

Trauma-Informed Parenting: Practical Applications of TBRI®

Outline

- What is parental attachment style and how does it influence how we parent?
- How does trauma affect the developing child?
- What are some of the different types of trauma that impact a child?
- What are the core principles of Trust-Based Relational Intervention®(TBRI®)?
- TBRI talks about parents needing to make a mindset shift when looking at challenging behavior. What is this mindset shift??
- How can parents apply Trust-Based Relational Intervention®(TBRI®) to the following common behaviors:
 - inability to accept rules, restrictions, or the word “no”
 - Tantrums,
 - Whining
 - Sleep issues
 - Lying
 - Stealing