Teen Mental Health FIRST AID

MERCED

Local Resources







Golden Valley Health Centers

Over 38 centers in Merced and Stanislaus Counties providing services accessible to everyone. www.qvhc.org

Remember, you can also talk to your school's mental health professional for additional information and support.



Merced County Department of Public Health: HIV Programs

Website offering grant-funded programs that provide case management for individuals living with HIV, AIDS, or related conditions. www.co.merced.ca.us



Merced Department of Public Health: Behavioral Health Resources

Website with a list of behavioral health resources; suicide hotline, domestic violence hotline and a warm line for youth.

www.co.merced.ca.us



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Website providing resource guides for youth and adults dealing with anxiety, supporting friends, and finding help through a directory.

www.nami.org

The Trevor Project Hotline NATIONAL

National website offering 24/7 hotline and text support to connect with counselors and access resources for assistance.

www.trevorproject.org

Student and Teacher Mental Health STATE

Website supporting students in crisis with resources for mental health and wellness during school closures.

www.cde.ca.gov

