

FEBRUARY 2026

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The Cool Aunt
www.TheCoolAuntSeries.com



Wed Feb 11

9:30am - 12:30pm



Beyond Exploitation: Viewing Grief Through the Lens of Trauma in CSEC and Trauma-Impacted Youth

[Register](#)



Fri Feb 13

9:30am - 12:30pm



When Strength Hurts: Understanding and Addressing Resilience Fatigue in CSEC and Trauma-Impacted Youth

[Register](#)



Tue Feb 17

9:30am - 12:30pm



Justice and Healing: Confronting Moral Injury and Criminalization in Youth Care

[Register](#)



PLEASE BE INFORMED THAT OUR TRAINING SESSIONS THIS MONTH WILL EACH LAST FOR THREE HOURS. IF YOU'RE UNABLE TO ATTEND THE ENTIRE SESSION, WE WILL OFFER REPEATS NEXT MONTH.

Thu Feb 19

9:30am - 12:30pm



Calm in Chaos: Utilizing Mindfulness and Breathwork with CSEC and Trauma-Impacted Youth

[Register](#)

“
Love the vibe and open form.
-A.W., Orange County

“
The personalized stories that tied the subject matter all together. It helps makes sense of the topic with real stories. Thank you to the presenters for sharing and being vulnerable with us all.
Santa Barbara County,

“
Trainers are outstanding! Wealth of information and so clearly presented, so engaging!
-A.M. San Mateo County

TCA CLUB

**GAMES. PRIZES\$.
ART. VIBEZ.**

**EVERY
WEDNESDAY
6-7pm**

**TEXT TCA CLUB TO
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FOR YOUTH 12+