

CERTAINTIES	BRONZE	SILVER	GOLD	PLATINUM
4 Unshakable Resilience Modules	✓	✓	✓	✓
<u>DISC & EQ Assessment</u>	✓	✓	✓	✓
30 minute DISC Coaching call	✓	✓	✓	✓
Micro Learning sessions	✓	✓	✓	✓
Support and Accountability group	✓	✓	✓	✓
1 x 60 minute Coaching call	X	✓	✓	✓
2 x 60 minute Coaching calls	X	X	✓	✓
3 month free membership to the <u>Discover</u> programme	X	X	X	✓
Unshakable Resilience Membership Club <ul style="list-style-type: none"> • Private Facebook community • Weekly group coaching sessions 	X	X	X	✓



UNSHAKABLE RESILIENCE

TRANSFORM INTO A BETTER YOU