

Aromatherapy Certification Program

Home Study

Hours and Requirements

6 modules, learner-paced

ACP- 235 hours total

- 78 - Reading, Exercises, and Activities
- 36 - Blending Exercises
- 76 - A&P (online class or proof of passing grade in a college-level course)
- 25 - Case studies
- 20 - Research Paper

Criteria for Successful Completion

- A&P Online Class (80% minimum score) or proof of passing college-level A&P
- Essential Oil Company Activity - due before Module 3
- Midterm and Final Exam (80% minimum score) - at the beginning of Module 3 and 6
- Research Paper (8-10 page) - due before Module 5
- Case studies (Minimum 10) - 2 due following each of the first 5 modules

ANCC Contact Hours Awarded: 97

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approval # 1913 Expiration 6/18/2027

Approval for contact hours through the American Holistic Nurses Association is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

No one with the ability to control content of this activity has a relevant financial relationship(s) to disclose with an ineligible company

NCBTMB Approved Provider: 108 CE Hours

National Association for Holistic Aromatherapy (NAHA) Approved School: Level 2 Program

This Home Study Program provides an intuitive learner-paced curriculum including an on-line manual, instructional videos, student and instructor interaction, and activities to reinforce your aromatherapy knowledge.

Major Topics Covered:

- Aromatherapy and Essential Oil History
- How Essential Oils Are Extracted From Plants
- Ways to Use Essential Oils
- Application Methods
- Blending and Formulating Products
- Essential Oil Synergy
- Safety Concerns including Medical Conditions and Medication Interactions
- Interesting, Understandable Botany, Anatomy, and Chemistry
- Essential Oil Testing
- Choosing High-Quality Essential Oils
- Aroma Notes & Characteristics
- Emotional and Energetic Qualities of the Essential Oils
- Carrier Oils, Salts & Hydrosols
- Ethical and Business Considerations
- Consultation Skills and Practice
- Aromatherapy in Healthcare Settings
- Homeopathy, Flower Essences & Herbal Medicine
- Research and Resources