



# LIFEBUILDERS COUNSELING SERVICES INSTITUTE

## Module B: The Study of Developmental Theories from a Biblical Perspective

### SYLLABUS

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**KEY SCRIPTURES:** Psalms 139:1-18; 1 John 2:12-14;  
2 Peter 3:18; 2 Corinthians 3:18

Welcome to **Module B**. Lifebuilders' Counseling Services Institute's goal through this next set of four lessons is to equip you with foundational knowledge of human growth and development from a faith-based Biblical perspective. This module provides relevant information that will help you and your clients understand how individuals learn to function in life through various stages of growth and development, and how to improve well-being at any age. Understanding through exploring life experiences brings a heightened level of awareness like never before. You will also learn how to measure Christian growth and progress to effectively do the same with your clients.

### HOW TO GET THE MOST OUT OF YOUR STUDIES

Be sure to read this syllabus completely, to familiarize yourself with the recommended **Module B** readings, videos and resources. A few scriptural meditations have been added throughout these workbook lessons for your reference and edification. Give yourself time to **meditate** on God's Word, and **pray** for understanding, revelation knowledge, and wisdom, then **reflect** on how His Word applies to you, and your future clients, and finally **allow** Him to minister to your needs.

We recommend that you print each workbook to answer questions and to keep your notes in one place. If you are not able to print the workbook, be sure to purchase a notebook for your answers, notes and questions. As you progress through your studies write questions you may have, including notes on various readings and information presented that you want to retain. As you meditate, pray, reflect and hear what God says about where He wants you to focus your field of interest. He will use you to help your clients resolve their issues, so purchase books that will further equip you to address issues in that field.

Remember to become familiar with APA 7<sup>th</sup> edition writing style because the learning activities will gradually require you to improve your writing skills. Active engagement in

your own learning, attention to every detail of your coursework, and in the learning activities assigned will enhance your learning, retention of what you've learned and heighten your level of professionalism. Finally, when you need to discuss or clarify any segments, do not hesitate to contact your Success Coach.

## WHAT TO EXPECT

Each of the four workbook lessons in **Module B**, has questions for you to answer. Once you've answered the questions presented in each workbook lesson, you will take a quiz for that lesson. This process will be repeated as you complete each lesson. Once you've completed the four lessons and the final quiz, you will begin the learning activities which involve you listening to a series of audios and writing a three-page critique on the subject, *Developing Dynamic Relationships from a Biblical Perspective*. Be sure to follow along with the PowerPoint presentation we've provided to enhance your learning.

Your second and third learning activity entails viewing two YouTube videos and writing a one-page review for each. The videos will cover Erikson's Stages of Development and Attachment Theories. Before you begin your written critique, you should read over the critique guidelines and review the sample critique.

## OVERVIEW OF COURSE REQUIREMENTS

1. A score of 80% or better on quizzes
2. A score of 80% or better on written critiques of video and audio lessons
3. A score of 80% or better for all other written assignments to demonstrate your understanding of theories and treatment plans for your clients
4. Module E practicum signed off by your supervisor
5. Signed Acknowledgements of Ethical Standards
6. Tuition fees paid in full

## RECOMMENDED RESOURCES

1. Holy Bible: King James and Amplified Versions
2. Concordance
3. Bible Dictionary
4. Regular Dictionary
5. Google Scholar (online article search)
6. APAstyle.apa.org (writing help) **Paper Format**, **Reference Examples**
7. Owl.Purdue.edu/owl (writing help)
8. YouTube (How to\_\_\_\_\_) (writing help)

## LEARNING OUTCOMES

Course Goals and Objectives
<b>Goal 1:</b> To train you to be a LCSI Professional Biblical Counselor and Coach who has the wisdom to exalt the importance of Biblical faith, knowledge and understanding, in order to improve the human condition.
<b>Goal 2:</b> To provide you with a LCSI Faith-Based Biblical counseling orientation. This is important for you to have a viable alternative to the limitations of secular theoretical orientations.
<b>Goal 3:</b> To expand the realms available for you to assess, diagnose and clinically treat clients. The LCSI Faith-Based Biblical counseling orientation allows you to utilize not only resources in the Natural (seen) realm but also the resources in the Spiritual (unseen) realm, where the root of most human problems hides. The Faith-Based Biblical orientation also expands the possibility for longer-lasting improvement for clients' thought processes and behavior.
<b>Goal 4:</b> To teach you not only how to incorporate LCSI Faith-Based Biblical principles in counseling but also how to apply them to help your clients overcome challenges.
<b>Goal 5:</b> To increase the reservoir of resources and tools for treatment from limited to unlimited by adding Faith-Based Biblical promises and principles (laws) that pertain to life and godliness according to <b>(1 Peter 1: 1-11)</b> .

## ADDITIONAL RESOURCES

LCSI believes it is wise to utilize the wealth of thoroughly researched effective secular orientations in psychology. We believe this is a blessing because the Word of God tells us that the wealth of the sinner is laid up for the just. When our Lord sends blessings to us, we should be wise enough to accept them and use them; just like He gave the unearned promised land to the Israelites, simply because He chose to bless them (**Genesis 15:7,18-20; Ecclesiastes 2:26; Proverbs 10:22, 13:22**).

Additional resources such as a PowerPoint handout and videos will be provided at the end of this module. It is expected that you will review all of the resources and seek to find additional resources such as books, articles and videos that apply to each lesson. Please be sure that additional articles you record in your notebook are scholarly articles which can be found at [www.scholar.google.com](http://www.scholar.google.com). Your writing activities will demonstrate that you have reviewed these resources carefully and understand the concepts presented.

## THE QUIZZES

**Module B** consists of four quizzes; one after each lesson. There are 15 questions for each lesson. The quizzes contain multiple-choice and true or false questions. A passing grade on each quiz is a score of 80% or better. You can retake the quiz as many times as needed to obtain a passing score.

## VIDEO CRITIQUE – Writing Assignment

Once you have completed all sections in Workbook Lessons B401 to B404, and the quizzes, you should begin your learning activities. You will listen to audio lessons and watch videos then write critiques of each. Follow the guidelines and sample critique provided for you.

## GRADING

Your quizzes are graded based on each question being worth approximately 6.67 points. Your video critique will be graded based on good grammar, organization, sentence structure, spelling and vocabulary drawn from **Module B** content. Your critique should be organized, and content should clearly communicate what you've learned. Review the writing rubric below.

## WRITING RUBRIC

	Exemplary/No Revisions	Minor Revisions Needed	Major Revisions Needed
<b>Grammar 20%</b>	Free of grammatical errors	Some Grammatical errors	Frequent errors
<b>Organization 20%</b>	Shows clear logical order with appropriate transitions	Lacks appropriate transitions	Disorganized and confusing
<b>Sentence Structure 20%</b>	Proper language; verbs, tense usage and well formatted paragraphs	Some language errors but well formatted	Occasional vagueness
<b>Spelling 20%</b>	No spelling errors	Some spelling errors	Excessive spelling errors
<b>Vocabulary 20%</b>	Professional level of vocabulary and usage	Some errors	Lacking variety

## EXPECTATIONS

LCSI expects you to contact your Success Coach whenever you have a question or need clarification using whichever method of communication agreed by you and your coach. As a professional, you are expected to read books and articles pertaining to clients' issues you want to address and topics on Christian counseling in addition to topics on Faith and Mental health. You will find that as you search for articles and books, more resources will be brought to your attention.

**Hint:** Check the reference lists at the end of each book and article for other resources.

We expect you to adhere to honesty pertaining to your academic writing activities.

These include but are not limited to **avoiding**:

- 1) direct plagiarism; misrepresentation of material source as your own effort,
- 2) self-plagiarism; submitting your own work you've submitted for another course
- 3) submitting any retrieved information as your own effort

**Note:** All articles, books and other resources that you include in your writing activities must be cited properly and listed at the end of your writing activities under references. You must add a reference section to your writing activities in this case.

## PROFESSIONALISM

All written work must be of professional quality. All written work must indicate you as the originator of the work and be keyed using a computer. Handwritten work will not be accepted. All writing assignments should be written using the 7<sup>th</sup> edition of APA style format. You can obtain this information from the following website:

[https://owl.purdue.edu/owl/research\\_and\\_citation/apa\\_style/apa\\_formatting\\_and\\_style\\_guide/general\\_format.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html)

## LENGTH OF CERTIFICATE PROGRAM

Keep in mind the timeline for you to complete 16 Workbook Lessons is one year from your start date. Pace yourself and manage your time for each module accordingly. Remember the program is progressive, which means you are required to complete each module before progressing to the next module. Once you have completed Modules A to D you will begin your required practicum, which is your field supervision Module E. You will have one year to complete your practicum from the date you begin Module E.

## ADDITIONAL RESOURCES

Gary R. Collins, Ph.D. *Christian Counseling – A Comprehensive Guide*, 2007

Dr. Timothy Clinton and Dr. George Ohlschlager, *Competent Christian Counseling, Volume One: Foundations and Practice of Compassionate Soul Care*, 2001

Mark R. McMinn, Ph.D. *Psychology, Theology and Spirituality in Christian Counseling*, 1996

Phillip J. Henry, Ph.D., Lori Marie Figueroa, MS, & David R. Miller, Ph.D., *The Christian Therapist's Notebook*, 2007

**If you have any questions, please do not hesitate to contact the institute at:**

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