



LIFEBUILDERS COUNSELING SERVICES INSTITUTE

Module C: The Study of Professional Biblical Counseling

SYLLABUS

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KEY SCRIPTURES: Proverbs 15:22, Isaiah 9:6, John 14:26

Welcome to **Module C**. Lifebuilders' Counseling Services Institute's goal through this next four lessons is to equip you with basic Biblical counseling laws and procedures. LCSI will emphasize the importance of applying "Faith" to Biblical Counseling and Coaching, as you become a qualified leader who is called by God to meet people's needs using professional Biblical principles that God has already provided in His Word.

HOW TO GET THE MOST OUT OF YOUR STUDIES

Be sure to read this syllabus completely, to familiarize yourself with the **Module C** recommended readings, videos and resources. We recommend that you print each workbook to answer questions and to keep your notes in one place. If you are not able to print the workbook, be sure to purchase a notebook to record your answers and notes. As you progress through your studies write questions you may have, including notes on various readings and information presented that you want to retain.

Review each lesson again to record information in your notebook that will enhance your retention of processes and provisions to assess your clients' conditions. You should then be able to facilitate assessments and develop a treatment plan to assist your clients overcome any experiences keeping them from living a full and productive life. As you prepare yourself to be an outstanding Professional Biblical Coach pray, reflect and hear what God says about the types of problems He wants you to help clients resolve, be sure to read additional articles and purchase books that will further equip you for that field.

This module will require you to have working knowledge of APA 7th edition writing style as your learning activities will require you to apply your knowledge. Active engagement in your own learning, attention to every detail of your coursework, and in the assigned learning activities will enhance your learning, retention of what you've learned and heighten your level of professionalism. Finally, when you need to discuss or clarify any segments, do not hesitate to contact your Success Coach.

WHAT TO EXPECT

Module C is packed with valuable information that will equip you to effectively assist your clients to navigate through their challenges. Once you have completed the quizzes at the end of each lesson, you should review the Lifebuilders Ethical Standards and sign them. Next you will complete the writing assignments, which should detail hypothetical counseling treatment plans (mock case study sessions). Be sure to follow the guidelines for the case studies which are provided for you. When you've completed the treatment plans, begin listening to a series of audios on the subject, *Theories of Psychotherapy* and watching required videos. Be sure to review the PowerPoint which should enhance your learning as you listen to the audios.

OVERVIEW OF COURSE REQUIREMENTS

1. A score of 80% or better on quizzes
2. A score of 80% or better on written critiques of video and audio lessons
3. A score of 80% or better for all other written assignments to demonstrate your understanding of theories and treatment plans to counsel and coach a client.
4. Module E practicum signed off by your supervisor
5. Signed Acknowledgements of Ethical Standards
6. Tuition fees paid in full

RECOMMENDED RESOURCES

1. Holy Bible: King James and Amplified Versions
2. Concordance
3. Bible Dictionary
4. Regular Dictionary
5. DSM-5 (Diagnostic and Statistical Manual of Mental Disorders)
 - a. Books and workbooks are available for various ages.
6. Google Scholar (online article search)
7. APAstyle.apa.org (writing help) **Paper Format**, **Reference Examples**
8. Owl.Purdue.edu/owl (writing help)
9. YouTube (How to_____) (Writing help)

LEARNING OUTCOMES

Course Goals and Objectives
Goal 1: To train you to be a LCSI Professional Biblical Counselor and Coach who has the wisdom to exalt the importance of Biblical faith, knowledge and understanding, in order to improve the human condition.
Goal 2: To provide you with a LCSI Faith-Based Biblical counseling orientation. This is important for you to have a viable alternative to the limitations of secular theoretical orientations.
Goal 3: To expand the realms available for you to assess, diagnose and clinically treat clients. The LCSI Faith-Based Biblical counseling orientation allows you to utilize not only resources in the Natural (seen) realm but also the resources in the Spiritual (unseen) realm, where the root of most human problems hides. The Faith-Based Biblical orientation also expands the possibility for longer-lasting improvement for clients' thought processes and behavior.
Goal 4: To teach you not only how to incorporate LCSI Faith-Based Biblical principles in counseling but also how to apply them to help your clients overcome challenges.
Goal 5: To increase the reservoir of resources and tools for treatment from limited to unlimited by adding Faith-Based Biblical promises and principles (laws) that pertain to life and godliness according to (1 Peter 1: 1-11) .

ADDITIONAL RESOURCES

LCSI believes it is wise to utilize the wealth of thoroughly researched effective secular orientations. We believe this is a blessing because the Word of God tells us that the wealth of the sinner is laid up for the just. When our Lord sends blessings to us, we should be wise enough to accept them and use them; just like He gave the unearned promised land to the Israelites, simply because He chose to bless them (**Genesis 15:7,18-20; Ecclesiastes 2:26; Proverbs 10:22, 13:22**).

Additional resources such as a PowerPoint handout and videos will be provided. It is expected that you will review all of the resources and seek to find additional resources such as books, articles and videos that apply to each lesson. Please be sure that additional articles you record in your notebook are scholarly articles which can be found on www.scholar.google.com. Your writing activities will demonstrate you have reviewed these items carefully and understand the concepts presented.

THE QUIZZES

Module C consists of four quizzes, one at the end of each workbook lesson. The quizzes contain 15 multiple-choice and true or false questions. Your quiz is graded on a point system, which means each question is worth approximately 6.67 points. A passing grade on the quiz is a score of 80% or better. You can retake the quiz as many times as needed to obtain a passing score.

WRITTEN ASSIGNMENTS

You will have seven writing assignments for **Module C**. One audio critique, three video critiques and three hypothetical counseling sessions (treatment case study plans).

THREE HYPOTHETICAL COUNSELING SESSIONS (Case Studies)

When you have completed Workbook Lessons C501 to C504, be sure to review the lessons again and take good notes. When you are sure you understand the content of the lessons, and have every question answered by your Success Coach, you should begin your case study treatment plan. For this assignment, you will reflect on areas you intend to specialize in. What type of issues do you intend to assist your clients to overcome?

Once you decide on three types of issues you'd like to address, research the causes and treatments for those issues and write clinical notes for each hypothetical counseling session. You will need this skill throughout supervision and your counseling career. Follow the guidelines on our sample notes for counseling sessions. APA style of writing will not be required for this assignment.

ACKNOWLEDGEMENT OF ETHICAL STANDARDS

Read the entire Ethical Standards/Code of Ethics for Professional Biblical Counselors. Be sure to file a copy of the ethics code in your notebook for future reference. After reviewing the Code of Ethics to fully understand what your responsibilities are as a Professional Biblical Counselor, sign the document.

GRADING

Your video critiques will be graded based on good grammar, organization, sentence structure, spelling and vocabulary drawn from **Module C** content. Your critique should be organized, and content should clearly communicate what you've learned. Review the grading rubric below.

WRITING RUBRIC

	Exemplary/No Revisions	Minor Revisions Needed	Major Revisions Needed
Grammar 20%	Free of grammatical errors	Some Grammatical errors	Frequent errors
Organization 20%	Shows clear logical order with appropriate transitions	Lacks appropriate transitions	Disorganized and confusing
Sentence Structure 20%	Proper language; verbs, tense usage and well formatted paragraphs	Some language errors but well formatted	Occasional vagueness
Spelling 20%	No spelling errors	Some spelling errors	Excessive spelling errors
Vocabulary 20%	Professional level of vocabulary and usage	Some errors	Lacking variety

EXPECTATIONS

LCSI expects you to contact your Success Coach whenever you have a question or need clarification using whichever method of communication agreed by you and your coach. As a professional, you are expected to read books and articles pertaining to clients' issues you want to address and topics on Christian counseling in addition to topics on Faith and Mental health. You will find that as you search for articles and books, more resources will be brought to your attention.

Hint: Check the reference lists at the end of each book and article for additional resources.

We expect you to adhere to honesty pertaining to your academic writing activities. These include but are not limited to **avoiding**:

- 1) direct plagiarism; misrepresentation of material source as your own effort,
- 2) self-plagiarism; submitting your own work you've submitted for another course
- 3) submitting any retrieved information as your own effort

Note: All articles and books and other resources that you include in your writing activities must be cited properly and listed at the end of your writing activities under references. You must add a reference section to your writing activities in this case.

PROFESSIONALISM

All written work must be of professional quality. All written work must indicate you as the originator of the work and be keyed using a computer. Handwritten work will not be accepted. Some writing assignments for this module are to be written using APA writing format, using the 7th edition of APA style format. You can obtain this information from the Recommended Resources list.

LENGTH OF CERTIFICATE PROGRAM

Keep in mind the timeline for you to complete 16 Workbook Lessons is one year from your start date. Pace yourself and manage your time for each module accordingly. Remember the program is progressive, which means you are required to complete each module before progressing to the next module. Once you have completed Modules A to D you will begin your required practicum, which is your field supervision Module E. You will have one year to complete your practicum from the date you begin Module E.

ADDITIONAL RESOURCES

Gary R. Collins, Ph.D. *Christian Counseling – A Comprehensive Guide*, 2007

Dr. Timothy Clinton and Dr. George Ohlschlager, *Competent Christian Counseling, Volume One: Foundations and Practice of Compassionate Soul Care*, 2001

Mark R. McMinn, Ph.D. *Psychology, Theology and Spirituality in Christian Counseling*, 1996

Phillip J. Henry, Ph.D., Lori Marie Figueroa, MS, & David R. Miller, Ph.D., *The Christian Therapist's Notebook*, 2007

If you have any questions, please do not hesitate to contact the institute at:

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