



LIFEBUILDERS COUNSELING SERVICES INSTITUTE

Module D: The Study of Professional Biblical Coaching

SYLLABUS

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KEY SCRIPTURES: Proverbs 15:22, Isaiah 9:6, John 14:26

Welcome to Module D. Lifebuilders Counseling Services Institute's goal through these four lessons is to emphasize the importance of applying God's Word as you become a qualified Biblical Coach who is called by God to meet people's needs using professional Biblical principles that God has already provided in His Word.

HOW TO GET THE MOST OUT OF YOUR STUDIES

Be sure to read this syllabus completely, to familiarize yourself with the **Module D** recommended readings, videos and resources. We recommend that you print each workbook to answer questions and to keep your notes in one place. If you are not able to print the workbook, be sure to purchase a notebook to record your answers and notes. As you progress through your studies write questions you may have, including notes on various readings and information presented that you want to retain. As you advance through this module, pray, reflect and hear what God says about the types of problems He wants you to help your clients resolve, be sure to read additional articles and purchase books that will further equip you for that particular field.

This module will require you to have working knowledge of APA 7th edition writing style as your learning activities will require you to apply your knowledge. Active engagement in your own learning, attention to every detail of your coursework, and in the activities assigned will enhance your learning, retention of what you've learned and heighten your level of professionalism. Finally, when you need to discuss or clarify any segments, be sure to contact your Success Coach.

WHAT TO EXPECT

Module D is packed with valuable information that will equip you to effectively assist your clients navigate life experiences and roadblocks to reach their goals. Once you have completed the four lessons, you will take a comprehensive quiz, then you will sign the acknowledgement of the Code of Ethical Standards. Your learning activities entail writing a synopsis of Lessons D601 to D604, creating three mock coaching sessions which will detail hypothetical coaching stages, and creating a multi-rater assessment. When you've completed the multi-rater assessment, you will write a six-page literature review about Procrastination or Self-Regulation, following APA writing guidelines for students. Once you've completed your literature review you will watch four videos and write a half page review of your takeaways for each video. **Finally, you will complete the program survey and prepare to advance to Module E, your supervised counseling module.**

Be sure to follow the writing guidelines LCSI has provided for all written assignments and remember you should apply APA writing style for each assignment. Refer to the resource links below which should help guide you through your writing assignments.

OVERVIEW OF COURSE REQUIREMENTS

1. A score of 80% or better on quizzes
2. A score of 80% or better on written critiques of video and audio lessons
3. A score of 80% or better for all other written assignments to demonstrate your understanding of theories and treatment plans to counsel and coach a client
4. Module E practicum signed off by your supervisor
5. Signed Acknowledgements of Ethical Standards
6. Tuition fees paid in full

RECOMMENDED RESOURCES

1. Holy Bible: King James and Amplified Versions
2. Concordance
3. Bible Dictionary
4. Regular Dictionary
5. DSM-5 (Diagnostic and Statistical Manual of Mental Disorders)
 - a. Books and workbooks are available for various ages.
6. Google Scholar (online article search)
7. APAstyle.apa.org (writing help) **Paper Format**, **Reference Examples**
8. Owl.Purdue.edu/owl (writing help)
9. YouTube (How to_____)

PLANNED LEARNING OUTCOMES

Course Goals and Objectives
Goal 1: To train you to be a LCSI Professional Biblical Counselor and Coach who has the wisdom to exalt the importance of Biblical faith, knowledge and understanding, in order to improve the human condition.
Goal 2: To provide you with a LCSI Faith-Based Biblical counseling orientation. This is important for you to have a viable alternative to the limitations of secular theoretical orientations.
Goal 3: To expand the realms available for you to assess, diagnose and clinically treat clients. The LCSI Faith-Based Biblical counseling orientation allows you to utilize not only resources in the Natural (seen) realm but also the resources in the Spiritual (unseen) realm, where the root of most human problems hides. The Faith-Based Biblical orientation also expands the possibility for longer-lasting improvement for clients' thought processes and behavior.
Goal 4: To teach you not only how to incorporate LCSI Faith-Based Biblical principles in counseling but also how to apply them to help your clients overcome challenges.
Goal 5: To increase the reservoir of resources and tools for treatment from limited to unlimited by adding Faith-Based Biblical promises and principles (laws) that pertain to life and godliness according to (1 Peter 1: 1-11) .

ADDITIONAL RESOURCES

LCSI believes it is wise to utilize the wealth of thoroughly researched effective secular orientations. We believe this is a blessing because the Word of God tells us that the wealth of the sinner is laid up for the just. When our Lord sends blessings to us, we should be wise enough to accept them and use them; just like He gave the unearned promised land to the Israelites, simply because He chose to bless them **(Genesis 15:7,18-20; Ecclesiastes 2:26; Proverbs 10:22, 13:22)**.

In addition to researching effective secular orientations, LCSI has provided additional resources such as a PowerPoint handout and videos for you to view. It is expected that you will review all of the resources and seek to find additional resources such as books, articles and videos that apply to each topic. Please be sure that articles you record in your notebook are scholarly articles which can be found on www.scholar.google.com. Your writing activities will demonstrate that you have reviewed these materials carefully and understand the concepts presented.

ACKNOWLEDGEMENT OF ETHICAL STANDARDS

Read the entire Code of Ethics for Professional Biblical Coaches. Be sure to file the Code of Ethics in your notebook for future reference. After reviewing the Code of Ethics and fully understanding what your responsibilities are as a Professional Biblical Coach, sign the document.

THE QUIZ

Module D consists of one comprehensive quiz consisting of 20 questions covering all four lessons. The quizzes contain multiple-choice and true or false questions. Your quiz is graded on a point system, which means each question is worth 5 points

WRITING ASSIGNMENTS

You will have ten writing assignments for **Module D**. **One** synopsis of Lessons D601 to D604, **three** hypothetical coaching sessions, **one** multi-rater assessment, **one** six-page literature review and **four** half page reviews of YouTube videos.

SYNOPSIS OF LESSONS D601 TO D604

You will write a brief synopsis of what you have learned from each Workbook Lesson. Guidelines and a sample are provided for you.

THREE HYPOTHETICAL COACHING SESSIONS

When you have completed workbooks Lessons D601 to D604, be sure to review the lessons again and take good notes. When you are sure you understand the content of the lessons, and have every question answered by your Success Coach, you should begin writing your hypothetical coaching sessions. For this assignment, you will reflect on areas you intend to specialize in. What types of goals do you intend to assist your clients achieve? APA style of writing will not be required for this assignment. See Hypothetical Coaching guidelines for this assignment.

MULTI-RATER ASSESSMENT

You will create a simple version of a multi-rater assessment. This skill may come in handy if you are evaluating team leaders by collecting information from their team members. Learning this skill will broaden your understanding of how assessments are developed and the kinds of information you need to gather to do a thorough analysis. APA writing style will not be required for this assignment.

SIX-PAGE LITERATURE REVIEW

Rest assured, you will be provided with literature review guidelines and a sample literature review. This writing assignment requires an APA style of writing and involves you reading scholarly articles and a newspaper article that have already been selected for you. A guideline of a sample of APA writing style, and a sample literature review are provided for you.

VIDEOS REVIEWS

You will watch four videos. Once you've finished watching each video, you will write a half page review for each video, following the guidelines provided. Two videos are about coaching sessions and two are about emotional intelligence.

GRADING

Your writing assignments will be graded based on good grammar, organization, sentence structure, spelling and vocabulary drawn from **Module D** content. Your critique should be organized, and content should clearly communicate what you've learned. Review the grading rubric below.

WRITING RUBRIC

	Exemplary/No Revisions	Minor Revisions Needed	Major Revisions Needed
Grammar 20%	Free of grammatical errors	Some Grammatical errors	Frequent errors
Organization 20%	Shows clear logical order with appropriate transitions	Lacks appropriate transitions	Disorganized and confusing
Sentence Structure 20%	Proper language; verbs, tense usage and well formatted paragraphs	Some language errors but well formatted	Occasional vagueness
Spelling 20%	No spelling errors	Some spelling errors	Excessive spelling errors
Vocabulary 20%	Professional level of vocabulary and usage	Some errors	Lacking variety

EXPECTATIONS

LCSI expects you to contact your Success Coach whenever you have a question or need clarification using whichever method of communication agreed by you and your coach. As a professional, you are expected to read books and additional articles pertaining to types of coaching clients seek. You will find that as you search for articles and books, more resources will be brought to your attention.

Hint: Check the reference lists at the end of each book and article for additional resources.

We expect you to adhere to honesty pertaining to your academic writing activities. These include but are not limited to **avoiding**:

- 1) direct plagiarism; misrepresentation of material source as your own effort,
- 2) self-plagiarism; submitting your own work you've submitted for another course
- 3) submitting any retrieved information as your own effort

Note: All articles and books and other resources that you include in your writing activities must be cited properly within the text and listed at the end of your writing activities under references. You must add a reference section to your writing activities in this case.

PROFESSIONALISM

All written work must be of professional quality. All written work must indicate you as the originator of the work and be keyed using a computer. Handwritten work will not be accepted. Some writing assignments for this module are to be written using APA writing format, using the 7th edition of APA style format. You can obtain this information from Recommended Resources listed on the syllabus.

LENGTH OF CERTIFICATE PROGRAM

Keep in mind the timeline for you to complete 16 Workbook Lessons is one year from your start date. Pace yourself and manage your time for each module accordingly. Remember the program is progressive, which means you are required to complete each module before progressing to the next module. Once you have completed Modules A to D you will begin your required practicum, which is your field supervision Module E. You will have one year to complete your practicum from the date you begin Module E.

ADDITIONAL RESOURCES

Gary R. Collins. *Helping others turn potential into reality Christian coaching*. NavPress. 2002.

Logan, R. E. & Reineck, G. B. (2022). *Christian coaching essentials: A quick start guide to empowering others*. Logan Leadership.

Tony Stoltzfus. *Christian life coaching calling and destiny discovery tools for Christian life coaching handbook*. Coach 22. 2009.

If you have any questions, please do not hesitate to contact the institute at:

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