

Layperson Naloxone (NARCAN) Administration

How to Recognize and Respond to
an Opioid Overdose



Course Overview

Participants will learn steps to prevent an opioid overdose, how to recognize the signs and symptoms of an opioid overdose, information about naloxone and how it works, how to administer intranasal and intramuscular naloxone, and what to expect after administration. Also includes a brief review of the opioid health crisis current conditions and trends, naloxone laws, and how to access naloxone.

This course is for laypersons which includes, but not limited to: businesses, organizations, community members, correctional facilities, educators, faith groups, government, health care professionals, parents and caregivers, pharmacies, school nurses, senior living facilities, sober living communities, treatment and recovery centers, etc.

What People Are Saying

"I now feel confident in my ability to help someone that is undergoing an opioid overdose. I am thankful that this course worked to eliminate stigma surrounding opioid use and addiction."

- Recognize the signs of an opioid overdose.
- Demonstrate how to administer the opioid overdose reversal drug Naloxone.
- Discuss the role of harm reduction in the overall opioid public health crisis solutions / action plan / strategy.
- List a minimum of three overdose prevention tips for people who use drugs (PWUD).

"The prevention and solution information and tips the course provided will allow me, as a health professional, perform a better job for our community."

"The course helped me understand when someone is having or had an overdose and how I can help them until 911 arrives. I learned that early intervention with naloxone whenever possible is one of the best things you can do."

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Course Outline

- I. Brief Review of the Disease of Addiction
- II. Opioid Overview
 - A. The Opioid Family of Drugs
 - B. Tips to Reduce Prescription Opioid Risks
 - C. Fentanyl 101, Exposure Risks, Safety / PPE
 - D. Xylazine Presence in Drug Supply and Overdose Effects
- III. The Overdose Public Health Crisis
 - A. Data, Trends, Impact
- IV. Harm Reduction and Overdose Prevention
 - A. Harm Reduction Definition and Strategies
 - B. Overdose Prevention Tips for People Who Use Drugs
 - C. Fentanyl Test Strips
 - D. Who is at Risk of an Overdose
- V. Naloxone Overview
 - A. What is Naloxone, Naloxone Administration Devices
 - B. Naloxone Safety Considerations
 - C. How Opioids Affect the Central Nervous System
 - D. How Naloxone Stops an Overdose
 - E. Naloxone Myths and Studies
- VI. Opioid Overdose Signs and Naloxone Administration
 - A. Opioid Overdose Progression
 - B. Opioid Overdose Signs and Symptoms
 - C. Intranasal Naloxone Administration
 - B. Intramuscular Naloxone Administration
 - C. What to Expect Following Administration
 - D. General Naloxone Information and FAQ
- VII. Naloxone Laws and Access
- VIII. Other Opioid Health Crisis Best Practices and Solutions

Looking for a Youth Opioid Prevention Program?

Learn about This is Not About Drugs Opioids (TINAD), a youth education program that addresses youth substance use with an emphasis on opioids (prescription, fentanyl, and heroin). Contact us at email/phone number below.

Course Reviewers

The course material has been reviewed by subject matter expert: Carl A. Rochelle, Nationally Registered Paramedic (NRP) and Brad Ray, Ph.D. Assistant Professor, School of Public and Environmental Affairs, Indiana University-Purdue University, Indianapolis, IN.

CE Credit and Certificate Program

In partnership with Purdue University College of Pharmacy, Office of Continuing Education, Overdose Lifeline offers continuing education online courses for clinicians and professionals and a 20 credit professional certificate program on Addiction / Substance Use Disorder with an Opioid Specialization.

This online course meets the following CE accreditations: Accreditation Council for Pharmacy Education (ACPE), Accreditation Council for Continuing Medical Education (ACCME), American Nurses Credentialing Center (ANCC), and Other, AMA PRA Category 1 Credit(s)[™] (ACCME) which will service all other clinical, professional, and layperson credits.

Law Enforcement: As an approved Law Enforcement Training Board training provider (#47-1333720), Overdose Lifeline online training courses meet annual in-service training requirements for Indiana Law Enforcement officers and support personnel.

Online Course 1.5 CE Credits

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