Intake; Spirit Releasement Therapy (SRT)Sessions

This Intake Form is critical to the therapeutic process.

Answer each question with as much depth as you can.

Define the terms you use. Give illustrative examples of statements you make.

We are looking for multiple paragraphs per group of questions.

Typical successful Intake Forms are at least a few thousand words.

This intake form is a great opportunity for you to be heard, to benchmark where you are now, and to set a foundation that enables a successful therapeutic partnership, that can gives you valuable results.

1) a. Do you sense you *might* have an SRT issue, but you’re not sure? Describe what makes you think you might.

OR b. Do you *know for sure* you have spirit attachment(s)? Describe the key factor that makes you sure you do.

2) Have you read books or taken online video courses on Spirit Releasement Therapy? Or past life regression or LBL? Describe which ones, and your learnings.

3) Have you had spontaneous spirit communication? Give a couple of specific examples of each type of communication; auditory, visual and kinesthetic.

a) Auditory (What do you hear. Quote words. Describe tones. How often?)

b) Visual (What do you see? How often?)

c) Kinesthetic (What emotions or physical sensations do you feel? How often?)

d) Have you had dreams featuring spirit entities? Describe.

4) a. Have you perceived Earthbound Spirit/s? Describe.

b. Have you perceived Dark Spirit/s? Describe.

c. Have you perceived ETs? Describe.

d. Have you perceived your Spirit Guide? Describe your experiences.

e. Have you perceived other guiding spirits? Describe.

5) What are the main issues in your daily life, that you feel could be related to and / or affected by spirit attachment, that you want to solve?

Personal Life;

Professional Life;

Relationships; Describe any significant relevant relationship issues.

6) a. Have you had SRT sessions? How many? Main entities? Results?

b. Have people close to you spirit attachment issues or sessions?

7) a. What other modalities have you used on this issue or related issues?

b. Have you had Hypnotherapy, Past Life Regression or Life Between Lives?

c. What has been resolved? What remains to be resolved?

8) Are you a healer? Have you had experiences with entities in your practice?

9) Have you had a psychiatric diagnosis / treatment / medication?

Give a description of the psychiatric diagnosis, treatment and medication, indicating start dates, and end dates.

Are you now seeing a psychiatrist? Describe the current advice of your treatment, and their perception of your issues. Have you discussed your beliefs about the spiritual nature with them? What is their feedback?

10) Do you have an idea of what causative events might started spirit issues?

11) Give a timeline of this issue, with key events, and treatments so far. You can use a short-hand for events already described.

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- 19\_\_

- 20\_\_

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12) What do you think will be the challenges in the weeks ahead?

(Blocks, limiting beliefs or emotional residues to resolve?)

13) a. What inner resources can help you? (Empowering beliefs, past success?)

b. What is your religious background, faith and current beliefs? Describe.

14) What outcomes would you like to see in the months after these sessions?

a. What outcomes could you achieve in external circumstances?

b. What outcomes could you achieve in your inner feelings and thoughts?

c. What could you achieve in your relationships, with others or your self?

d. What are the top two priority outcomes?

How would it feel to get these?

What inner change could make this possible?

15) What spiritual lessons might this issue and experience be teaching you?

16) Questions about Spirit Releasement, Online Sessions, or other...?

17) What is your age, relationship status, and location / timezone?

Good job getting to the end.

Your detailed reflection and and completion of this written exercise is a powerful healing action in itself. Once you feel you've done it to your best ability, we can explore the next steps.