



Ascension

Executive Ministry Leadership Formation

July 15-17, 2025

Group 20

Retreat A: Awareness

Welcome to Executive Ministry Leadership Formation Group 20!

- We look forward to gathering with you at the [Charles F. Knight Executive Conference Center](#) on the campus of Washington University in St. Louis, MO.
- Once checked in to your room, you are welcome to place any personal items at your assigned seat in Room 340 where, unless otherwise noted, we will be gathering for the week.

Day 1: Tuesday, July 15, 2025

12:00 p.m. Optional Lunch *Anheuser Busch Dining Hall (3rd floor)*

1:00 p.m. Arrive and Gather
O'Donnell Lounge - Bring your artifact (2nd floor)

1:15 p.m. Opening Prayer and Introductions
Mike Krussel, Director, Ministry Formation
Sarah Reddin, D.HCML Vice President Ministry Formation

3:15 p.m. Refreshment

3:30 p.m. It Starts with Awareness
Tom VanOsdol, MS, MA, FACHE Executive Vice President and Chief Mission Integration Officer, Ascension

4:00 p.m. Executive Panel Discussion
Graduates of Executive Ministry Leadership

5:15 p.m. Announcements

6:00 p.m. Cocktail reception with dinner to follow *Anheuser Busch Dining Hall*

Day 2: Wednesday, July 16, 2025

7:00 a.m. Breakfast available *Anheuser Busch Dining Hall*

8:00 a.m. Check-in
Tom VanOsdol, MS, MA, FACHE Executive Vice President and Chief Mission Integration Officer, Ascension

8:30 a.m. Morning Reflection
Sarah Reddin, D.HCML Vice President Ministry Formation

8:45 a.m. Refreshment



Day 2: Wednesday, July 16, 2025 (Cont'd)

9:00 a.m. Let Your Life Speak
Mike Krussel

10:00 a.m. Pathways to the Interior: Accessing Experience Through Narrative
Sarah Reddin

11:15 a.m. Walk and Talk

12:00 p.m. Lunch *Anheuser Busch Dining Hall*

1:00 p.m. Practice Leading Reflection and Prayer
Sarah Reddin

3:30 p.m. Refreshment

3:45 p.m. Orienting to the Journey: Destination, Pathways, Formation Map
Mike Krussel

4:30 p.m. Building Community
Mike Krussel

5:30 p.m. Announcements and group photo
Mike Krussel

6:00 p.m. Dinner [*Olive + Oak*](#)

Day 3: Thursday, July 17, 2025

7:00 a.m. Breakfast available *Anheuser Busch Dining Hall*

8:00 a.m. Check-in
Sarah Reddin

8:30 a.m. Morning Reflection
Mike Krussel

8:45 a.m. Refreshment

9:00 a.m. Introducing course: The Mystery of God Who Calls
Sarah Reddin and Mike Krussel

10:45 a.m. Looking ahead

10:55 a.m. Closing Circle

11:00 a.m. Adjourn

11:15 a.m. Boxed Lunches available

