Tūporeariki: He oriori mo Tuteremoana (Terms and Conditions)

Te Kurahuna Ltd has aligned the words from this mōteatea composed by Tuhotoariki, a chief from Wairarapa, for his mokopuna about to be birthed into the world, to our values and the way in which we want to provide these wānanga for the whānau who are welcomed into Tūporeariki.

Nau mai e tama kia mihi atu au

Welcome to the Tuporeariki space of healing wananga.

Tūporeariki offers whānau an opportunity to engage in Mahi a Atua and to consider their healing journey through connecting to pūrākau, maramataka Māori, karakia, taonga pūoro and an indigenous reflective ritual referred to as Hinekauorohia.

This is our commitment to ensuring this is a safe and healing space for all whānau. You are important. Your whakapapa, your ancestors, your stories and your voice will be held and honoured in this space.

It is important that you are aware of the following areas and agree to this when signing up to Tūporeariki:

1. A collective approach

Tūporeariki, unlike western approaches to healing, is inclusive of the collective. It is a gathering of several individuals (up to 20) who will each contribute to the healing wānanga through both personal and collective reflections.

If safety issues arise during wānanga for yourself or others during both our Matataki (pre-wānanga contact) and/ or the wānanga, our processes involve a collective approach referred to as an <u>EKE</u>. Two of the Te Kurahuna Mataora would go into a separate wānanga with yourself and someone else from your support network.

2. Ahi Kaa

Clarifying your purpose and hopes (Ahi Kaa) will be developed with you in the first wānanga. If there are any signs of a lack of progress, Te Kurahuna will prioritise the need to explore their understanding of your Ahi Kaa.

3. Your feedback

Real time feedback is prioritised in wānanga alongside utilising MyOutcomes (see later section) information. Your voice matters and we value hearing about what might not be working for you. We will work to action the feedback and shapeshift accordingly. If the Mataora are unable to make the necessary changes this must be made clear to you realtime. Mataora are deliberate in their efforts to develop a culture of feedback, focused on explicitly exposing barriers, illuminating injustice, and clearing pathways forward.

4. MyOutcomes

MyOutcomes is a platform that captures data from 'Feedback Informed Care', an evidence-based tool that helps to assess how well Te Kurahuna is supporting you and to make adjustments based on your feedback. MyOutcomes is required to be used by all whānau who enter the Tūporeariki wānanga space. MyOutcomes identifies to Te Kurahuna areas of distress and concern that may require additional supports being wrapped around you.

5. 'Not the right fit'

If after the first wananga, you feel this is not the right space or fit for you, then there is no obligation to continue coming to the wānanga. However, we really value receiving your feedback about this and what we could have changed to suit you better.

I haramai rā koe i te kunenga mai o te tangata i roto te āhuru-mōwai. Ka taka te pae o Huaki Pouri ko te wharehangahanga tēnā a Tāne-nui-a-rangi i te one i Kurawaka, i tātai ai te puhi-ariki.

You were held within the warmth of the womb until you came into the open world from the house of creation, the house of Tāne (Huaki Pouri) built on the fertile foundations of Kurawaka.

6. Respect and safety

It is important that you and all that you whakapapa to is acknowledged and respected. The space that you entered must be safe.

We respect the tapu space of Tūporeariki and as such will make sure collectively, we agree on our processes during wānanga of maintaining respect.

Because the wānanga is a group forum, all participants including the Mataora must agree that the information shared witin the wānanga is tapu. No one is permitted to share information about someone without first seeking permission from them. It is also important that whānau agree that nothing is discussed about someone without them present. Where whānau are struggling to relate with others within the wānanga, there must be a commitment to sharing this during the 'Session Rating Scale' SRS wahanga of the wānanga.Te Kurahuna will be transparent and open with whānau about any <u>risk indicators</u> when the need arises.

Te Kurahuna's approach is to work as a collective with the whānau and their support network. This is a collective process that aims for the best outcome possible by welcoming varying perspectives.

Where other services are required (as agreed by the collective) Te Kurahuna will act as a conduit to manaaki the process. Where there is disagreement, Te Kurahuna will work to ensure more resources are accessed to prioritise everyone's safety.

7. Huaki Pouri

Huaki Pouri is a forum for Mataora who facilitate Tuporeariki wānanga, to identify gaps and areas needing improvement. Huaki Pouri forums will prioritise whānau whose

graphs (MyOutcomes) are in the red (off track) and yellow (at risk of going off track).

Other than the demographic profile and/ or your specific feedback, **nothing will be discussed about you without you** within Huaki Pouri.

Te Hiringa Matua, Te Hiringa Tipua, Te Hiringa Tawhito-rangi, ka karapinepine te pūtoto ki roto i te whare-wāhi-awa ka whakawhetū tama i a ia

The power of procreation is ancient; therein was arranged the powers of procreation, and blood gathered in the fallopian pathway, and you were created.

All our ways of within wananga will prioritise creativity in the pursuit of growth.

8. Your Notes

Te Kurahuna will take sufficient notes in order to record your contact details, demographic, Ahi Kaa and any MyOutcomes discussions.

Your notes will be stored securely at all times. Whilst we take the utmost cyber security precautions, we cannot guarantee that our file hosting service and third-party software is secure, and we cannot be held responsible for a breach that is beyond our control.

Te Kurahuna will not pass on personal information about you to anyone outside of Te Kurahuna.

It is important to note that Tūporeariki is not a clinical forum and although registered clinicians may be facilitating the wānanga, they are asked to do so as Mataora. They will almost certainly share knowledge from their respective fields, but they are not employed to carry out clinical assessments.

Your notes stored in MyOutcomes are accessible to you at any time by downloading the MyOutcomes app.

9. Tai Ruku

Te Kurahuna Mataora are guided by TAI RUKU, our indigenous approach to operationalising Mahi a Atua in a range of contexts. As Mataora working in a therapeutic space, we are guided by the mātāpono (principles) of Mahi a Atua:

- 1. Tēnei te po, nau mai te ao to indigenise our space,
- 2. Ka mā te ariki, ka mā te tauira be an active learner, and
- 3. Hongihongi te wheiwheiā- to embrace feedback.

and 7 principles within Tai Ruku which include:

- 1. Immediate Response / First contact matataki questions
- 2. A whānau network perspective
- 3. Flexibility and Adaptability
- 4. Responsibility
- 5. Continuity
- 6. Tolerance of Uncertainty
- 7. Wānanga

There are a further <u>12 key elements</u> that are considered as the components that offer Mataora the opportunity to engage in quality work to achieve positive outcomes for whānau who engage in Tūporeariki.

Ka riro mai a Ruaitepukenga, a Ruaitehorahora, ka hokai tama i a ia, koia hokai rauru nui, hokai rauru whiwhia, hokai rauru maru aitu.

You inherited ways of knowing and your journey through the birthing canal began with both success and risk attached.

10. Health and Disability Act

The Code of Health and Disability Services Consumers' Rights establishes the rights of consumers, and the obligations and duties of providers to comply with the Code. It is a regulation under the Health and Disability Commissioner Act. Te Kurahuna adheres to the Code and Act alongside our own Tai Ruku.

11. <u>Hongihongi te wheiwheiā – Inhale the unusual</u>

If you have any concerns and/ or complaints, Te Kurahuna welcome this feedback and want to respond to it immediately. Our indigenous response to a complaint would be to hold an <u>EKE</u> where there is an 'eight eyes' process (yourself, your support person, and two Mataora (decided by Te Kurahuna collective).

Ka māro tama i te ara namunamu ki taio ka kokiri tama I a ia ki te ao turoa e tama e

But you persevered on this journey into a world of light, and thus you took your place in this world of ever enduring light.

12. <u>Te Ao Marama</u>

If you do not attend wānanga, you understand that we will make every attempt to contact you and check your wellbeing. If you do not wish to continue the wānanga Te Kurahuna will upon completion of Tūporeariki, ask you to share your experience - although it is your right to decline.