# RESOURCES

#### **Amaze**

Age appropriate info on puberty for tweens and their parents <a href="https://amaze.org/">https://amaze.org/</a>

## **Family PACT**

Family planning services coverage for California residents <a href="https://familypact.org/">https://familypact.org/</a>

## **Human Trafficking**

National Human Trafficking Resource Center 24/7 Hotline <a href="https://humantraffickinghotline.org/">https://humantraffickinghotline.org/</a>

## **Love is Respect**

Teen dating violence information and resources <a href="https://www.loveisrespect.org/">https://www.loveisrespect.org/</a>

#### **Planned Parenthood**

Sexual Health information for teens <a href="https://www.plannedparenthood.org/learn/teens">https://www.plannedparenthood.org/learn/teens</a>

### **Polaris**

National Human Trafficking Resource Center <a href="https://polarisproject.org/">https://polarisproject.org/</a>

#### **PPFA Chat**

Ask trained educators about sexual and reproductive health questions <a href="https://www.plannedparenthood.org/online-tools/chat?">https://www.plannedparenthood.org/online-tools/chat?</a>

#### RAINN

National sexual assault hotline and support for survivors <a href="https://www.rainn.org/">https://www.rainn.org/</a>

#### Roo

Ask questions about sexual health, relationships, growing up, and more <a href="https://www.plannedparenthood.org/learn/roo-sexual-health-chatbot">https://www.plannedparenthood.org/learn/roo-sexual-health-chatbot</a>

#### Safe Surrender

Safe places to surrender a baby <a href="https://www.cdss.ca.gov/safe-surrender-baby">https://www.cdss.ca.gov/safe-surrender-baby</a>

#### Scarleteen

Inclusive sexual health information and questions for youth https://www.scarleteen.com/

## **The Trevor Project**

Crisis & Suicide prevention for LGBTQ youth <a href="https://www.thetrevorproject.org/">https://www.thetrevorproject.org/</a>

