

For the intercession of Saint Brigid, for peace, strength, and healing in our families:



Saint Brigid. You were a woman of peace. You brought harmony where there was conflict. You brought light to the darkness. You brought hope to the downcast. May the mantle of your peace cover those who are troubled and anxious. and may peace be firmly rooted in our hearts and in our world. Inspire us to act justly and to reverence all God has made. Brigid you were a voice for the wounded and the weary. Strengthen what is weak within us. Calm us into a quietness that heals and listens. May we grow each day into greater wholeness in mind, body and spirit. Amen.

CULTIVATING A Family of Faith

St. Philip Catholic Church Family Catechesis

At the end of the month, your child should be able to:

- · Recite the memory verse . Define the "words to know" for the month (pgs. 106 & 117)
- Explain some of Jesus' miracles and how we know that He is God
- Understand that Baptism forgives Original Sin and makes us children of God
- Tell about St. Paul and his conversion

January

Memory Verse JOHN 3:16

For God so loved the world, that He gave us His only Son, so that everyone who believes in Him, might not perish, but might have eternal life.

Saint OF THE MONTH

St. Paul the Apostle

NOTES

Dates to Remember

- 1/1 Mary, Mother of God
- 1/4 St. Elizabeth Ann Seton
- 1/5 Epiphany
- . 1/10 St. Gregory of Nyssa
- 1/15 Baptism of the Lord
- 1/21 St. Agnes
- . 1/22 Day of Prayer for the Legal Protection of Unborn Children
- 1/23 St. Vincent
- 1/24 March for Life, Washington D.C.
- 1/24 St. Francis de Sales
- 1/25 The Conversion of St. Paul
- 1/28 St. Thomas Aguinas
- 1/31 St. John Bosco



20+C+M+B+25

CULTIVATING A Family of Faith Slides and

- Pray the Prayer to Our Lady of Guadalupe for the Protection of Unborn Children Celebrate St. Paul & Other Special January Saints
- Memorize John 3:16
- Continue to memorize the Apostles' Creed Plan to celebrate your family's Baptism Days
- Pray a Patriotic Rosary or a Prayer for Our Country
- Do an Epiphany House Blessing



Handouts

Consider



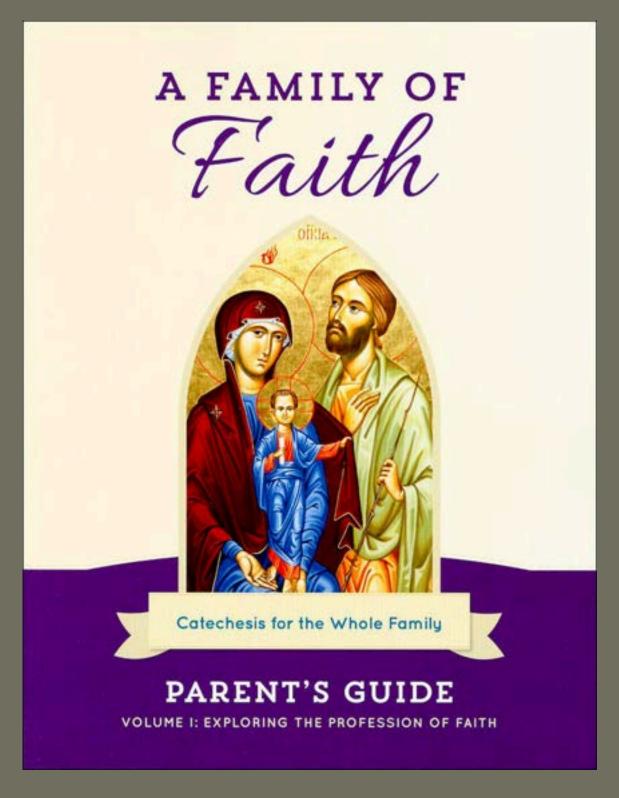
· How can we practice our faith in an intentional way this month?

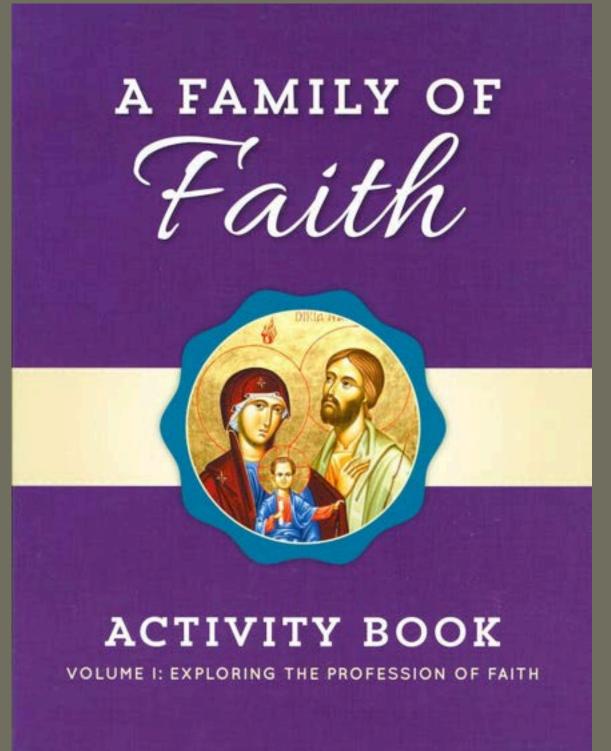
 What special devotions can we practice together as a family? What prayers will we incorporate into our

family practice of faith this month?

How will celebrate Baptism Days together as a family this year?

Link to handout available below the video





See the church office to get your copy or send an email to Maria Herrera at mherrera@stphilipfranklin.com



Small Group Sharing

- What went well this last month?
- What was one activity your family did that you really enjoyed or that was particularly meaningful last month?
- Was there one new thing your family implemented to practice your faith more intentionally this last month?
- What is a question you have from this last month's content?
- What is one new saint, Church teaching, prayer, or faith practice YOU have learned, enjoyed, and/or implemented from family catechesis this year so far?



At the end of the month, your child should be able to:

- Recite the memory verse
- Define the "words to know" for the month (pgs. 130-131)
- Understand the significance of the Resurrection
- Know that we will be judged at the last judgenment
- Tell about St. Brigid and how she helped those in need



Matthew 28:6

He is not here, for He has been raised just as He said.



I believe in God the Father almighty, creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit and born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead.



HE IS NOT HERE; HE IS RISEN

Did Jesus really die?

- Reading and Family Discussion
 Page 139-140 of the Parent Guide
 Define the word "hell" in the Apostles Creed
 Hell = Hades in Greek = Realm of the Dead

CCC 633

p. 141 Parent Guide

Jesus did not descend into hell to deliver the damned, nor to destroy the hell of damnation (eternal separation from God), but to free the just who had gone before Him.



ACTIVITY: REALM OF THE DEAD

- Pray aloud together the Apostles' Creed
- Meditate on the painting "The Harrowing of Hell"
- Ask your child to raise their hand when they hear the part in the Apostles' Creed that is pictured in the painting
- Discuss the questions on pg. 141 in the PG as a family



The Harrowing of Hell

by Bl. Fra Angelico

p. 107 in Activity Bookp. 141 Parent Guide

Optional: Also use this image for a time of Visio Divina

HE IS NOT HERE; HE IS RISEN

The Resurrection

- Read the account of the Resurrection in Luke 24:1-12 (p. 143-144 or in your Bible)
- Discuss the reactions of the women and the apostles. Emphasize the role that faith plays in understanding and believing in God's plan.

HE IS NOT HERE; HE IS RISEN

The Resurrection

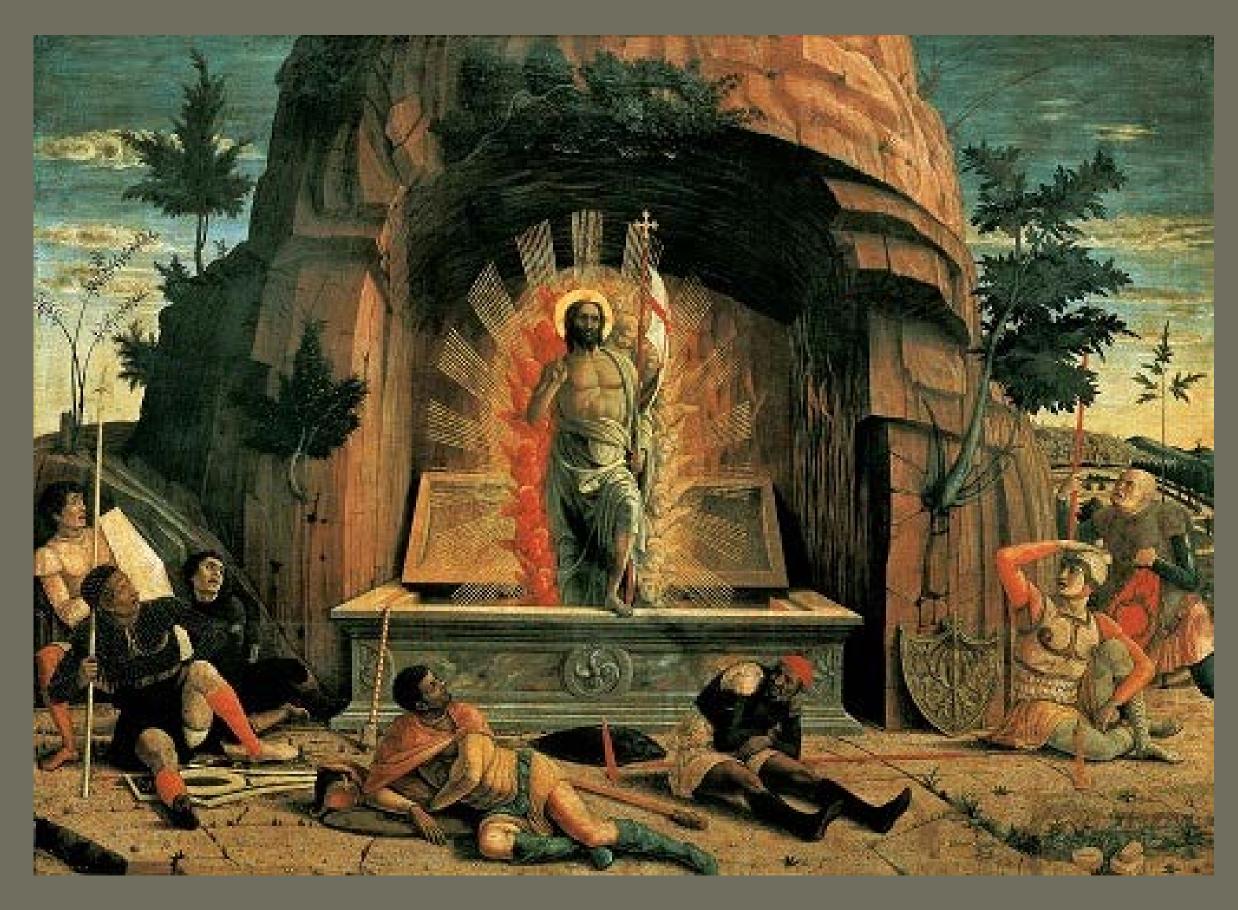
- Read the account of Jesus appearing to the apostles in the upper room in Luke 24:36-43 (p.144 or in your Bible)
- Clarify that Jesus was not a ghost. His body had been resurrected

CCC 638

p. 144 Parent Guide

...The Resurrection of Jesus is the crowning truth of our faith in Christ, a faith believed and lived as the central truth by the first Christian community; handed on as fundamental by Tradition; established by the documents of the New Testament; and preached as an essential part of the Paschal mystery along with the cross...





The Resurrection

by Andrea Mantegna

p. 141 Parent Guide

Correction: The book has this painting listed as "Entombment" by Bl. Fra Angelico, but it is not.

Salvation is a Process

- Salvation is a process, not a singular event.
- Read and write the suggested scriptures.
- Explain what each on e teaches us about our salvation.

Mardi Gras and Ash Wednesday



Mardi Gras

- Fat Tuesday, Tuesday before Ash Wednesday
- People traditionally ate all the food they were planning to give up for Lent
- Carnival Celebrations Around the World
 ="Carne" and "vale" = "goodbye to meat"
- BUT Mardi Gras can be joyful without being sinful
- See special activities suggestions on page 147 of the PG and celebrate in light of preparing for Lent

Ash Wednesday

Go to Mass, Get Your Ashes

Ash Wednesday Journal,
 pg. 147 PG and pg. 109 AB

Discuss the meaning and experience of Ash
 Wednesday





SPECIAL NOTE

Our next meeting is on Wednesday, March 5th, which is Ash Wednesday.

There will be a Mass that evening at 6:30 PM.



Te Deum

You are God, we praise you: You are the Lord: we acclaim you; You are the eternal Father: All creation worships you.

To you all angels, all the powers of heaven, Cherubim and Seraphim, sing in endless praise: Holy, holy, holy, Lord God of power and might, Heaven and earth are full of your glory.

The glorious company of apostles praise you. The noble fellowship of prophets praise you. The white-robed army of martyrs praise you.

Throughout the world, the holy Church acclaims you: Father of majesty unbounded, Your true and only Son, worthy of all worship, And the Holy Spirit, advocate and guide.

You, Christ, are the King of Glory
The eternal Son of the Father.
When you became man to set us free,
You did not spurn the Virgin's womb.
You overcame the sting of death,
And opened the kingdom of heaven to
all believers.

p. 150 PG, p. 111 AB

Te Deum

You are seated at God's right hand in glory.
We believe that you will come and be our judge.
Come then, Lord, and help your people,
Bought with the price of your own blood,
And bring us with your saints to glory everlasting.

p. 150 PGp. 111 AB

Te Deum

- Read and pray the prayer together
- Discuss the questions on pg 151 of the PG

CCC 2639

p. 151 Parent Guide

...by praise, the Spirit joined to our hearts to bear witness that we are children of God...



CHRIST IS RISEN, CHRIST WILL COME AGAIN

p. 152-154 PGp. 112 AB

The Ascension

- Read the "before you begin" section on pg. 152
 of the PG
- Read about the Ascension in Acts 1:6-11
- Discuss the talking points on pg. 153 of the PG
- Ascension coloring page pg. 112 of the AB



The Ascension by John Singleton Copley

p. 153 Parent Guide

CHRIST IS RISEN, CHRIST WILL COME AGAIN

p. 155-156 PG p. 113-115 AB

Last Days and Judgement

- Read the "Last Days and Judgement" essay on pg 113-114 of the AB or 156 of the PG
- Discuss the major points on pg 155 of the PG

CHRIST IS RISEN, CHRIST WILL COME AGAIN

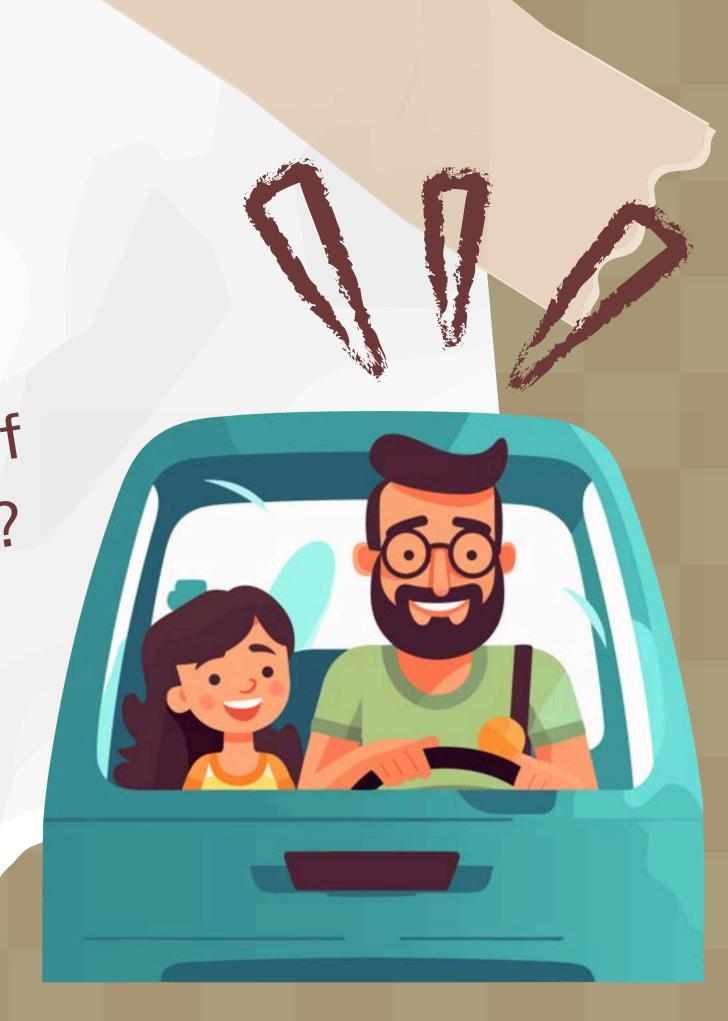
The Least Brothers of Mine

- Read aloud Matthew 25:31-46
- Discuss the points on pg 157 of the PG
- Coloring page on pg 115 of the AB

Car Car Conversations Conversations pgs. 135, Parent Guide

What changes can we make in our lives to see Jesus better in the face of the poor, the hungry, and the lonely?

Who are the "poor, the hungry, and the lonely?"



Saint Brigid



- Read her biography on pgs.
 159-161 in the Parent Guide or p. 116-117 in the Activity Book
- Celebrate her feast day on February 1st (or anytime this month) with a blueberry treat
- Talk about how the life of St.
 Paul can inspire us to serve others

CELEBRATE ST. BRIGID WITH BLUEBERRY JAM!

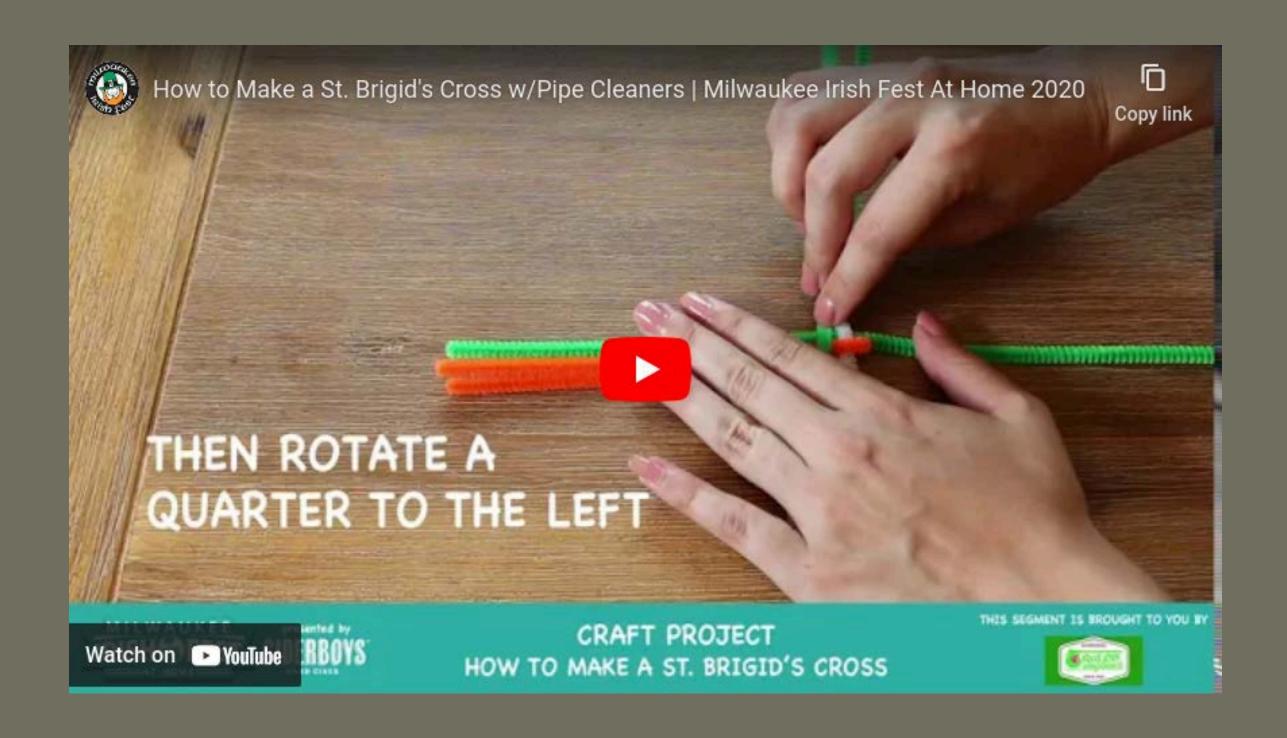


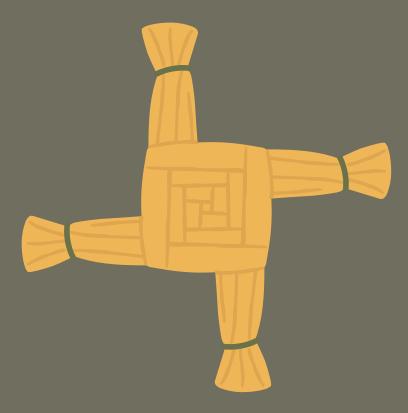
Legend says that the land St. Brigid owned produced so many blueberries that people from all over Ireland would come to get them for their jam.

The tradition of eating blueberry jam in honor of St. Brigid comes from Ireland.

Blueberry pie (or just plain blueberries) will also do!

MAKE A ST. BRIGID'S CROSS





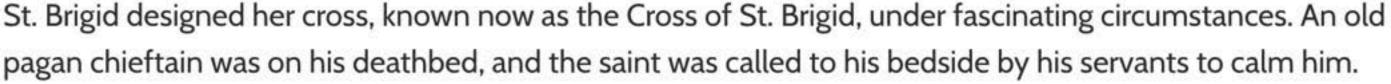


https://www.youtube.com/watch?v=160vjiuGWek

Learn about St. Brigid's Cross

www.catholiccompany.com

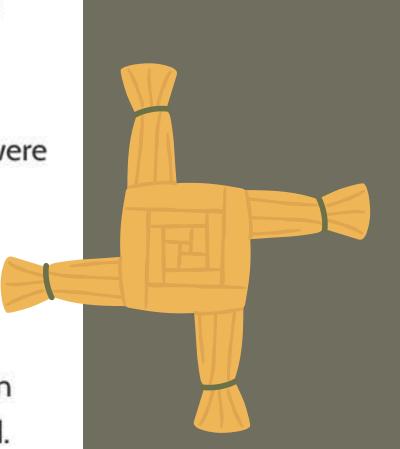
Her Beloved Cross



As she sat beside the old man, she spoke gently to him and began picking up rushes from his floor. These were often used to warm the floor, and commonly found in many homes. As she spoke, she began weaving the rushes into the shape of a cross.

The dying man took notice, and asked St. Brigid what it was. While continuing to weave, she explained the meaning of the Cross of Christ and revealed the love behind the <u>Paschal mystery</u>. This captivated the pagan and seized his heart. He was so overcome by grace that he converted, and was baptized just before he died.







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- Te Deum
- Apostles'Creed

Monthly Practice Resources

Visio Divina Option:

Meditate on any of the works in this month's content will reading a prayer or scripture to accompany it.

Lectio Divina Option:

Choose either the account of the Resurrection or the Ascension to read and reflect on, using the four steps of Lectio Divina for the passage

Lectio Divina

Lectio

- "Read"
- Read several times, be attentive to detail
- Note verses or phrases that stand out to you
- Work to understand meaning and background

Meditatio

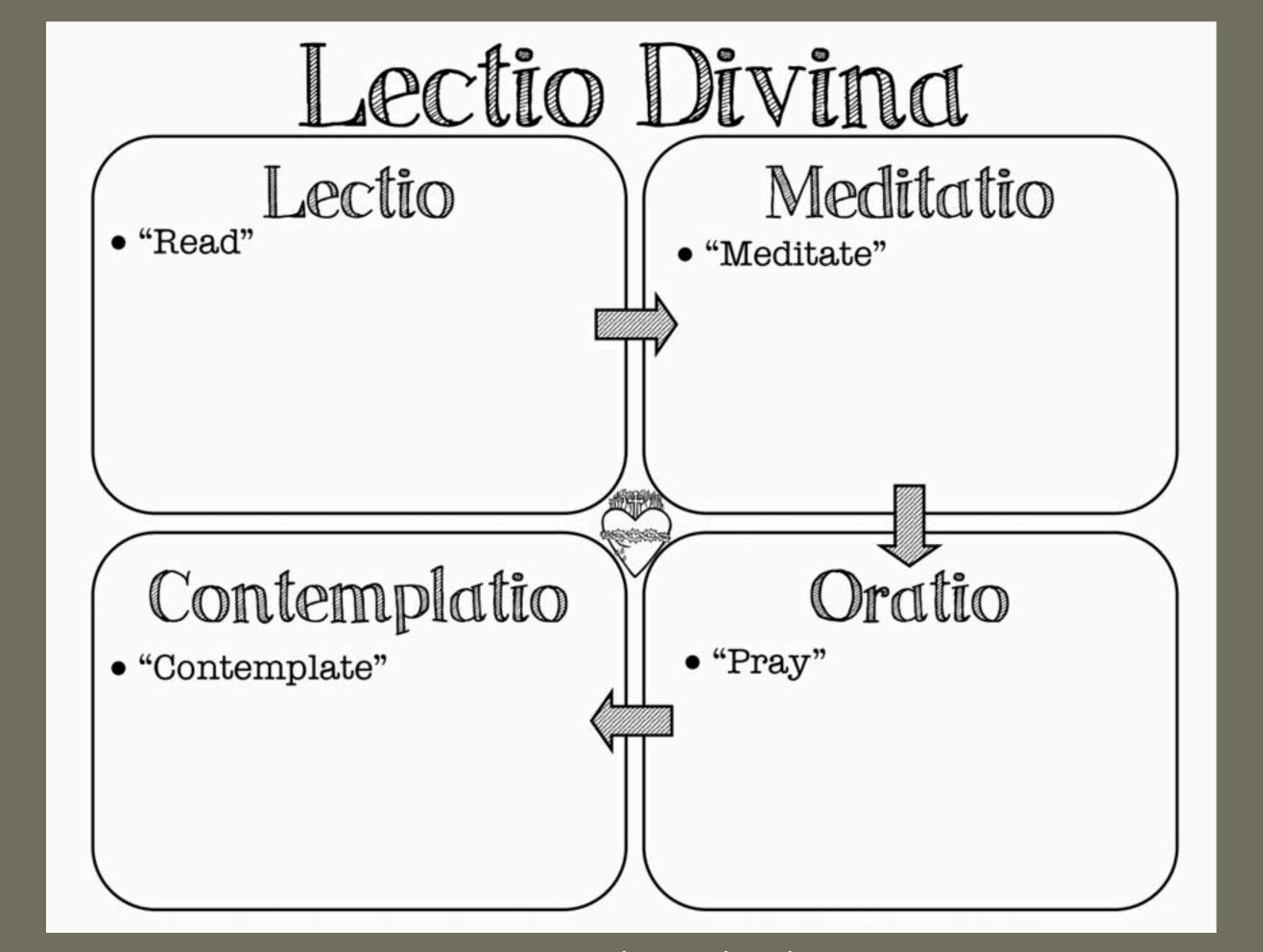
- "Meditate"
- Think about reading and connect to your life
- Imagine being present to hear the passage or witness the story

Contemplatio

- "Contemplate"
- Quiet expression of love between you & God
- Note what God is trying to teach you through the passage & time of prayer

Oratio

- "Pray"
- Dialogue with God in prayer about passage
- Thank God for His Word
- Ask Him to lead you to deeper understanding



Other Special Celebrations in February

- St. Brigid February 1
- Presentation of Our Lord, Candlemas February 2
- St. Blaise February 3
- St. Josephine Bakhita February 8
- St. Scholastica February 10
- Our Lady of Lourdes- February 11
- St. Valentine February 14
- St. Fra Angelico February 18
- · Sts. Jacinta and Francisco Marto- February 20
- The Chair of St. Peter the Apostle February 22

Resources: FORMED

Sign Up for Formed

Enter St. Philip as your Parish







He Is Risen! The Power of the Resurrection - English

Join Brother Francis as he celebrates the power and splendor of the Resurrection of Jesus Christ in this moving and instructive animated presentation! This episode includes: An animated presentation of key...





St. Josephine Bakhita: A Story of God's Rescue - This Week on Formed

Join Sister Imelda as she shares amazing stories of brave girls and women who said yes to God's call and went on to change the world even when things got tough. In this episode, she tells the inspiring story of St....

f Formed/

Resources: FORMED



Paint By Heart | Benjamin Cello | Episode 5 - Season 3

Man looks on the outside, but God looks on the heart! The beauty of painting takes center stage as Giovanni Angelico or "Mr. Gelly" teaches Benjamin Cello and his friends how to "paint by heart". Comments are...

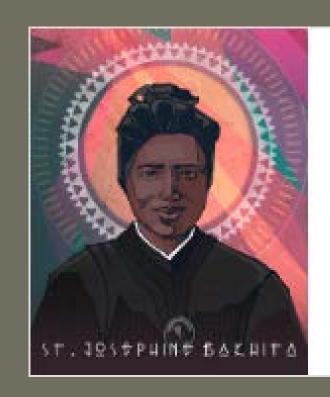


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Enter St. Philip as your Parish



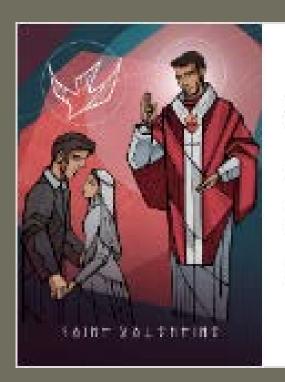
Resources: Saints Alive



Saint Josephine Bakhita

The life of this inspiring black saint of the Catholic Church is a powerful witness to Christ's love.

Saints Alive



Saint Valentine

"So faith, hope and love abide, these three; but the greatest of these is love." 1...

saintsalivepodcast.com



NEW
St. Brigid
Episode
airing 2/17



Feast Day Activities - Catholic Stories for Children

Activities for kids on the feast days

(atholicstoriesforchildren.com

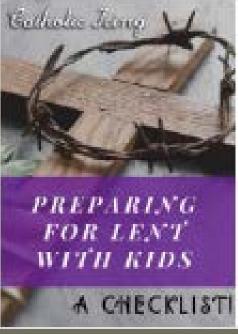




Celebrate Our Lady of Lourdes

Prepare for Lent





Lent Preparation for Children- A Checklist To Get Ready

When you're celebrating the liturgical year with your kids, you can think of the season of Lent a lot like you do Advent. It's a long...

catholicicing.com





Fasting for Lent: 11 ideas for what kids & teens can give up

Fasting and abstinence are the practice of giving up something good (for example, eating meat or...

Teaching Catholic Kids / Feb 19, 2024

Prepare for Lent



Lenten Journal for Grades K-2

Lenten Worksheets for Grades K-2 Walking Forward with Christ FOR KIDS IN GRADES K-2 TO USE FROM ASH WEDNESDAY – HOLY WEEK

(1) Openlight Media



Cultivating the Virtues | God Gives the Growth

Cultivating the Virtues provides an age-appropriate instruction on the virtuous life. It includes intensive instruction on 28 virtues.



Prepare for Lent





Raised in Grace: Made for Wholeness is a way of life or roadmap to aid educators, parents, and caregivers who are entrusted with the essential role of nurturing children through their developmental years.



www.openlightmedia.com

https://openlightmedia.com/raised-in-grace/





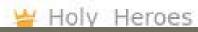
Dominican Sisters of Mary Mother of the Eucharist

HOLY HEROES



Lenten Resources

Home of Glory Stories, Lenten Adventure & Advent Adventure. Holy Heroes is your source for quality Catholic materials for you and your children.





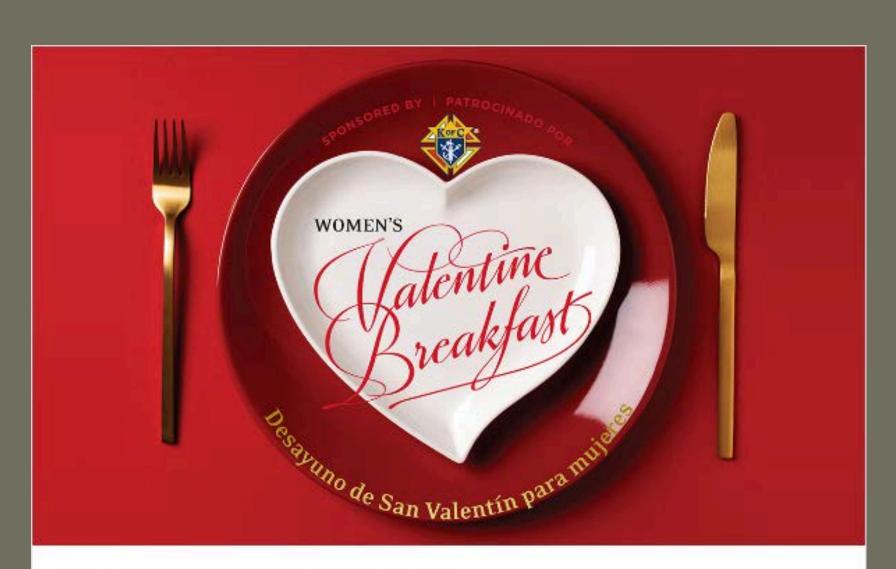




Subscribe online or purchase in the St. Philip Bookstore

Resources & Announcements

At St Philip:



Women's Valentine Breakfast

Back by popular demand! The Women's Valentine breakfast will be served by the Knights of Columbus is back February 8!

Saint Philip Catholic Church

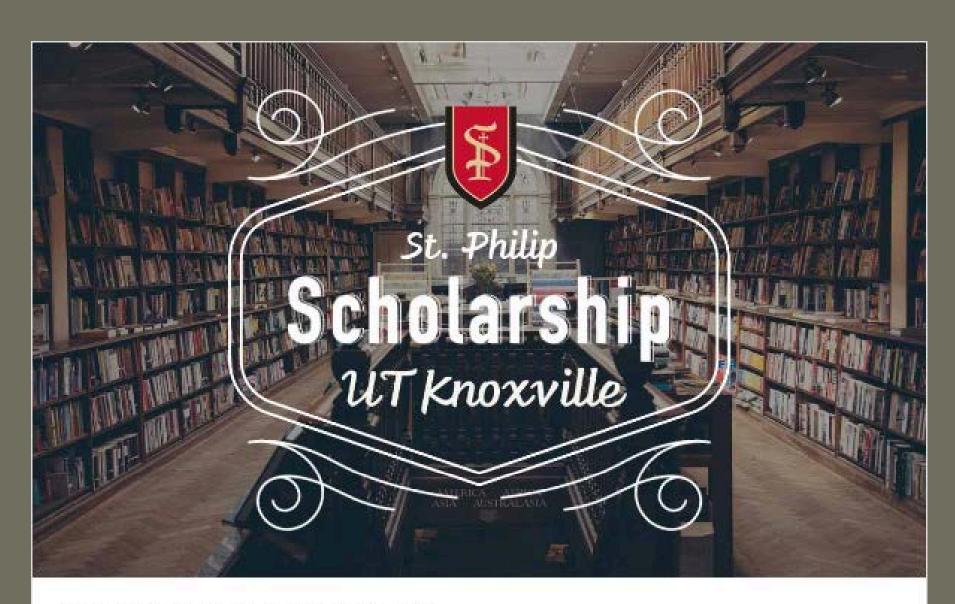


Ribs for Veterans

Ribs for Veterans supports military veterans, active duty and first responders. Order today and pick up February 8-9.

Saint Philip Catholic Church

At St Philip:



St. Philip UTK Scholarship

The St. Philip UTK Scholarship is for St. Philip students enrolled at or admitted to the University of Tennessee, Knoxville.

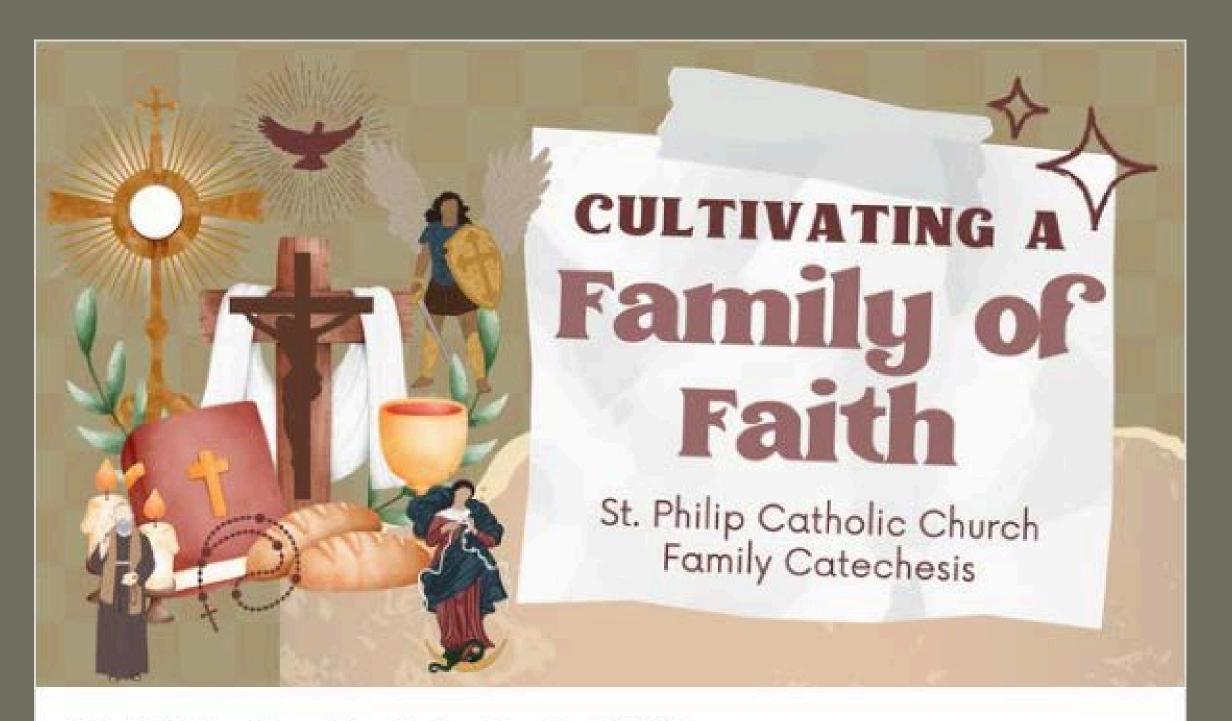




St. Patty's Day Party

Get ready for a festive evening filled with Irish charm and community spirit at our St. Patty's Day Party, 6pm, March 1.

Saint Philip Catholic Church



St. Philip Family Catechesis 2024

→ Discipleship Deliverance



Te Deum

You are God, we praise you: You are the Lord: we acclaim you; You are the eternal Father: All creation worships you.

To you all angels, all the powers of heaven, Cherubim and Seraphim, sing in endless praise: Holy, holy, holy, Lord God of power and might, Heaven and earth are full of your glory.

The glorious company of apostles praise you. The noble fellowship of prophets praise you. The white-robed army of martyrs praise you.

Throughout the world, the holy Church acclaims you: Father of majesty unbounded, Your true and only Son, worthy of all worship, And the Holy Spirit, advocate and guide.

You, Christ, are the King of Glory
The eternal Son of the Father.
When you became man to set us free,
You did not spurn the Virgin's womb.
You overcame the sting of death,
And opened the kingdom of heaven to
all believers.

Te Deum

You are seated at God's right hand in glory.
We believe that you will come and be our judge.
Come then, Lord, and help your people,
Bought with the price of your own blood,
And bring us with your saints to glory everlasting.