

## Cerebral Palsy Fact Sheet

Cerebral Palsy (CP) is a group of disorders that affect a person's ability to move and maintain balance and posture. CP is the most common physical disability in childhood (CDC, 2022).

### Below are some facts about Cerebral Palsy (CP) from the CDC (2022):

- Cerebral palsy can affect different parts of the body.
- About 1 in 345 children has been identified with CP.
- CP is more common among boys than girls, and more common among black children than among white children.
- Most (about 75%~85%) children with CP have spastic CP. This means that their muscles are stiff.
- Over half (about 50~60%) of children with CP can walk independently.
- Many children with CP have one or more additional conditions or diseases along with their CP, known as co-occurring conditions (such as epilepsy or ASD).
- Most CP is related to brain damage that happened before or during birth and it is called congenital CP.

