and situations. Without your guidance, they won't know how to respond.



Conversation #4:

Temptation

AGE	TASK
3-5	“But I want it!”
6-7	wants VS needs
8-10	feeling brain VS thinking brain
11-18	connecting feelings & sexual temptation



Your child will face sexual temptation. They are less likely to give in if they have a safe place to discuss their emotions.



Conversation #5:

Processing Exposure

AGE	TASK
all	<ul style="list-style-type: none"> • What have you seen, heard, done? • How did it happen? • What do you think about that? • How did you feel? • Do you have any questions for me? • What can we do next time? • Can we pray about this?



Your child will repeatedly encounter sexual influences through their own actions and those of others.

“Cleaning” comes through open conversation.



Conversation #6:

Leveraging Your Story

AGE	TASK
all	share stories related to what kids are experiencing as well as things you know they will be confronted with some day

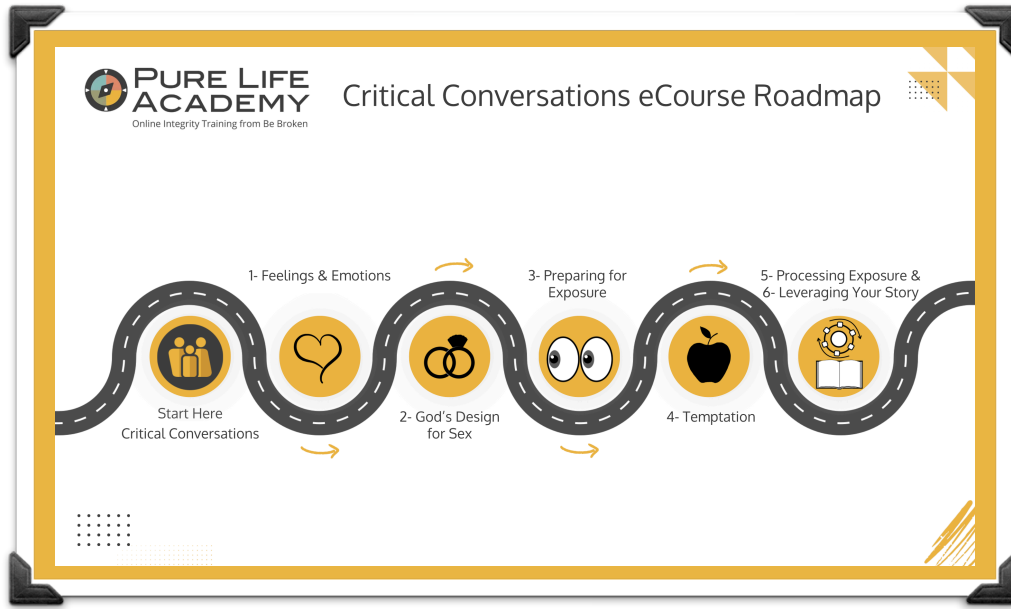


Sharing your story creates a pathway for meaningful conversations with your child.



1. Pick just *one* conversation.
2. Plan *when* to have it.

RESOURCES



Feelings & Emotions

CONVERSATION #1	RESOURCE	LINK
Ages 5-7	Emotional Literacy	PureLifeAcademy.org
Ages 8-12	Emotional Awareness	PureLifeAcademy.org
Ages 13-18	Emotional Resilience	PureLifeAcademy.org
All ages	Honest Talk The Game	Game Link
Ages 8-18	Just Between Us Journal	Book Link



God's Design for Sex

CONVERSATION #2	RESOURCE	LINK
Ages 5-7		
Ages 8-12	Curiosity	PureLifeAcademy.org
Ages 13-18		
Ages 13-15	Father-Son Accountability	Book Link
	Girl Talk	Book Link
Ages 16-18	Identity	Book Link
Ages 8-18	Just Between Us Journal	Book Link



Prepare for Exposure

CONVERSATION #3	RESOURCE	LINK
Ages 8-12	Discussing Pornography with Ages 8-12	PureLifeAcademy.org
Ages 13-18	Discussing Pornography with Teens	PureLifeAcademy.org
Ages 10-18	Just Between Us Journal	Book Link



Temptation

CONVERSATION #4	RESOURCE	LINK
Ages 5-7	I Want It!	PureLifeAcademy.org
Ages 8-12	Adolescent Thinking Patterns	PureLifeAcademy.org
Ages 13-15	My Thinking Brian & Feeling Brain	PureLifeAcademy.org
Ages 15-18	Understanding Sexual Temptation	PureLifeAcademy.org



Processing Exposure

CONVERSATION #5	RESOURCE	LINK
Ages 8-12	Processing Exposure with Ages 8-12	PureLifeAcademy.org
Ages 13-18	Processing Exposure with Teen	PureLifeAcademy.org
Ages 13-15	Father-Son Accountability	Book Link
	Girl Talk	Book Link
Ages 16-18	Identity	Book Link
Ages 8-18	Just Between Us Journal	Book Link



Leverage Your Story

CONVERSATION #5	RESOURCE	LINK
Ages 13-15	Father-Son Accountability	Book Link
	Girl Talk	Book Link
Ages 16-18	Identity	Book Link
Ages 8-18	Just Between Us Journal	Book Link
For Parents:	Honest Talk	Book Link