

OCT 2026

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The Cool Aunt
www.TheCoolAuntSeries.com



*This training was very helpful
and insightful!*

-K.H. San Bernardino County

Mon Oct 19

10:00am- 11:30am PST



***Calm in Chaos:
Mindful Breathwork for
Grounded Practice***

[Register](#)

*Trainers are outstanding! Wealth
of information and so clearly
presented, so engaging!*

-A.M. San Mateo County

Thu Oct 22

10:30am - 12:00pm PST



***Hidden Wounds:
Grief Through the Lens of
Trauma-Impacted Youth***

[Register](#)

Tue Oct 27

1:00pm - 2:30pm PST



***The Safety of Being Seen:
Trauma-Responsive Rapport
with CSEC Youth***

[Register](#)

*The personalized stories that tied
the subject matter all together. It
helps makes sense of the topic with
real stories. Thank you to the
presenters for sharing and being
vulnerable with us all.
Santa Barbara County,*

*Alot of information that I can use
with the youth I work with. It helps
me to better understand them and
meet them where they are. I hope
to have more youth open up to me
and build better relationships with
them.*

-Anonymous, Kern County

Wed Oct 28

9:30am - 11:00am PST



***The Anatomy of Safety:
Regulation + Post-Traumatic
Growth w/CSEC Youth***

[Register](#)

*Love the vibe and
open form.*

-A.W., Orange County

Team@TheCoolAuntSeries.com