



Past Life Awakening Institute

Prospectus

Past Life Regression Therapist - Professional

Accredited Training To Become A Certified;

Clinical Hypnotist, CH

Clinical Hypnotherapist, CHt

Past Life Regression Therapist, PLRT

Between Lives Regression Therapist, BLRT

With Mark Beale, Trainer & Mentor



IPHM Accredited Certification Training

International Practitioners of
Holistic Medicine

Welcome To Your Past Life Regression Journey :)

Training Process

Training Process

1) Watch Videos; that explain the methodology and script-books. 35 hours.

2) Give Sessions; 12 clients x 3 sessions = 36 sessions. 51 hours.

4 sessions; are first four cover initial hypnosis, and can use friends or family.

24 sessions; are valuable therapy, and are preferably given to paying clients.

8 sessions; are Intake Interviews, the secret key to initial professional success.

3) Review Sessions; via written case study assignments detailing how the methodology was applied, and how the client and therapist reacted. 36 hours.

4) Mentoring; 12 one to one Zoom calls of 90 minutes each with Mark Beale to go over your assignments, to prepare your clients for sessions, to learn from the sessions, and to prepare for the next sessions. 18 hours.

Sessions Swaps & Pairs Practice

You have the option to work with fellow students to;

Give Sessions; You need to have *mainly* your own clients to work with. But sessions swaps can give you an extra person/s or issue type to work with, to help complete your assignments.

Receive Sessions; This lets you experiencing the modalities yourself, and heal the healer of any residues of blocks to fully being a professional.

Mark makes matches according to is detailed knowledge of people are in their training, and your compatibility. The entry criteria, means your fellow students are talented and well trained.

This community lets you develop friendships with mutual support as you study.

Graduation

Exams; There are no exams. Assignments are the means of assessment.

The application process ensures accepted students can graduate.

Upon graduation, you can be listed on the Past Life Awakening Institute public page for [Graduates](#), and be on the Past Life Awakening Institute [Podcast](#).

Application Process

Admission to advanced certification training is limited. The application process assesses the appropriateness and ability to complete the assignments, before enrollment and accepting payment.

Prerequisites: a) an existing healing certification, b) experience in a related modality, and c) clients who can pay for sessions. This includes;

Spiritual Healers; like QHHT Practitioners, any form of Holistic Therapists, Hypnotherapists or PLR graduates.

Conventional Healers; like Psychologists or graduates and Coaches.

Application Process;

1) Intake Form; Download the file, type in full responses to all the questions. Preparation is very important.

Find the Intake Form at the [Training & Application Process](#) website page.

If appropriate, you'll be invited to book a...

2) Free Initial Call; to discuss your Intake Form, background and goals.

After Emailing Intake Form, [Schedule Initial Call](#)

Terms & Conditions;

Are essentially following the instructions, basic professionalism, and doing the work in a timely manner. Review the website page [Terms & Conditions](#).

Past Life Regression Therapist - Professional

Courses are completed in the given order. They are intertwined prerequisites to each other. For every Assignment there is a Mentoring Call of 90 minutes.

Once you complete each set of 2 or 4 Assignments and Mentoring Calls, you will receive the certificate for that course.

Past Life Therapist Professional; Earn four certificates as a;

<i>Clinical Hypnotist</i>	2 Assignments & Mentoring Calls
<i>Clinical Hypnotherapist</i>	4 Assignments & Mentoring Calls
<i>Past Life Regression Therapist</i>	4 Assignments & Mentoring Calls
<i>Between Lives Therapist</i>	2 Assignments & Mentoring Calls

Time Requirement; 26 weeks. One assignment and call about every 2 weeks.

Watch Videos	Study the curriculum	35 hours
Do Sessions	12 Sessions x 3 Clients avg. 1.4 hours	51 hours
Write Assignments	12 Assignments x 3 hours	36 hours
Attend Mentoring Calls	12 Calls x 1.5 hours	18 hours
Total		140 hours

The *Hypnotist* and *Hypnotherapist* courses emphasize and teach regression skills that are crucial to success in the Past Life Regression course. You will be doing initial Past Life Regression in the Hypnotist course itself. You are likely to trigger some past life recall during Hypnotherapy. Do not underestimate the value or spiritual nature of top level Hypnosis and Hypnotherapy.

The *Between Lives Therapist* is essentially Advanced Past Life Regression. Your clients will likely enter, to some degree, the Between Lives realm during Past Life Regression. So many of your clients will want to pay you for another session or two to explore this. This is a required bundled component because it's an aspect of PLR that is also not to be underestimated; it can have a massive addition of your clients, and for your understanding and development as a therapist.

Clinical Hypnotist

The course is based a manual of scripts to prepare your clients for hypnosis that can be used for regression and therapy. Hypnosis is a vital first impression, rapport builder and surgical tool to do expert level PLR. Many who think who they know hypnosis and have an issue with an aspect of Past Life Regression, actually need to sharpen up their hypnosis.

Part One

- 1) Introduction;** Types of Induction, Levels & Elements of Hypnosis.
 - 2) Preparation;** Three Pre-Talks, Setting Expectations. The Subconscious Mind
 - 3) Suggestibility Tests;** Three tests.
 - 4) Hypnotic Rapid Inductions;** Seven inductions. Hypnosis Signs. Convincers
- Assignment One;** Practice the first four parts with three clients.

Part Two

- 5) Deepeners;** A series including physical, mental and emotional.
 - 6) Regression;** To Positive Resources. Explore Scenes and Metaphors.
 - 7) Reactions;** Managing emotions and any abreactions.
 - 8) Convincers;** Eyelid catalepsy and time distortion. Post hypnosis talk.
- Assignment Two;** Practice your first regression with three clients.

Time Requirement; 2 to 4 weeks.

Watch Videos		5 hours
Do Sessions	2 Sessions x 3 Clients = 6 x 1 hours	6 hours
Write Assignments	6 Sessions x 1 hour	6 hours
Attend Mentoring Calls	2 Calls x 1.5 hours	3 hours
Total		20 hours

Clinical Hypnotherapist

Hypnotherapy with regression can be used with trauma and emotional release - *and* with most other issues by gaining insights and overcoming limiting beliefs. Before we regress to a Past Lives we must be very clear on This Life, and the Real Issues beyond the Presenting Issues to regress to.

Many who find their Past Life Regression sessions are underwhelming have actually just underestimated the importance of This Life Regression.

The program structure covers; 4 parts with 4 Assignments.

A1; Client Interview; A foundation for the entire three sessions process.

A2; First Session; Regression to positive resources. Managing abreactions.

A3; Second Session; Regression to causative emotions and events. Help the inner child with the wise adult. Apply initial fixes including reviewing, reframing and rewriting past events.

A4; Third Session; Regression to key people. Therapeutic resolutions including forgiveness, cord cutting, parts therapy and future progression.

Applications; case study examples of how to apply the three session structure to key issues like Confidence and Relationships.

Time Requirement; 4 to 8 weeks.

Watch Videos		5 hours
Do Sessions	4 Sessions x 3 Clients = 12 x 1.5 hours	18 hours
Write Assignments	12 Sessions x 1 hour	12 hours
Attend Mentoring Calls	4 Calls x 1.5 hours	6 hours
Total		41 hours

Past Life Regression Therapist

Explicit, direct, focused Past Life Regression begins only once all the ingredients are prepped and all the tools are gathered.

The core program structure covers; 4 parts with 4 Assignments.

A1: Preparation For Past Life Regression Therapy; Therapeutic context and principles. Prepare clients with interviews and pre-talks.

A2: Session One - Age Regression & Initial Past Life Regression; Do a first session regression to abilities, blocks and people in the present life. Do an initial entry into relevant faces and scenes in a past life.

A3: Session Two - Full Narrative Information of Past Life or Lives; Do a second session to navigate past lives, get the relevant narrative information, gain insights, deal with blocks and meet key people. Discover causative events that create present life effects. Check multiple past lives to see interconnections and spiritual lessons.

A4: Session Three - Therapeutic Resolutions; Do a third session to resolve past life issues by applying therapeutic resolutions through breaking the bonds of time, reframing and learning spiritual lessons.

Additional Specialist Courses:

- a) Past Lives For Healers; 6 hours. Experience Past Life Regression via audio.
- b) Past Life Regression Demonstrated; 6 hours. Watch PLR sessions by Mark.

Time Requirement; 4 to 8 weeks.

Watch Videos		19 hours
Do Sessions	4 Sessions x 3 Clients = 12 x 1.5 hours	18 hours
Write Assignments	12 Sessions x 1 hour	12 hours
Attend Mentoring Calls	4 Calls x 1.5 hours	6 hours
Total		55 hours

Between Lives Regression Therapist

Between Lives Regression is essentially Advanced Past Life Regression. Some of your PLR clients will show indicators that BLR is a useful next step to have some extra sessions, as there is an opportunity for another level of healing and spiritual awakening.

Between Lives sessions are a useful add-on for clients who a) have complex karmic issues, b) very spiritually based issues, c) multiple causative past lives, d) a tendency to spontaneously enter parts of the Between Lives realm.

The program structure covers; 3 parts with 2 Assignments.

Preparation, PLR & BLR Entry - Events; Client Interview, Pre-Talk, Setting Expectations & Inductions. BLR Deepeners. Past Life Regression to past death. Gather PLR information that will be relevant to PLR. Meeting Spirit Guides and Life review. Personal karma.

A1: Soul Groups - People; Meeting inner and outer soul group members to review past life and this life events in Between Lives space. Insights into interactive and collective karma. Transcending forgiveness.

A2: Soul Council - Therapy; meeting council to review review past life and this life events in terms of personal choices and karmic actions. Review past and possibly future Body Selection choices. Get the Spiritual Lessons and Therapeutic Resolutions to heal and take into the present life.

Time Requirement; 2 to 4 weeks.

Watch Videos		6 hours
Do Sessions	2 Sessions x 3 Clients = 6 x 1.5 hours	9 hours
Write Assignments	9 Sessions x 1 hour	9 hours
Attend Mentoring Calls	2 Calls x 1.5 hours	3 hours
Total		27 hours

IPHM Accreditation

IPHM Accreditation & Membership; The PLAII is a member of the International Practitioners of Holistic Medicine (IPHM) as a training organization. The PLAII is also accredited by the IPHM as a training provider to certify students in all the offered Spiritual Regression Therapy modalities.

Your certificate includes the logo of the Past Life Awakening Institute (PLAII), *and* the International Practitioners of Holistic Medicine (IPHM). Insurance companies recognized your qualification from this course, so you can then apply for Professional Insurance.

IPHM; You have the *option* of joining the IPHM as a practitioner. This comes with an annual cost paid to the IPMH, that lets you;

- 1) Get a group rate on insurance. Your rate is determined by your personal details, the level of cover you choose and current offers. You may be able to get a good rate for your Professional Insurance without joining the IPHM.
- 2) Become an “Holistic Therapist, IPHM Approved”. You get an IPHM certificate, a listing on their website, and a logo to use on your website.