Teen Mental Health FIRST AID

SUTTER

Local Resources







Peachtree Health

Website providing resources for patients with Medi-Cal, Medi-Care, or those without health insurance.

pickpeach.org

Remember, you can also talk to your school's mental health professional for additional information and support.



Sutter County Emergency Crisis Portal

Portal providing a list of various emergency/crisis services and contact details for the county and the state.

www.suttercounty.org



Sutter Yuba Mental Health Clinic

Organization providing services for mental health and substance use disorders in Yuba and Sutter Counties, based on ability to pay. www.suttercounty.org



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Website providing resource guides for youth and adults dealing with anxiety, supporting friends, and finding help through a directory.

www.nami.org

The Trevor Project Hotline NATIONAL

National website offering 24/7 hotline and text support to connect with counselors and access resources for assistance.

www.trevorproject.org

Student and Teacher Mental Health STATE

Website supporting students in crisis with resources for mental health and wellness during school closures.

www.cde.ca.gov

