

National Court Ordered Education Institute, LLCCourt Ordered Rehabilitation Education Services Providerhttps://ncoei.thinkific.comPh.936-444-6508/7508

NCOei PUBLIC OFFICIAL ACCEPTANCE REQUEST LETTER FOR CERTIFIED COURT ORDERED REHABILITATION EDUCATION FOR USE IN COURT, PROBATION, PAROLE

COURSE TITLES: Anger Management/Bullying/Assault / Drugs & Alcohol / DOEP / SOP / MIP / PI / HIV/AIDS / Tobacco Awareness / DWI/DUI/OMVWI (VIP) / Driving Safety, Hands Free Law Awareness / Domestic Violence/Batterer Intervention (VIP) / Criminal Behavior Modification / Decision Making / Impulse Control / Curfew / Truancy / Trespassing, Graffiti & Vandalism / Cognitive Skills / Life Skills Enrichment / Parenting / Teen Parenting / Child Abuse / Divorce, Cooperative Parenting / Theft Prevention, Shoplifting / Petit/Grand Larceny / Theft by Check / Animal Abuse / Weapons Possession Violation (In English and in Spanish)

ATTENTION COURT OFFICIAL: May this letter serve to verify that **NCOei** court ordered courses and programs are nationally recognized by *State & Local* Family Courts as rehabilitation education, and self-development courses and programs. Our courses are developed by our in-house health psychologist who has an advanced degree certificate in health psychology and a specialization in health and wellness education and coaching—based on visual life skills storytelling, inspirational motivation, worthiness enhancement, emotional empowerment through emotional intelligence (EQ) development and positive reinforcement testing, with question, answer and feedback based on the stages of change philosophy.

EVIDENCE BASED EDUCATION PROVIDER: All NCOei program and course information strictly adheres to guidelines provided by the American Psychological Association, the US Department of Health & Human Services, the Substance Abuse & Mental Health Services Administration, the National Coalition against Domestic Violence and the White House Strategies for HIV/AIDS and Suicide Prevention. Emergency and hotline numbers are provided and listed.

COURSE/PROGRAM DOCUMENTATION AND CERTIFICATION: Certificates, Enrollment forms, progress reports and completion documents follow the established guidelines by U.S. court systems. All documents are instantly emailed to the student or the court official or probation officer (via the choice of the preferred email address during enrollment). Documentation and completion status can be obtained by emailing NCOei directly: Office.NCOei@gmail.com. All courses/programs include instantly emailed proof of enrollment, certificate of accomplishment which is also stored in the students account.

NCOei EDUCATION CERTIFICATION: All NCOei course and program educational content is certified by the National Court Ordered Education Institute's Advisory board of Licensed and Certified Physical and Mental Health Professionals. The NCOei Advisory Board presently consists of licensed and certified mental health professionals in the fields of health psychology, clinical psychology, psychiatric and research nursing, dietetics, master health coaching, chemical dependency counseling, relationship coaching and more (see https://ncoei.thinkific.com).

NCOei COURSES: Courses are 100% online. All courses include a proof of enrollment receipt and a certificate of accomplishment. Students sign up for an NCOei account which contains student demographics, enrolled courses, course progress, completion status and certificates earned.

NCOei PROGRAMS: Programs contain online content and personalized ecounseling/ecoaching (purchased separately). Coaching or counseling is purchased directly from the coach or counselor. For example, the 8-week anger management **program** contains 40 hours of online content (videos, presentations, websites and EQ exam questions) and 8 counseling/coaching sessions (purchased separately at the rate of \$50 per session hour directly from the coach or counselor). The 6-week parenting course

contains 30 hours of online content and 4 counseling/coaching sessions. Each program includes a proof of enrollment, certificate of accomplishment and a counseling/coaching session report.

STUDENT PROGRESS: Student progress is tracked in the students account which can be accessed using the student's email and password. Students receive weekly email reminders to complete their course.

EXTERNAL RESOURCES: Students are encouraged to connect with our in-staff health psychologist or our in-house master health coach with questions or comments regarding any course material. Our staff speaks English and Spanish fluently. Videos and external websites are chosen which promote health and wellness life skills, specifically.

EXAM QUESTIONING: All NCOei courses and programs contain extensive emotional intelligence (EQ) exam question, answer and feedback sessions in a no-fail format designed to test EQ—not IQ. NCOei education is specifically designed to motivate behavior change through positive reinforcement EQ questioning. The positive reinforcement is self-initiated as the student actively participates in multiple choice question and answer sessions where the correct EQ answer always promotes health, wellbeing and emotional integrity. This is accomplished through exam questioning where the student is repeatedly asked to choose health and wellness promoting EQ behaviors, thoughts and actions throughout the course. Final exam questions must be answered correctly after each section for the student to complete the course and receive a certificate of accomplishment and timed course report. The report shows exactly how much time the student spent in the course. Questions are designed to reinforce and encourage behavior change, ensure comprehension and drive home key points. The questions are designed to activate cognitive dissonance and reinforce emotional intelligence resulting in increased self-awareness of behaviors and actions that serve health and well-being.

NCOei EDUCATION MISSION: The mission of NCOei courses and programs is to provide education, direction and guidance to help people help themselves and those they love. Instructional coaching is used to motivate, inspire and uplift—promoting an increased state of self-awareness by educating how attention, thoughts and emotions result in habitual thought patterns which affect behavior which, in turn, affects mental and physical health. An introduction to various health coaching methods and techniques is presented in the NCOei online content, introducing positive behavior change through various real-life examples of real people facing real challenges in their own lives. The goal of our courses is to motivate behavior change through the awareness and understanding of the conscious and subconscious mind within the realm of emotional intelligence (EQ). At NCOei, we believe that EQ is the new IQ! NCOei is dedicated to promoting the understanding of emotional intelligence and how this concept relates to one's self-efficacy (self-empowerment).

Sincerely,

Valerie Joglar, M.A.

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