

# PUPPY BITING



## IS ESSENTIAL!

### BITE INHIBITION

Puppies bite a LOT and for good reason: To learn to ALWAYS be gentle when they put their teeth on other dogs or people.

#### How to Teach Bite Inhibition

Allow your pup to mouth and play-bite your hands and forearms **gently**.

If they ever bite so hard that it really hurts, **YELP** like you're an injured puppy and **FREEZE**



If **YELP + FREEZE** don't work...

Try **YELP + LEAVE**: Play with your pup in a puppy-proofed room or playpen so you can safely leave when they bite too hard. Return after 1 minute and lure Come and Sit several times in a row to reestablish control.



If your pup is getting worked up and you're getting frustrated, it's time for a break, for both of you.

Show them a food-stuffed chewtoy, say, "Go to your Crate", toss the toy in the crate, shut the door and say, "Settle Down."



# LURE REWARD TRAINING

**Level 1:** Hold a piece of your pup's food right in front of their nose. Move the food. Does their nose follow like a magnet? Tell them **GOOD PUP** and offer the food.

Lure your pup to Sit by moving food up and back, just over their muzzle.

**Nose goes up, butt goes down!**

Use your pup's regular food to lure them to Lie Down, Stand, Stay, Look at You, Come, Follow, and Go To.

**Level 2:** Pretend you are holding a piece of food. Lure your pup to Sit using an empty hand. When your pup sits, give an...

**Extra Tasty Treat from your Pocket!!!**

You just taught your pup that paying attention to your **EMPTY** hand can be **VERY** worthwhile.



**Don't limit rewards to food! Anything enjoyable can be a reward!**



Playtime, free-time, sofa-time, sniff-time, praise, toys, walks, chest-scratches, tummy-rubs... Take lots of short training breaks during a fun activity, and then use the return to fun as a reward!

# PUPPY TRAINING +SOCIALIZATION MADE EASY



When it comes to raising a puppy a little knowledge goes a long way!

The best time to learn how to raise a puppy is **BEFORE** you get your puppy but if you already have a puppy then the best time to learn is **RIGHT NOW!**

Prevent problems by teaching good habits from the very beginning. It's easy when you know how...



## SAFE SOCIALIZATION

Without proactive puppyhood socialization, many dogs become fearful and reactive during adolescence, even if they were friendly and confident as puppies!

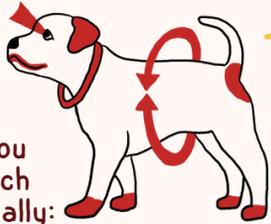


**100+ NEW PEOPLE**

**Introduce your pup to 100+ new and different people in the next few weeks.**

Invite lots of new people over every week and ask everyone to bring a friend!

## HOLDING + HANDLING



Handfeed your pup as you hold them and handle each part of their body, especially:

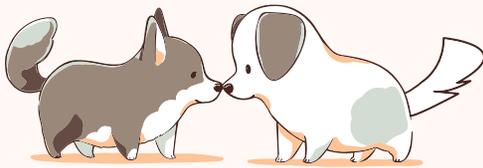
Ears, Mouth, Collar, Paws, Tail, Rear End, Hugging and Eye Contact. Practice until your pup is **HAPPY** to be handled by **EVERYONE** at home.

## THINGS + PLACES



Ask visitors to bring potentially scary objects. Carry, cart, or drive your pup to busy places. Introduce your pup to new people, places, and things and give your pup time to take it all in.

## OTHER DOGS



Register for **off-leash** puppy classes for dog-dog socialization (+ training!).



Keep your pup away from unvaccinated or unknown dogs and off public grounds until one week after their second set of vaccines.



## DON'T WASTE THEIR FOOD

**Don't feed from a food bowl!**

Instead use their food to:

- Feed by hand during training and handling
- Put food into hollow chew toys
- Put food-filled chew toys in their crate



## THE CRATE IS THE KEY!



**Teach your pup to LOVE their crate!**

This will make it much easier to:

- Potty train your pup
- Keep them safe and out of trouble
- Get them to settle down when you want
- Prevent Separation Anxiety



## FOOL-PROOF POTTY TRAINING

Keep your pup in a crate and every hour, take them to their toilet and say "Go Potty"

- If they go potty, PRAISE and reward them with high-value treats & playtime
- If they don't go, put them back in their crate. Try again in ½ an hour.

At all times, your puppy is:  
**EITHER IN THEIR CRATE  
OR CLOSELY SUPERVISED  
= ZERO HOUSESOILING MISTAKES**



THIS IS JUST THE BEGINNING...

LEARN MORE WITH OUR



**FREE ONLINE PUPPY TRAINING COURSE**

**& FREE EBOOKS**



**DUNBAR ACADEMY**

Get instant access to detailed video lessons and step-by-step instructions about all of the topics covered in this pamphlet:

[dunbar.info/puppies](http://dunbar.info/puppies)

or SCAN this QR CODE



Download **4 Free eBooks** by world-renowned puppy training expert, **Dr. Ian Dunbar**, with clear instructions for housetraining, socialization, puppy biting, and much more!

Use our **Puppy Class Directory** to look for a puppy class in your area. Puppy classes make training and socialization fun, easy, and super effective!



Contact us at: [info@dunbaracademy.com](mailto:info@dunbaracademy.com)