

Medication- Assisted Treatment (MAT/MOUD)

Understanding medications for
opioid use disorder as a part of
comprehensive recovery treatment



Course Overview

In this course, you will explore the role that medications for opioid use disorder (MOUD)—historically referred to as Medication-Assisted Treatment (MAT)—play in the effective treatment and recovery process for individuals with opioid use disorder (OUD).

The course provides a foundational understanding of MOUD, including the types of FDA-approved medications used in treatment, common myths and controversies surrounding their use, and the evidence supporting MOUD as a critical component of addiction care.

"The training was helpful in outlining the difference between the three MOUD medications, when to use each medication, how to choose the options of medication for SUD, for example a patient being a "candidate for medication" does not qualify them for only buprenorphine."



Discuss: Medication and the role it plays in treatment of Opioid Use Disorders (OUD). The 3 most common medications: methadone, buprenorphine, and naltrexone.



Explain why medication is critical in the fight against OUDs and why it is a model of chronic care management. How each medication works in the brain.



Discuss myths and controversy associated with medication for opioid use disorder.



Identify: Three medications used for opioid use disorder the characteristics of each medication, and the type of client each may be best for. Other clinical activities to use in conjunction with these medications.



Explain how medication fits into larger continuum of professional treatment using the NIDA principles of effective treatment. Basic laws and regulations surrounding the use of medication for opioid use disorder.

Medication-Assisted Treatment / Medication for Opioid Use Disorder

Online Course Meets DEA MATE Act Training Requirements

Course Outline

- I. Overview of Medication-Assisted Treatment (MAT)
 - A. What is Medication-Assisted Treatment
 - B. Types of medications used in MAT
 - C. Why MAT critical for some individuals
 - D. Overview of harm reduction strategy
 - E. Overview of the chronic disease model vs acute disease model
 - F. Proven outcomes of MAT
- II. Myths and Misunderstandings about Medication-Assisted Treatment
 - A. Attitudes toward MAT
 - B. Discussion of MAT as taking addictive substances
 - C. MAT vs Abstinence
 - D. Are we substituting one problem for another?
 - E. MAT and its relationship to stigma
 - F. Is medication alone enough in recovery
- III. Types of Medication-Assisted Treatment
 - A. Methadone
 - B. Buprenorphine
 - C. Naltrexone
- IV. MAT and Continuum of Care for Opioid Use Disorder (OUD)
 - A. Principles of Effective Treatment
- V. Summary and Resources

Course Author

The course has been authored by Dean Babcock who received his Bachelor of Science degree in Public Affairs and Master of Social Work degree from Indiana University. He is a Licensed Clinical Social Worker and Licensed Clinical Addiction Counselor, and has spent his professional career working in health care and mental health care systems in the Indianapolis area. Dean is a published author on numerous research publications and gives lectures and trainings both locally and nationally related to evidence-based practices in addiction treatment.

CE Credit and Certificate Program

In partnership with Purdue University College of Pharmacy, Office of Continuing Education, Overdose Lifeline offers continuing education online courses for clinicians and professionals and a 20 credit professional certificate program on Addiction / Substance Use Disorder with an Opioid Specialization.

The course meets the following CE accreditations: Accreditation Council for Pharmacy Education (ACPE), Accreditation Council for Continuing Medical Education (ACCME), American Nurses Credentialing Center (ANCC), and Other, *AMA PRA Category 1 Credit(s)*[™] (ACCME) which will service all other clinical, professional, and layperson credits.

Law Enforcement: As an approved Law Enforcement Training Board training provider (#47-1333720), Overdose Lifeline online training courses meet annual in-service training requirements for Indiana Law Enforcement officers and support personnel.

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