



TELEPHONE

- 24/7 coaching with trained Tobacco Treatment Specialists
- Live coaching in both English and Spanish
- Real-time interpretation services in 200+ languages
- Incentives available for eligible participants using menthol products

DIGITAL

- A mobile-friendly website in English and Spanish
- Interactive online quit plan assistance
- Motivational text and email messaging
- Two-way chat available online

LUNG CANCER SCREENING EDUCATION

- Lung cancer screening resource package to support education and awareness

EDUCATION MATERIALS

- Personalized education materials to support quitting
- Available in English and Spanish
- Mailed to participants home or sent electronically through email

American Indian Commercial Tobacco Program*



- 855-5AI-QUIT (524-7848); aiquitline.org
- Culturally tailored
- Ten coaching calls with American Indian coaches

Pregnancy and Postpartum Program*



- Nine coaching calls; five during pregnancy and four postpartum
- Same quit coach
- Incentives are available for each coaching call completed

PROVIDER QUICK REFERENCE GUIDE

Help your patients in their quit journey by connecting them to the ASHLine. Coaches work with each participant to meet them where they are and help determine which program will be the most successful.

CESSATION MEDICATION

- Must be medically eligible and at least 18 years old
- Nicotine Replacement Therapy (NRT) includes patches, gum or lozenges and is available with combination therapy
- Shipped directly to participant's home
- Web Program enrollment may be eligible for NRT

ALL ADULT ARIZONA RESIDENTS ARE ELIGIBLE!

Youth, ages 13-17 are eligible for the My Life, My Quit youth program.

Special Programs

Behavioral Health Program*



- Seven coaching calls
- Intensive coaching protocol covering:
 - Anxiety
 - Depression
 - Bipolar
 - Schizophrenia
 - ADHD
 - PTSD
 - Substance Use Disorder
- TEXT START to 36072
- mylifemyquit.org
- Tailored for youth ages 13-17
- Five coaching sessions by phone, live text, or online chat with a youth coach specialist
- Parental consent required

My Life My Quit™



*NRT is available for eligible participants



Provider Fax & Web Referrals

Visit the ASHLine website to access the forms:

<https://ashline.quitlogix.org/en-US/Health-Professionals/Make-a-Referral>



- Referrals can be sent by fax, provider web referral or by eReferral.
- Patient information must be captured for a valid referral, including name, phone number and consent to contact.
- Referring provider or clinic information must be completed and must be a HIPAA covered organization to receive progress notes.
- Non-HIPAA covered organizations can still send referrals but will not receive progress notes.
- If patient consents to text messages on the referral, they will receive reminder texts.

**For questions on how to make a referral contact the health system support team at:
844-251-0006 or email healthsystemschange@njhealth.org**

The Provider Web Referral Form

Easy to use

Online submission transfers information directly to the quitline, minimizing errors in data entry

Includes a drop down menu to save time on entering information

PROGRESS NOTES

Are sent to the referring provider by fax or secure email when the participant status changes, such as:

- When the participant enrolls
- When quit medications are ordered
- When the program is completed
- If the participant becomes unreachable

Key Resources:

Health Professionals Resource Page:

<https://ashline.quitlogix.org/en-US/Health-Professionals/Resources>



QuitLogix® Education with CME, CPE, and CNE accreditation:

<https://quitlogixeducation.org/arizona/>

Provider Frequently Asked Questions About the Quitline:

<https://ashline.quitlogix.org/Libraries/media/PDF/Provider-Toolkit/Quitline-FAQ-Flyer.pdf>