

Local Resources



Omni Family Health

Website offering medical, dental, behavioral health, chiropractic, optometry, specialty services, and more.
omnifamilyhealth.org

Remember, you can also talk to your school's mental health professional for additional information and support.



Kings County Behavioral Health

Website offering crisis services and a warm line for peer support to all residents of King's County.
kcbh.org



NAMI **NATIONAL**

Website providing resource guides for youth and adults dealing with anxiety, supporting friends, and finding help through a directory.
www.nami.org



The Trevor Project Hotline **NATIONAL**

National website offering 24/7 hotline and text support to connect with counselors and access resources for assistance.
www.trevorproject.org



Student and Teacher Mental Health **STATE**

Website supporting students in crisis with resources for mental health and wellness during school closures.
www.cde.ca.gov