



## Student and Teacher Mental Health

Website offering extensive mental health resources for Nevada residents, including counseling, hotlines, and emergency medication information.

[www.nevada211.org](http://www.nevada211.org)

**Remember, you can also talk to your school's mental health professional for additional information and support.**



## **NAMI** **NATIONAL**

Website providing resource guides for youth and adults dealing with anxiety, supporting friends, and finding help through a directory.

[www.nami.org](http://www.nami.org)



## **The Trevor Project Hotline** **NATIONAL**

National website offering 24/7 hotline and text support to connect with counselors and access resources for assistance.

[www.trevorproject.org](http://www.trevorproject.org)