

# Removing the Shame and Stigma of SUD



## Course Overview

In this course you will learn about the effects of shame and stigma on the individuals, families, caregivers, and communities impacted by the disease of addiction. The course will review the consequences of shame and stigma associated with the disease of addiction, why addiction is stigmatized within society, and solutions to address shame and stigma.

Participants will gain an understanding of the effect stigma has on the individual with substance use disorder and how it creates barriers to getting help through first-hand experiences and situations.

## What People Are Saying

"In the past when I thought about stigma and addiction, I typically thought about how another person (family member, neighbor) stigmatize someone with this disease. I now have a better understanding of how stigma from other areas of one's life (medical communities, law enforcement, etc.) affects someone with this disease and creates a barrier for recovery."

- Discuss the role of stigma & its effect on substance use disorder. How stigma inhibits people from achieving long-term wellness & recovery.  
  
Explain: Impact of shame & stigma on the individual & family/caregivers. The consequences of experienced stigma & shame & the impact on recovery, setback (relapse), & other social & health factors.
- Examine and Eliminate: Judgements & negative attitudes towards individuals suffering from the disease. Assumptions & negative preconceived notions of the disease & the individual. Stigma by association towards family/caregivers & addiction professionals.
- Demonstrate: Stigma-free language. Advocacy toolkit for elimination/ removal of stigma.

"I was able to identify my own bias which contributes to stigma and ways that I can change through language and further education on SUD -which was limited in my formal education."

# Removing the Shame and Stigma of Substance Use Disorder (RSS-SUD)

## Online Course Meets DEA Provider MATE Act Training Content Requirements

### Course Outline

- I. Brief Review of the Science of Addiction
- II. What is Stigma?
  - a. Definition
  - b. Stigma Examples
  - c. Factors that Influence Stigma
  - d. Types of Stigma
- III. How do we / Why do we Stigmatize?
  - a. Applying Socio-Ecological Model to Stigma
  - b. Stigma and Discrimination
  - c. Labeling Theory
  - d. Criminalized
  - e. Setback (Relapse)
  - f. Moral Failing Belief
  - g. Self-Fulfilling Prophecy, Effect on Self-Esteem
- IV. Examples of Stigma in Medical Disease/Conditions
- V. Impact of Shame and Stigma
  - a. Effects and Sources of Stigma
  - b. Impact on the Individual
  - b. Impact on the Family/caregivers
  - c. Addiction Professionals Stigma
  - d. Healthcare System Stigma
  - e. Pharmacy Stigma
  - f. Criminal Justice System Stigma
- VI. Solutions
  - a. Education
  - b. Language
  - c. Harm Reduction
  - d. Policy & Laws
  - e. Innovative Programs
  - f. Treatment Access / Continuation of Care
- VII. Toolkit

### Course Reviewers

The course material has been reviewed by subject matter expert: Morgan Gliedman, Vice President, Education and Engagement, Addiction Policy Forum.

### CE Credit and Certificate Program

In partnership with Purdue University College of Pharmacy, Office of Continuing Education, Overdose Lifeline has developed layperson and clinician CE courses and 20 credit professional certificate program on Addiction / Substance Use Disorder with an Opioid Specialization.

The course meets the following CE accreditations: Accreditation Council for Pharmacy Education (ACPE), Accreditation Council for Continuing Medical Education (ACCME), American Nurses Credentialing Center (ANCC), and Other, AMA PRA Category 1 Credit(s)<sup>™</sup> (ACCME) which will service all other clinical and layperson credits.

Law Enforcement: As an approved Law Enforcement Training Board training provider (#47-1333720), Overdose Lifeline online training courses meet annual in-service training requirements for Indiana Law Enforcement officers and support personnel.

### Online CE Course

#### 3.0 CE credits, \$45/person

Online, self-paced continuing education. This course meets the MATE Act training content requirements, delivering 3 of the 8 credit hours required.

### Onsite and Virtual Training

Onsite and virtual training available for groups of five or more. Contact us for more information and a custom quote.

### Trainer Program

Get certified to deliver the course within your community.

Program materials are provided for onsite and virtual / webinar settings. Includes: Presentation PowerPoint with trainer notes and complete script. Multiple versions for different training lengths and customizable. Attendee pre-post survey, handouts, breakout activities, poll questions, certificate of attendance, customizable flyers, and more.

#### Training Fee: \$240/person

One prerequisite course, program training, and trainer's kit

#### Individual License Fee: \$200/person

Access for one trainer. Annual renewal.

#### Group Program License Fee: \$400/per group

Access for two or more trainers within an organization. Annual renewal.

*Examples:*

*\$440 for one trainer (\$240 + \$200)*

*\$1,120 for three trainers (\$240 X 3 + \$400)*



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Have Questions?

Email [training@overdoselifeline.org](mailto:training@overdoselifeline.org)

Call 844-554-3354 ext 4