

PRINCIPAL INSTRUCTOR

Jeffrey Despommier, OTR, OMS, CUA, ATP graduated from the Louisiana State University Health Sciences Center - Shreveport in 2008 with a master's degree in occupational therapy. During his career, he has consulted and assisted with bladder programs in the ICU, acute care, LTAC, SNF, inpatient rehab, outpatient and community rehab settings. He serves as a community liaison and volunteer for United Spinal Houston and is a leader in bowel and bladder rehabilitation. Jeffrey is also a certified Ostomy Management Specialist, a Certified Urologic Associate, an Assistive Technology Professional and has been a guest lecturer at spinal tumor conferences, cancer symposiums, universities and hospitals since 2010.



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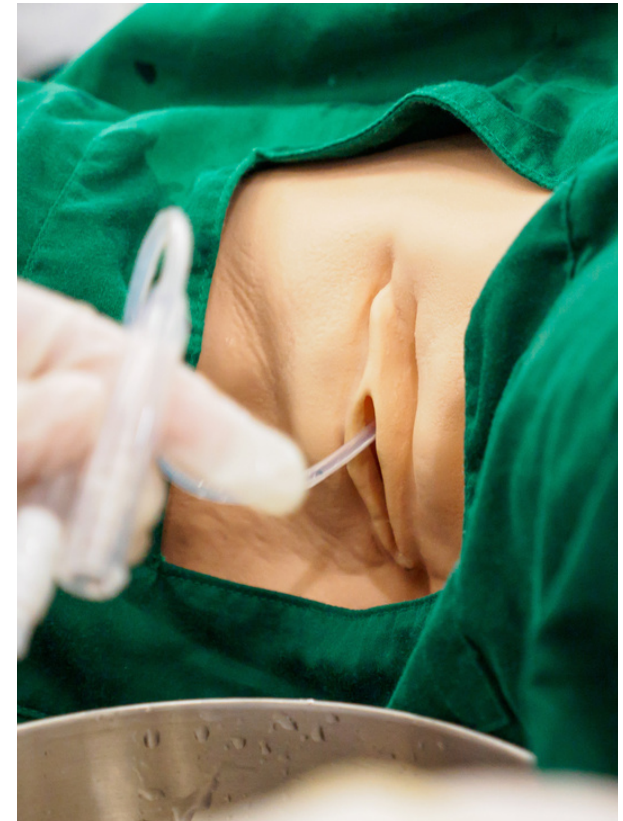
American
Occupational Therapy
Association

Approved Provider

If you require ADA accommodations, please contact AppleTreeCEU at least two weeks prior to the course so accommodations can be made.

Cancellation – Requests for cancellation for webinars offered in distance learning - independent formats must be received in writing within 24 hours of purchase. Requests will only be honored for attendees that have not advanced through the webinar more than 50 percent. If the cancellation is made after attendee has viewed more than 50 percent of the course, refunds will not be granted. Requests received in writing prior to completing 50 percent of the course will receive a refund, minus a \$3.00 administrative charge. If you register and do not attend, you are still responsible for payment. Provider has the right to cancel course offering at any time. If provider cancels, learner will receive 100% refund.

INTERMITTENT CATHETERIZATION FOR THE FEMALE PATIENT



OT,OTA, RN, LVN - Continuing Education

Upon successful completion of this course, attendees will learn all the techniques for maximizing safety and independence with intermittent catheterization for the female patient. The course will start by providing an overview of the anatomy and physiology as it relates to the urinary system. Attendees will learn about all the catheter types and clinical reasoning for each catheter. The course will cover both sterile and clean intermittent catheterization techniques as well as adaptive tools and strategies to increase their client's independence with bladder management.

OBJECTIVES

- Compare and contrast open and closed system catheters for female patients.
- List two strategies to identify the urethra for accurate insertion of a catheter.
- Summarize the steps for both clean and sterile intermittent catheterization for the female patient.
- Identify two modifications or assistive technology to assist female patients with learning to complete self intermittent catheterization.

CEU / CREDIT INFORMATION

Occupational Therapists & Occupational Therapy

Assistants: AppleTree CEU is an AOTA approved provider - Provider #0000000033. This course is seeking approval for 1.0 contact hour or 0.10 AOTA CEUs - Course ID 04419. This course contains beginner level content and falls under categories of OT Service Delivery and Foundational Knowledge.

The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Registered Nurses & Licensed Vocational Nurses:

AppleTree CEU, LLC is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. LSNA Provider No. 4003249. This activity provides 1.0 contact hour of credit.

Disclosures – Mr. Despommier and the nurse planner responsible for planning and developing the education have no relevant financial relationships to disclose.

COURSE SCHEDULE

11:30 am **Registration**

12:00-1:00 **Intermittent catheterization**

- Causes of urinary retention
- Anatomy and physiology of urinary system
- Interdisciplinary approach
- Therapy role

Catheter types

- Straight tip catheters
- Closed system catheters

Self intermittent catheterization

- Sterile and clean technique
- Assistive technology/adaptive tools

Course Completion Requirements –

To receive contact hours, you must attend the entire education, complete a post-test with a score of 80% or higher and completion of evaluation form.