

Curriculum Vitae

Joseph LaTorre. 315 Carissa Drive Satellite Beach, FL 32937. 305.793.0208. ceulmt@gmail.com
[[linkedin.com/in/josephlatorre411](https://www.linkedin.com/in/josephlatorre411) [facebook.com/joe.latorre.58](https://www.facebook.com/joe.latorre.58)]

CREDENTIALS:

- Adjunct Professor of Exercise Science since 2018.
- College Professor and Clinical Instructor of Massage Therapy since 2004.
- NCBTMB Approved Provider of Continuing Education since 2013.
- World Massage Festival Massage Therapy Hall of Fame 2017.
- Two-Time Featured Educator at FSMTA National Convention 2015 + 2016.
- Two-Time Award Winner for Teaching Excellence; Keiser University 2009 + 2010.
- Assistant Trainer to Olympic National Rowing Teams since 2007.
- Florida licensed massage therapist since 2000 + NCBTMB board certified LMT.
- Master's Degree in Applied Exercise Science + NASM Corrective Exercise Specialization.

WORK EXPERIENCE

Adjunct Professor of Exercise Science, Concordia University Chicago; (Jan. 2018 - Present).

Department of Health Sciences & Human Performance, College of Health Sciences and Technology.

I teach in the online master's program using an asynchronous blackboard learning platform, providing instruction and feedback on student discussion boards, assignments, and testing. **Courses Taught:**

- **Graduate:** AES 6560 Special Topics Seminar in Human Movement Science; AES 6030 Kinesiology II; AES 6020 Kinesiology I; AES 6500 Principles of Human Movement Science; AES 6600 Special Topics Seminar in Sports Performance Training. **Undergrad:** KIN 4200 Special Topics in Kinesiology; KIN 1400 Health & Fitness Assessment; KIN 1200 Applied Kinesiology; KIN 1000 Physiological Basis of Exercise.

Continuing Education (CE) Provider at CEULMT.com; Nationwide (2012 – Present)

Owner & Instructor of Nationally Approved + State Licensed CE Courses for health care providers.

- **Provide online coursework and live clinical instruction on the following:** client intake and assessment, injury prevention & rehabilitation, manual therapy, A&P, kinesiology, pathologies, laws, ethics, medical errors, HIV/AIDS, and business practices, with course completions reported to respective health boards. I also act as an industry advisor helping licensees fulfill their licensure renewal requirements.
- **Provider Numbers:** NCBTMB 207. Florida 50-15123. Louisiana LAP273. Mississippi 3891.

Assistant Team Trainer for Olympic National Rowing Teams of the International Canoe Federation and individual athletes with USrowing. Indian Harbour Beach, FL, (since 2007).

- Collaborate with head coaches to provide supplemental support to athletes during Fall / Winter training season using fundamentally sound protocols supported by evidence-based practices.
- Apply low-impact resistance based corrective exercises, manual therapy, stretching techniques, postural re-education, and ergonomic awareness to improve movement dysfunctions and strength deficits.
- Act as a liaison and host family to support the athletes in their activities of daily living.

Professor of Massage Therapy, Keiser University; Melbourne, FL, (2007 – Aug. 2013)

- **Classes Taught:** MSS1140 Body Systems, MSS1142 Anatomy & Physiology, MSS1216 Business Practices, MSS1259 Massage Therapy, MSS1282 Allied Modalities, MSS1206 Spa / Hydrotherapy, MSS2163 Structural Kinesiology, MSS2264 Sports Massage, MSS2270 Pathology.
- **Clinical Instruction:** taught Swedish, deep tissue, sports, hot stone, chair, medical, pregnancy massage, along with neuromuscular therapy, myofascial release, PNF, positional release, postural re-education, Trager approach, hydrotherapy, and health spa protocol.
- **Administrative:** Prepared lesson plans, syllabi, curriculum, and testing. Maintained high rates of attrition, graduation, certification, and Licensure. Attended staff meetings for student success & retention, and served as student advisor. Designed and implemented clinical evaluation forms, learning protocols, training methods. Provided job placement, internships, volunteer opportunities.

Massage Therapy Instructor, National School of Technology; North Miami Beach, Florida (2004 - 2007)

- Full-time faculty Classroom Teacher and Clinical Instructor.

Licensed Massage Therapist

- Villa Grande Spa at Porto Vita; Aventura, Florida (2003 - 2005) (part-time)
- The Spa at the Fontainebleau Hotel; Miami Beach, Florida (2003 - 2005) (part-time)
- The Spa at Williams Island; Williams Island, Florida (2001 - 2003) (full-time)

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Teacher. Miami-Dade County Public Schools; Miami, Florida (1999 - 2001).

- Followed curriculum and taught all subjects from grade levels Pre-K to grade 5.

EDUCATION

- Concordia University Chicago; Masters of Applied Exercise Science (2017), (3.86 GPA).
- Florida College of Natural Health; Miami, FL; Certification in Massage Therapy (2000).
- Florida International University; Miami, FL; B.S. Criminal Justice (1994). Dean's List, 3.2 GPA.
- Broward Community College; Davie, FL; Associate of Arts in Liberal Arts (1992).

AWARDS / ACCOMPLISHMENTS

- Evelyn C. Keiser Teaching Excellence Award "Instructor of Distinction" for outstanding dedication for student achievement and success at Keiser University Melbourne, FL for 2009 and 2010.
- Ranked in top 95% of instructors for classroom performance at Keiser University 2007-2013.
- Letters of appreciation from athletes, coaches, athletic trainers, and U.S. veterans.
- Proud father of Joanna LaTorre, 2021 graduate of Cornell University.

COMPUTER SKILLS

- Windows 7 + 10, Microsoft Word, Excel, Publisher, PowerPoint, Outlook, type 65 wpm.
- Basic website design, Joomla CMS, Guru Learning management systems, WordPress, and Blackboard.
- Speak English, along with basic Spanish and Italian.

PUBLICATIONS:

- LaTorre, Joseph. It's holiday dinner time. Will you be having the white meat or dark? *Massage Message Magazine*, November/December 2014, Volume 29, No. 4, p. 18.
- LaTorre, Joseph. Plantar fasciitis responds well to massage. *Massage Message Magazine*. September/October, 2014. Volume 29, Number 4, page 34.
- **BLOGGER** (2011-2013) Examiner.com, Orlando Health & Fitness Section (30 posts).
- "One Year to a Successful Massage Therapy Practice" (2nd Edition, ISBN-10: 1728611687). See: chapter 10, page 58. (contributor).
- National Certification Board for Therapeutic Massage & Bodywork, <https://www.ncbtmb.org/joe-latorre-ms-lmt-bctmb/> NCBTMB.org Member Spotlight, June 26, 2018.

EDUCATION

Concordia University Chicago; Masters of Applied Exercise Science; Human Movement Focus. (8/2017).

GRADUATE COURSES COMPLETED: AES6510 Functional Anatomy, AES6100 Functional Biomechanics, AES6050 Research Design and Methods in Exercise Science, AES6200 Applied Exercise Physiology, AES6500 Principles of Human Movement Science, AES6520 Program Design in Corrective Exercise Training, AES6540 Practicum for Human Movement Science, AES6300 Exercise and Sport Nutrition, AES6560 Special Topics Seminar in Human Movement, AES6990 Capstone in Applied Exercise Science.

- Corrective Exercise Specialization, National Academy of Sports Medicine's (NASM) February 2017.

Florida College of Natural Health; Miami, FL; (640 Hour) Certification in Massage Therapy (2000).

COURSES OF STUDY: Anatomy & Physiology, Massage Theory; Practicum, Hydrotherapy, Florida Laws, History of Massage, Allied Modalities, Clinical Practicum, and HIV/AIDS.

Florida International University; Miami, FL; Bachelor of Science in Criminal Justice (1994)

COURSES OF STUDY: Nature & Causes of Crime, Criminal Justice Systems, Law Enforcement Systems, Crime Prevention, Judicial Policy Making, Correctional Philosophy, Juvenile Delinquency, Criminal Justice Research, Contemporary Issues in Criminal Justice, Justice and the Constitution, Organized Crime, Administrative & Legislative Process, Public Administration, Public Policy and its Administration, Social work, Psychology, Theories of Personality, Industrial/Organizational Psychology, US History.

- Field Internship at City of Hialeah Police Department (1994 Fall Semester), Dean's List (1994).

Broward Community College; Davie, FL; Associate of Arts in Liberal Arts (1992)**COURSES OF STUDY:**

Economics 1 & 2, Business Law, Principles of Accounting, National Government, State & Local Government, World Geography, Western Civilization, US history, Latin American history, Social Institutions, Criminal Justice, Constitutional Law, Criminal Law, Algebra, Finite math, English, Technical Report Writing, Astronomy, Physical Science, General Psychology, Health Fitness, Basketball, Volleyball, Art, Music.

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Continuing Education (2000 – 2026) verified by CEbroker.com.

- Research & Medicine.
- Human Anatomy.
- Evaluation & treatment of low back/hip injury.
- Ankle fracture: treatment and management.
- Anatomy and Function of the Spinal Cord.
- Headaches-types, triggers & treatment.
- Manual therapy for pelvic floor.
- Concepts in diagnostics, management, and prevention of back/neck pain.
- Functional integrated massage & movement therapy techniques for the shoulder.
- Carpal tunnel syndrome.
- Evaluation, assessment, analysis of the body according to Segment Reflex Massage & Orthoflexology.
- Pain Management with Biofeedback Electro-Stimulation Therapy.
- Intro to Kinesio Taping.
- Kinesiology Review.
- Compassionate Touch (Geriatric & Infant massage).
- Pregnancy massage.
- Fundamentals of Diabetes.
- Sports massage.
- Myofascial release.
- Trigger point therapy.
- Deep tissue massage.
- Deep tissue body mechanics.
- Active Isolated Stretching.
- The Trager Approach.
- Manual Lymph Drainage.
- Art of holistic massage.
- Chinese Medicine.
- Thai massage.
- Thai Reflexology with wooden stick.
- Lomilomi.
- Bamboo-fusion.
- Acupressure for Insomnia & Jet Lag.
- Meridian Massage Self-Care.
- Hydrotherapy & spa applications.
- Hot stone massage.
- Aromatherapy.
- Insurance billing & procedures.
- Florida laws & rules.
- Professional ethics.
- Prevention of medical errors.
- Communicable Diseases Including HIV/AIDS Overview and Universal Precautions.
- Child Abuse: Mandatory Reporting.
- Bloodborne Pathogen Exposure Prevention.
- Human Trafficking Awareness and Prevention.
- Massage marketing and practice.
- Medical language for the Massage Therapist.
- Student Success Work Shops, Institutional Effectiveness, and Strategies for Massage Programs.
- FERPA: Confidentiality of Records.
- Hazard Communication: Right to Understand (GHS); Title IX: Roles of Employees.
- CPR.
- Executive Massage Blended Routine: Thai, Shiatsu, Neuro, PT, Massage Techniques.