

YOUR RESOURCES

Amaze

Age appropriate info on puberty for tweens and their parents

<https://amaze.org/>

Family PACT

Family planning services coverage for California residents

<https://familypact.org/>

Love is Respect

Teen dating violence information and resources

<https://www.loveisrespect.org/>

PFLAG

Support for LGBTQ+ people, their parents, families, and allies

<https://pflag.org/>

Planned Parenthood

Sexual Health information for teens

<https://www.plannedparenthood.org/learn/teens>

Polaris

National Human Trafficking Resource Center

<https://polarisproject.org/>

PPFA Chat

Ask trained educators about sexual and reproductive health questions

<https://www.plannedparenthood.org/online-tools/chat?>

RAINN

National sexual assault hotline and support for survivors

<https://www.rainn.org/>

Roo

Ask questions about sexual health, relationships, growing up, and more

<https://www.plannedparenthood.org/learn/roo-sexual-health-chatbot>

Safe Surrender

Safe places to surrender a baby

<https://www.cdss.ca.gov/safe-surrender-baby>

Scarleteen

Inclusive sexual health information and questions for youth

<https://www.scarleteen.com/>

The Trevor Project

Crisis & Suicide prevention for LGBTQ youth

<https://www.thetrevorproject.org/>

