

Istituto Prosperius Fiesole

Rehabilitation Hospital and Outpatient Clinic
Fiesole, Tuscany, Italy

Istituto Prosperius Fiesole is a private rehabilitation facility currently offering primarily outpatient and some inpatient rehabilitation to neurological, orthopedic, and sports injury patients. It is located in Florence, Tuscany, in the northern central region of Italy. The facility is part of the Prosperius Group, which operates a sister facility in Umbertide, Italy. In addition to rehabilitation, there are medical, surgical, and diagnostic imaging services available within the facility.



Istituto Prosperius Fiesole – entrance facade

Istituto Prosperius, a physician group, was founded in 1973 by Prof. Dr. Mario Bigazzi after returning to Italy to continue his endocrinology research started at the University of Chicago. In the 45+ years of its existence, the Prosperius group has expanded to include a variety of medical, surgical, rehabilitation and diagnostic services.

The facility in Fiesole houses two operating rooms and an inpatient hospitalization unit with current capacity of 90 beds. Inpatient accommodations include double occupancy and private rooms to offer patients different levels of comfort.



Istituto Prosperius Fiesole – Surgical Suite

Physician clinics are serviced by a diagnostic laboratory and imaging services, including radiography, CAT, MRI, mammography, and dental cone beam CT. The Istituto is a research center and offers periodic medical and rehabilitation-oriented conferences to present its findings, as well as to explore current research in collaboration with other institutes and universities.

The Istituto's rehabilitation space is staffed to handle 100+ rehabilitation patient treatments daily, both inpatient and outpatient. There are more than 10,000 square feet of gym space and treatment booths.

Architecturally, the Istituto is designed to fit a human scale and to constitute a warm and welcoming environment.

Multiple therapists are available to serve as clinical instructors. All have at least a year's clinical experience and speak English. All have been trained in the use of the electronic Clinical Performance Instrument (CPI), and most have been certified as clinical education instructors in a course adapted by APTA-certified teachers.

The Istituto provides rehabilitation services for orthopedic patients with total joint replacement and those who have had traumatic injuries due to accidents and sports. Admitting patients immediately post-surgery, the orthopedic and sports rehabilitation services treat patients through to return to the highest level of function. A sports rehabilitation approach is employed when appropriate.



Istituto Prosperius Fiesole – Outpatient Clinic Gym

Neurological patients admitted to the Istituto include those with spinal cord injury, stroke, multiple sclerosis, parkinsonism, head trauma, and neurodegenerative diseases. A team model of care is employed. Members of the team include physicians (physiatry, neurology, and internal medicine), physical therapists, occupational therapists, speech/language pathologists, art therapists, psychologists, and social workers.



Istituto Prosperius Fiesole – Treatment Room

Individual treatment areas and a full orthopedic/sports gym are available for patients treated for all conditions from amputation to total joint replacement to extremity joint injury to mechanical back and neck pain.



Istituto Prosperius Fiesole – Exercise Gym

Based on promotional literature and interviews provided by:

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