



Clinica Sierra Vista

Comprehensive healthcare organization in Kern and Fresno Counties offering medical, dental, and behavioral health services for all.

www.clinicasierravista.org

Remember, you can also talk to your school's mental health professional for additional information and support.



Kern Behavioral Health Services

Website to Kern BHRS Crisis Services Division providing hope, support, and resources to help individuals start their recovery journey.

www.kernbhers.org

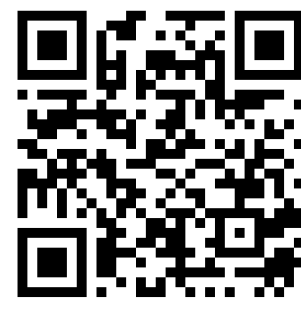


Omni Family Health

Organization offering medical, dental, behavioral health, chiropractic, optometry, specialty services, and more.

omnifamilyhealth.org

Local Resources



NAMI **NATIONAL**

Website providing resource guides for youth and adults dealing with anxiety, supporting friends, and finding help through a directory.

www.nami.org



The Trevor Project Hotline **NATIONAL**

National website offering 24/7 hotline and text support to connect with counselors and access resources for assistance.

www.trevorproject.org



Student and Teacher Mental Health **STATE**

Website supporting students in crisis with resources for mental health and wellness during school closures.

www.cde.ca.gov