

Removing the Shame and Stigma of Substance Use Disorder



Course Overview

In this course you will learn about the effects of shame and stigma on the individuals, families, caregivers, and communities impacted by the disease of addiction. The course will review the consequences of shame and stigma associated with the disease of addiction, why addiction is stigmatized within society, and solutions to address shame and stigma.

Participants will gain an understanding of the effect stigma has on the individual with substance use disorder and how it creates barriers to getting help through first-hand experiences and situations.

What People Are Saying

"In the past when I thought about stigma and addiction, I typically thought about how another person (family member, neighbor) stigmatize someone with this disease. I now have a better understanding of how stigma from other areas of one's life (medical communities, law enforcement, etc.) affects someone with this disease."

→ Discuss the role of stigma & its effect on substance use disorder. How stigma inhibits people from achieving long-term wellness & recovery.

→ Explain: Impact of shame & stigma on the individual & family/caregivers. The consequences of experienced stigma & shame & the impact on recovery, setback (relapse), & other social & health factors.

→ Examine and Eliminate: Judgements & negative attitudes towards individuals suffering from the disease. Assumptions & negative preconceived notions of the disease & the individual. Stigma by association towards family/caregivers & addiction professionals.

→ Demonstrate: Stigma-free language. Advocacy toolkit for elimination/ removal of stigma.

"I have never thought of shopping, materialistic items as a comparison to fill a void to make one feel better. Excellent comparison to bridge that gap and find commonality."

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Online Course Meets DEA MATE Act Training Requirements

Course Outline

- I. Brief Review of the Science of Addiction
- II. What is Stigma?
 - a. Definition
 - b. Stigma Examples
 - c. Factors that Influence Stigma
 - d. Types of Stigma
- III. How and Why do we Stigmatize?
 - a. Applying Socio-Ecological Model to Stigma
 - b. Stigma and Discrimination
 - c. Labeling Theory
 - d. Criminalization of Drugs
 - e. Setback (Relapse)
 - f. Moral Failing Belief
 - g. Self-Fulfilling Prophecy
- IV. Assumptions and Preconceived Notions
- V. Examples of Stigma in Medical Disease/Conditions
- VI. Impact of Shame and Stigma
 - a. Effects and Sources of Stigma
 - b. Impact on the Individual
 - c. Impact on the Family/caregivers
 - d. Addiction Professionals Stigma
 - e. Healthcare System Stigma
 - f. Pharmacy Stigma
 - g. Criminal Justice System Stigma
- VII. Solutions
 - a. Education
 - b. Language
 - c. Harm Reduction
 - d. Policy & Laws
 - e. Treatment Access / Continuation of Care
 - f. Innovative Programs
- VIII. Toolkit

Online Course 3.0 CE Credits

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Virtual Group Training

We bring the training to you. Virtual sessions are available for groups of five or more and can be tailored to meet your organization's needs. Contact us to learn more or request a custom quote.

Course Reviewers

The course material has been reviewed by subject matter expert: Morgan Gliedman, Vice President, Education and Engagement, Addiction Policy Forum.

CE Credit and Certificate Program

In partnership with Purdue University College of Pharmacy, Office of Continuing Education, Overdose Lifeline offers continuing education online courses for clinicians and professionals and a 20 credit professional certificate program on Addiction / Substance Use Disorder with an Opioid Specialization.

The course meets the following CE accreditations: Accreditation Council for Pharmacy Education (ACPE), Accreditation Council for Continuing Medical Education (ACCME), American Nurses Credentialing Center (ANCC), and Other, AMA PRA Category 1 Credit(s)[™] (ACCME) which will service all other clinical, professional, and layperson credits.

Law Enforcement: As an approved Law Enforcement Training Board training provider (#47-1333720), Overdose Lifeline online training courses meet annual in-service training requirements for Indiana Law Enforcement officers and support personnel.



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