



2026

Event List

January '26						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February '26						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March '26						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Book Club
Practice Lab
Workshop
Practice Lab

Mon, Jan 05 @ 10-11 AM ET
Thu, Jan 15 @ 10 AM-12 PM ET
Tue, Jan 27 @ 6-8 PM ET
Sat, Feb 07 @ 3-5 PM ET

Burnout (Nagoshi, 2019)

Boundaries & Energy

One-Day Intensive* Sat, Feb 21 @ 9 AM-3 PM ET

TBD

Book Club
Practice Lab
Workshop
Practice Lab

Thu, Mar 05 @ 12-1 PM ET
Mon, Mar 09 @ 6:30-8:30 PM ET
Sat, Mar 21 @ 10 AM-12 PM ET
Sat, Apr 18 @ 3-5 PM ET

Flow (Csikszentmihalyi, 1990)

Energy Mapping for Coaches

April '26						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May '26						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June '26						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Book Club
Workshop
Practice Lab
Workshop
Practice Lab

Sun, Apr 26 @ 6-7 PM ET
Thu, Apr 30 @ 10 AM-12 PM ET
Wed, May 06 @ 10 AM-12 PM ET
Tue, May 19 @ 6-8 PM ET
Sat, May 30 @ 3-5 PM ET

Positive Intelligence (Chamaine, 2012)

The Whole-Person Goal Clinic

Recording, Reviewing & Reflecting

Two-Day Intensive** Sat, Jun 13 @ 9 AM-3 PM ET

TBD

Sun, Jun 14 @ 9 AM-3 PM ET

Book Club
Practice Lab
Workshop

Mon, Jul 06 @ 10-11 AM ET
Wed, Jul 15 @ 6:30-8:30 PM ET
Sat, Jul 18 @ 10 AM-12 PM ET

Rest (Soojung-Kim Pang, 2016)

The Art of Asking Better Questions

One-Day Intensive* Sat, Aug 15 @ 9 AM-3 PM ET

TBD

Practice Lab
Book Club
Practice Lab
Workshop
Practice Lab

Wed, Aug 26 @ 10 AM-12 PM ET
Thu, Sep 10 @ 12-1 PM ET
Wed, Sep 23 @ 6:30-8:30 PM ET
Sat, Sep 26 @ 10 AM-12 PM ET
Sat, Oct 10 @ 3-5 PM ET

The Gifts of Imperfection (Brown, 2010)

Boundaries in Coaching Relationships

Book Club
Workshop

Sun, Oct 18 @ 6-7 PM ET
Tue, Oct 27 @ 6-8 PM ET

Thinking, Fast and Slow (Kahneman, 2011)

Coaching Through Complexity

Two-Day Intensive** Sat, Nov 14 @ 9 AM-3 PM ET

TBD

Sun, Nov 15 @ 9 AM-3 PM ET

Book Club
Practice Lab
Workshop

Mon, Dec 07 @ 10-11 AM ET
Thu, Dec 17 @ 6:30-8:30 PM ET
Sat, Dec 19 @ 10 AM-12 PM ET

Atomic Habits (Clear, 2018)

Designing a Coaching Habit Tracker

July '26						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August '26						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September '26						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October '26						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November '26						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December '26						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

*One-Day Intensive | Sat = 9AM Book Club → 10AM Workshop → 1PM Practice Lab

**Two-Day Intensive | Sat & Sun = 9AM Book Club → 10AM Workshop → 1PM Practice Lab

