



Matthew Wood Institute of Herbalism

Accreditation Hours per Course

The field of Herbalism is not regulated, however, some practitioners choose to be accredited through organizations such as the [American Herbalists Guild](#). The Matthew Wood Institute of Herbalism is not formally associated with this agency; the name is provided as a reference to help inform students. There may be another agency in your country or area more suitable for you.

The following courses offer tests as proof of comprehension of materials. Once the test is completed with a passing grade of 70% or better the student will receive a course completion email confirming the successful completion of the course. (If this does not happen, click “Complete and Continue” at the end of each lesson to indicate to the system that each lesson has been completed.) The exception is the Herbal Medicine Making course, which requires proof of making herbal remedies to pass the course. Click on the titles of the courses for more information.

- **Animal Medicines**: 33 hours total: 27 hours Materia Medica, 2 hours Basic Human sciences, 4 hours History, Philosophy, and Therapeutic Paradigm Application
- **B12, Intrinsic Factor & Methylation**: 2 hours total: 2 hours Basic Human Sciences
- **Botany for Herbalists**: 26 hours total: 26 hours Botany and Plant Science

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- **Cancer Journey**: 3 hours total: 1 hour Clinical Experience, 1 hour Materia Medica, 1 hour Basic Human Sciences
- **Central Nervous System - Beginner**: 8 hours total: 3 hours Materia Medica, 5 hours Basic Human Sciences
- **Central Nervous System - Intermediate**: 8 hours total: 3 hours Materia Medica, 5 hours Basic Human Sciences
- **Doctrine of Signatures - Course in progress**: Hours total NA: 10 hours Materia Medica, 2 hours History, Philosophy, and Therapeutic Paradigms and Applications
- **Ecological Herbalism: Ethics, Sustainability & Law**: 6 hours total: 6 hours Botany and Plant Science
- **Facial Assessment**: 19 hours total: 18 hours Clinical Experience, 1 hour Materia Medica
- **Herb Walks - With Matthew Wood**: 15 hours total: 15 hours Materia Medica
- **Herbal Adaptogens**: 4.5 hours total: 3 hours Materia Medica, .5 hours Basic Human Sciences, 1 hour Pharmacy, Pharmacognosy, and Dispensing
- **Herbal Dosages**: 3.5 hours total: 1 hour History, Philosophy, and Therapeutic Paradigms and Applications, 2.5 hours Pharmacy, Pharmacognosy, and Dispensing
- **Herbal Medicine Making - Beginner** (testing by proof of making herbal remedies): 14 hours total: 12 hours Pharmacy, Pharmacognosy, and Dispensing, 4 hours Botanical Medicine
*see below
- **Herbal Medicine Making - Beginner to Advanced** (testing by proof of making herbal remedies): 30 hours total: 18 hours Pharmacy, Pharmacognosy, and Dispensing
- **Herbal Tonics**: 3.5 hours total: 1 hour Materia Medica, 2.5 hours Pharmacy, Pharmacognosy, and Dispensing

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- **Herbalism and the Thyroid Intensive**: 6 hours total: 3 hours Materia Medica, 3 hours Basic Human Sciences
- **Herbs and the Adrenal Medulla and Adrenal Cortex**: 5 hours total: 3.5 hours Basic Human Sciences, 1.5 hours Pharmacy, Pharmacognosy, and Dispensing
- **Herbs and the Autonomic Nervous System**: 5 hours total: 1 hour Materia Medica, 4 hours Basic Human Sciences
- **History, Philosophy, and Science of Herbalism**: 6 hours total: TBD
- **Holistic Herbal Assessment Skills**: 54 hours total: 31 hours Clinical Experience, 19 hours Basic Human Sciences, 4 hours Nutrition and Medical Terminology
- **Holistic Pharmacology for Herbalists**: 47 hours total: 8 hours Materia Medica, 8 hours Basic Human Sciences, 31 hours Pharmacy Pharmacognosy, and Dispensing
- **Homeopathy, Cell Salts and Minerals for Herbalists**: 35 hours total: 3 hours Clinical Experience, 10 hours Materia Medica, 1.75 Basic Human Sciences, 5 hours Nutrition and Medical Terminology, 12 hours History, Philosophy, and Therapeutic Paradigms and Application
- **Hypothalamus, Pituitary, and Pineal - Functions and Herbs**: 5 hours total: 5 Basic Human Sciences
- **Intermediate Herbal Medicine Course**: 49 hours total: 10 hours Clinical Experience, 5 hours Materia Medica, 19 hours Basic Human Sciences, 15 hours History, Philosophy, and Therapeutic Paradigms
- **Iodine, Evolution, and the Thyroid**: 4 hours total: 3 hours Basic Human Sciences, 1 hour Nutrition and Medical Terminology
- **Lymphatic and Immune Systems - Beginner**: 6 hours total: 3 hours Materia Medica, 3 hours Basic Human Sciences

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- **Lymphatic and Immune Systems - Intermediate**: 6 hours total: 3 hours Materia Medica, 3 hours Basic Human Sciences
- **Male Reproductive System**: 3.5 hours total: 1.5 Materia Medica hours, 2 hours Basic Human Sciences
- **Materia Medica**: Work-in-progress. A thorough compilation of Materia Medica classes is being built month-by-month in the Herbs A to Z course available for just \$8 monthly. Once this vast collection of classes with a variety of knowledgeable teachers is available, there will be tests for what will be well over 100 hours of teaching.
- **Medical Astrology Sun Signs**: 55 hours total: 20 hours Materia Medica, 20 hours Basic Human Sciences, 15 hours History, Philosophy, and Therapeutic Paradigms and Applications
- **Practical Herbalism from the Renaissance: A Voyage with Culpeper**: 4.5 hours total: 3.5 hours Materia Medica, 1 hour History and Philosophy
- **Pronouncing Plant Names**: 3 hours total: 3 hours Botany and Plant Science
- **Psychological Herbal Assessment**: 26 hours total: 5 hours Clinical Experience, 13 hours Materia Medica, 3 hours Basic Human Sciences, 5 hours History, Philosophy, and Therapeutic Paradigms and Applications
- **Pulse Assessment**: 28 hours total: 28 hours Clinical experience
- **Pulse and Facial Assessment**: See individual topic
- **Respiratory System and Respiratory Immunity**: 15 hours total: 5 hours Materia Medica, 5 hours Basic Human Sciences, 5 hours Nutrition and Medical Terminology
- **What is Herbalism?**: 3 hours total: 3 hours History, Philosophy, and Therapeutic Paradigms and Applications
- **What the Extracellular Matrix Means in Therapeutic Terms**: 2.5 hours total: .75 Clinical Experience, 1.75 hours Basic Human Sciences

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