

MADERA

Local Resources



Madera County Behavioral Health Services

Website for Madera County's Department of Behavioral Health Services, offering resources with Spanish translation available.

www.maderacounty.com



Camarena Health

Organization providing community-based healthcare for families in Madera, Chowchilla, and Oakhurst, offering comprehensive care for everyone.

www.camarenahealth.org

Remember, you can also talk to your school's mental health professional for additional information and support.



NAMI **NATIONAL**

Website providing resource guides for youth and adults dealing with anxiety, supporting friends, and finding help through a directory.

www.nami.org



The Trevor Project Hotline **NATIONAL**

National website offering 24/7 hotline and text support to connect with counselors and access resources for assistance.

www.trevorproject.org



Student and Teacher Mental Health **STATE**

Website supporting students in crisis with resources for mental health and wellness during school closures.

www.cde.ca.gov