



Test Your Puberty IQ!

- 1.** Select all the physical changes that may occur for all bodies during puberty.

A person:

- ☐ Grows hair under their arms and around their genitals.
- ☐ Gets better balance.
- ☐ Feels happier all the time.
- ☐ May sweat and "smell" more.
- ☐ May have more acne or pimples.

- 2.** Select all of the changes that may occur in bodies with a vulva during puberty:

- ☐ Menstruation (period) begins.
- ☐ Eggs cells are released from the ovaries.
- ☐ Cramps may occur when someone is menstruating (has their period)
- ☐ The testicles begin to produce sperm.
- ☐ Breasts (boobs) may feel sore.

- 3.** Select all of the changes that may occur in bodies with a penis during puberty:

- ☐ Erections may happen more often.
- ☐ The testicles begin to produce sperm.
- ☐ Menstruation (period) begins.
- ☐ Semen may come out of the penis.
- ☐ Hair may grow on the scrotum and around the penis.



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Teacher Key

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