

# The Quantum Academy



## The Garden of Eden and Shabbat

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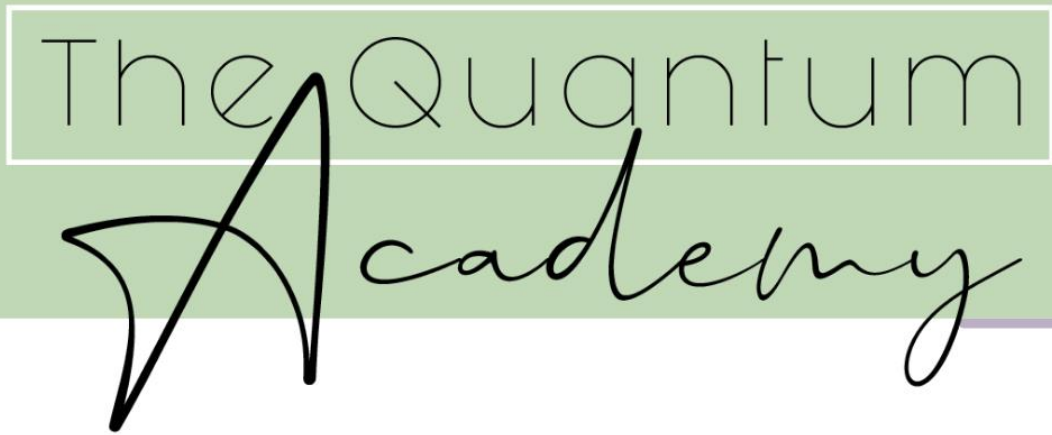
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## **The Garden of Eden**

**Genesis 2:8-9**

**Complete Jewish Bible**

***<sup>8</sup> ADONAI, God, planted a garden toward the east, in 'Eden, and there he put the person whom he had formed. <sup>9</sup> Out of the ground ADONAI, God, caused to grow every tree pleasing in appearance and good for food, including the tree of life in the middle of the garden and the tree of the knowledge of good and evil.***

When I think of the Garden of Eden, I think of these four themes:

- God's perfect provision
- God's perfect will
- Intimacy with the LORD
- Obedience to the LORD

But before we take a closer look at these four themes, let's first discuss the concept of a garden. We see in:

**Genesis 2:15**

***<sup>15</sup> And Yahweh God took the man<sup>[a]</sup> and set him in the garden of Eden to **cultivate** it and to **keep it**.***

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- **“Cultivate** – to acquire, prepare for planting and harvesting, to develop”
- **“To keep it** – to guard and to take care”

Both commandments (to cultivate and to keep) sounds a little bit like work, doesn't it? So, we see that even before sin and death entered the world, the LORD expected of Adam to be actively involved in the upkeep and protection of the Garden of Eden.

It works the same way in our lives today, you do not just get “born again” and then sit back and relax. Yeshua paid the ultimate price so that we could go back to how it was in the Garden of Eden. So that we can walk with our Heavenly Father daily and experience intimacy with Him. We need to guard and keep our salvation and righteousness daily.

## How do we apply this in a practical manner?

The same way you would do actual gardening. Let's look at some examples:

- **Pruning** – do not allow something to overgrow your garden. Keep your life balanced. God is a God of balance. Sometimes the LORD prunes us, and sometimes we are expected to do the pruning ourselves.
- **Weeding** – sin grows just like weeds! You need to be vigilant and uproot it the moment you become aware of it. The Holy Spirit is the One who convicts us of sin.
- **Ploughing** – preparing the ground for the seed of the word to be planted and grow. Ploughing takes place when we practice an active and healthy daily prayer life.
- **Fertilizer** – dung makes for great fertilizer. Sometimes the trials and tribulations we go through provide the best fertilizer for the seeds to grow and produce fruit.
- **Watering** – we know that God's Word is the Living Waters of life. The only way to

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to water the garden is to study the Word of God on a daily basis.

**Build a hedge** – building a hedge of protection will keep the serpent out. We need to study the Word of God so we know what the boundaries are that He set in place for our protection.

The first mistake Adam made was not eating of the tree of knowledge of good and evil, the first mistake he made was to not guard the garden. God provided Adam with the authority and the means to guard the garden, but Adam chose to lay down his authority, and to allow the serpent in.

Compromise in our lives is a way that we let the serpent into our gardens. It usually starts small, just something here or there that we know is actually wrong, but we justify it with thoughts like “God will understand”, “He knows my heart”, “at least I do this and that right so this one little thing won’t matter that much”, “I will just pray and ask for forgiveness”.

But the problem is that these forms of compromise allow the serpent to come in and remember the Word of God says he is more cunning than all the beasts of the field. And before we know it the door is open, and the enemy comes to kill, steal and destroy. And when the pawpaw hits the fan, we are quick to blame God and ask, “why did God allow this to happen?”, or “where is God, why is He not helping?”.

## **Obedience keeps the serpent out**

What should be obedient to? To the commandments of God.

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But people don't like the word "commandment", they "feel" it is legalistic. And we know that we are not to be governed by what we "feel" but by what is written in the Word of God! So, let's have a look at the Hebrew word used for Commandment:

- Commandment in Hebrew – Mitzvot
- Mitzvot – "Loving instruction of God"

Is that not beautiful? It means the loving instruction of our Heavenly Father! Just as any parent who loves his or her child has rules, so does our Heavenly Father. And the rules you have for your children, is it to punish them? No! It is to protect them. It is to teach them right from wrong.

I always find it so sad when people say: "I am not under the law" - because you are actually saying "I am not under the loving instruction of the Father". And unfortunately, when you live that way, it also shows in the fruit of your life. Just think of an unruly child with no discipline, it is the same thing.

Lots of confusion came into the believing community concerning "the law" due to translation issues, and not understanding the context of the Hebrews who wrote the New Testament, like Paul. I suggest you watch the below series from 119 Ministries for more information what Paul meant when he said we are "free from the law".

## **[The Pauline Paradox Series 119 Ministries](#)**

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I also want to remind you that God does not get confused, He does not make mistakes, and He does not change His mind. We see this in **Malachi 3:6** and **Hebrews 13:8**.

In John 14: 15 Yeshua says: "If you love me, you will keep my commands". Where do we find His commands? In the first five books of the Bible. Remember, when Yeshua walked on earth, there was no New Testament. He became the "Living Torah / Living Old Word" to show us how to be obedient to the Father.

## God's perfect will:

**Genesis 2:16-17**

**Amplified Bible**

***<sup>16</sup> And the LORD God commanded the man, saying, "You may freely (unconditionally) eat [the fruit] from every tree of the garden; <sup>17</sup> but [only] from the tree of the knowledge (recognition) of good and evil you shall not eat, otherwise on the day that you eat from it, you shall most certainly <sup>[a]</sup> die [because of your disobedience]."***

**Interesting things that stand out from this bible verse:**

- One of the first commandments that God gave in the garden was about what Adam and Eve were allowed to eat and not to eat. This was before sin and death entered the world and before Yeshua died on the cross. May I suggest that what we eat is

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has been important to God from the very beginning?

- God says they can eat “freely, unconditionally” from any tree in the garden. It is only one tree that is off limits. So why did God even put this tree in the garden then? Why did He not put angels around it to ensure that Adam and Eve cannot eat from it? Because the highest form of worship is obedience, and God wanted them to choose out of love to be obedient to Him.
- He also wants to ensure that we know our place, He is the Judge, and He makes the rules. Everything belongs to Him and so He has the right to tell us what to do with the things that He has ownership over.
- It would seem like Adam and Eve were completely happy in the garden until the serpent convinced them that they are missing out on something. He changed their focus from all that they had, to the one thing they did not have. Not being grateful and having the wrong focus opened the door to sin.
- Every day we choose if we are eating from the tree of Knowledge of Good and Evil, or from the Tree of Life. We choose through our thoughts and our actions.

## What is the Tree of Knowledge of Good and Evil?

The Tree of Knowledge of Good and Evil is rebellion. It is when I decide what is right and wrong. When I decide what I will do and how I will do it. When I decide that the rules God put down in His Word are outdated and not applicable anymore.

It is also when we run after information or knowledge instead of pursuing a relationship of intimacy with our Heavenly Father.

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There is also a relation with the Tree of Knowledge of Good and Evil, and judgement.

You see, the first five days of creation in the Hebrew it was Elohim who created – Elhim means God or Judge. But on day six, when man was created, the narrative changes to YHWH Elohim – I AM Love, I AM whatever you need me to be and the Judge). The earth and creation runs on strict rules that governs it, but God knew that man would need love and rules. So first we have His mercy and love, then His judgement.

Adam and Eve knew God as YHWH Elohim, but the serpent was so cunning, when he comes to Eve (in the original Hebrew), he asks her “did Elohim say...”. What is he doing? He is taking away the loving fatherly attributes of God, and making Eve focus just on the Judge. And that sounds so mean; “did the Judge really say”? So Satan comes through the narrative he used and changes the relationship from Father and child, to Judge and underling.

What is the price that Adam and Eve paid the moment they accepted the enemy’s narrative? They lost that intimate Father / child relationship and were banned from the garden. God had to then treat them like a judge because of their own sin and rebellion, and the enemy knew this!

How are you perceiving God today? What is He to you? Your Father, or a Judge? Maybe there is something in your own life that you started to believe that changed your idea of who God is and what kind of relationship you can have with Him.

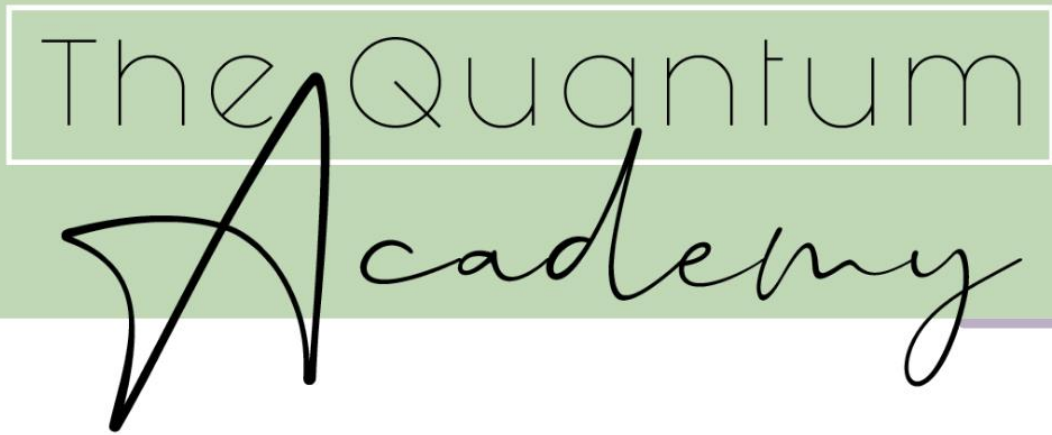
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Just a final thought about judgement and the Treen of Knowledge of Good and Evil; when we judge others, we are eating from the Tree of Knowledge of Good an Evil. Because God is the only one who is allowed to decide what is right and what is wrong. When we judge, we take Him off the mercy seat, and we ourselves take on the role of judge over others.

### **God's perfect provision**

God provided everything they needed in the Garden. But they rejected his provision and decided they would take for themselves and what they wanted.

Today we often do the same, instead of trusting in God, we trust in our own abilities, achievements, plans, investments, etc. This is actually one of the curses that came because Adam and Eve rejected God's provision:

**Genesis 3:19**

**Complete Jewish Bible**

***<sup>19</sup> You will eat bread by the sweat of your forehead till you return to the ground — for you were taken out of it: you are dust, and you will return to dust."***

It is hard work to provide for ourselves. But we should never forget what our source is, Who the One is that sustains and provides for us.

In **Matthew 4:4** we see that Yeshua quoting **Deuteronomy 8:3** 'Man does not live on bread

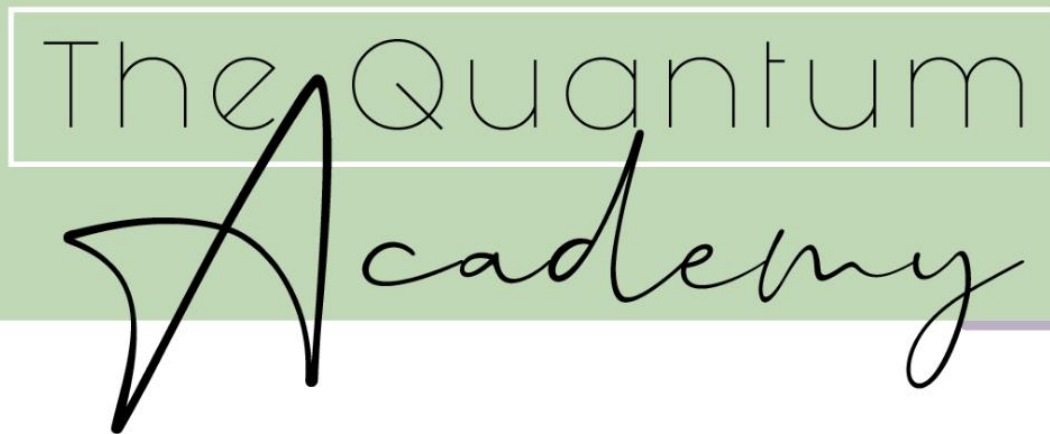
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alone, but on every word that comes from the mouth of ADONAI'”[a]

God does not only provide our physical needs, but also our spiritual needs.

There is an old Native American story about two wolves inside every person. One is good and one is evil. The question is asked which will be the stronger? Answer: the one you feed. It is the same with us, we have our soul that is led by our desires, appetites and emotions, and we have our spirit. The one that gets the most food, will be the strongest.

We need to teach our spirits to take up the authority again, and to subdue our souls and rule over the soul. And the soul to submit under the spirit. We should not be reacting out of our souls but out of our spirits.

### What feeds the Spirit?

- Studying the Word of God
- Prayer
- Worship
- Keeping the Sabbath
- Keeping the Feasts of the LORD
- Coming together with fellow believers and talking about the Word of God
- Listening to teachings
- Reading of spiritual books

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## What feeds the soul?

- Sin
- Fleshly desires and appetites
- Soulful music
- TV
- Addictive behaviour
- Conversations that are not Godly
- Ungodly friendships

## Intimacy with God

We need to get back to the Garden of Eden, that is where Adam and Eve experienced intimacy with God. The only way to get back to the Garden is through obedience. We are not saved by our works of obedience, only the Blood of Yeshua can save us. But you can be saved by the Blood and never have an intimate relationship with your Heavenly Father, because that only comes through obedience.

### ***Ephesians 2:8-9***

### ***Complete Jewish Bible***

***<sup>8</sup> For you have been delivered by grace through trusting, and even this is not your accomplishment but God's gift. <sup>9</sup> You were not delivered by your own actions; therefore no one should boast.***

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**1 John 2:17**  
**Complete Jewish Bible**

***17 And the world is passing away, along with its desires. But whoever does God's will remains forever.***

**Matthew 7:21-23**  
**Complete Jewish Bible**

***21 "Not everyone who says to me, 'Lord, Lord!' will enter the Kingdom of Heaven, only those who do what my Father in heaven wants. 22 On that Day, many will say to me, 'Lord, Lord! Didn't we prophesy in your name? Didn't we expel demons in your name? Didn't we perform many miracles in your name?' 23 Then I will tell them to their faces, 'I never **knew** you! Get away from me, you workers of lawlessness!***

What does it mean when Yeshua says "I never knew you"? Every place in the word it speaks of "knowing" or "knew" it is referring to intimacy. Think of Adam knowing his wife and she conceived. I encourage you to do some self-study on this and find all the places in the Word where it speaks of knowing and intimacy.

And Yeshua gives us the key to intimacy, He says "if you love Me, keep My

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commandments”.

Today I want to focus on a specific commandment, and that is God’s appointment with you every week. You cannot be intimate with someone if you don’t show up for your weekly “date night” with your Creator.

**Revelation 3:20**  
**Complete Jewish Bible**

***<sup>20</sup> Here, I’m standing at the door, knocking. If someone hears my voice and opens the door, I will come in to him and eat with him, and he will eat with me.***

**&**

**Mark 2:28**  
**Amplified Bible**

***<sup>28</sup> So the Son of Man is Lord even of the Sabbath [and He has authority over it].”***

This verse in Revelation is not really about Yeshua knocking at the door of your heart, it is Him showing up every week at your home, waiting for you to invite Him in so that He may eat the Shabbat meal with you and your family.

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**But when is the Shabbat? And does it really matter what day you keep it?**

For in-depth self-study I strongly advise you watch the below YouTube videos as well:

[Should Christians Keep Sabbath - Jim Staley](#)

[The Sabbath Day - 119 Ministries](#)

Let's look at some scripture to help us answer these questions.

**Genesis 2:2-3**

**Complete Jewish Bible**

<sup>2</sup> *On the seventh day God was finished with His work which He had made, so He rested on the seventh day from all His work which he had made.* <sup>3</sup> *God blessed the seventh day and separated it as holy; because on that day God rested from all his work which He had created, so that it itself could produce.*

**Exodus 20:8-11**

**Complete Jewish Bible**

<sup>8</sup> *Remember the day, Shabbat, to set it apart for God.* <sup>9</sup> *You have six days to labor and do all your work,* <sup>10</sup> *but the seventh day is a Shabbat for ADONAI your God. On it, you are not to do any kind of work — not you, your son or your daughter, not your male or female*

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*slave, not your livestock, and not the foreigner staying with you inside the gates to your property.* <sup>11</sup> *For in six days, ADONAI made heaven and earth, the sea and everything in them; but on the seventh day he rested. This is why ADONAI blessed the day, Shabbat, and separated it for Himself.*

God specifically blessed the seventh day and commanded us to keep Sabbath on that day.

The very first time Sabbath was instated was in the Garden of Eden, it would only make sense then that keeping Sabbath is taking us back to the Garden of Eden.

We see that when Adam and Eve sinned, God asked Adam “where are you?”. Surely God knew where they were. God was not asking about their location; He was asking why they were hiding from Him. Why they did not show up for their walk with Him. He was mourning the fact that His children did not want to spend time with Him.

But God has so much mercy and grace, He is giving us a second chance to walk daily in intimacy with him, and to meet for our special Shabbat meal every Friday evening when the sun sets. We start each new week by spending a whole day with Him, and this sets the tone for the rest of our week.

**Isaiah 56**  
**Complete Jewish Bible**

**56 Here is what ADONAI says:**

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**"Observe justice, do what is right,  
for my salvation is close to coming,  
my righteousness to being revealed."**

**<sup>2</sup> Happy is the person who does this,  
anyone who grasps it firmly,  
who keeps *Shabbat* and does not profane it,  
and keeps himself from doing any evil.**

**<sup>3</sup> A foreigner joining *ADONAI* should not say,  
"*ADONAI* will separate me from his people";  
likewise the eunuch should not say,  
"I am only a dried-up tree."**

**<sup>4</sup> For here is what *ADONAI* says:  
"As for the eunuchs who keep my *Shabbats*,  
who choose what pleases me  
and hold fast to my covenant:**

**<sup>5</sup> in my house, within my walls,  
I will give them power and a name  
greater than sons and daughters;  
I will give him an everlasting name  
that will not be cut off.**

**<sup>6</sup> "And the foreigners who join themselves to *ADONAI***

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to serve him, to love the name of *ADONAI*,  
and to be his workers,  
all who keep *Shabbat* and do not profane it,  
and hold fast to my covenant,  
<sup>7</sup> I will bring them to my holy mountain  
and make them joyful in my house of prayer;  
their burnt offerings and sacrifices  
will be accepted on my altar;  
for my house will be called  
a house of prayer for all peoples.”  
<sup>8</sup> *Adonai ELOHIM* says,  
he who gathers Isra’el’s exiles:  
“There are yet others I will gather,  
besides those gathered already.”

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