



# Better than a Bowl

**Don't waste your dog's food by putting it in a bowl**

Use your dog's food to help them overcome fearfulness problems and build confidence, give them something to do when they're bored, or teach them to perform useful behaviors on cue, reliably and promptly!

*Here are just a few of the ways you can use food to train your dog:*

Settle Down on their Bed

Toss into their Crate

Puzzle Feeders

Sit on Cue

Stay

Hollow Chew Toys

Watch the World

Come

Collar Grabs

Shush

Snuffle Mats

Release an Object

Toss to Floor

Hug / Restrain

Chill in the Car



***If your dog needs training, don't feed them from a bowl***

If you feed your dog from a bowl, they will learn to take food for granted and it will be less useful when you try to use food in training.

Do you feed your dog raw or wet food? <https://dunbar.info/RawForTraining>