

Spine Best Practice Updates 2026

3rd NUSI GP Symposium
by National University Spine Institute (NUSI)

15 Aug 2026 | 2.00pm - 3.40pm



Scan to register
for webinar!

The prevalence of spinal pathologies has increased over the past decade, driven in part by an ageing population. It is estimated that up to 20% of patients experience chronic spinal conditions that significantly impact their quality of life.

Spinal pain remains one of the most commonly referred conditions in primary care. Join us for this symposium to gain insights into recent advancements in spine surgery and evidence-based best practices, presented by our surgeons at the National University Spine Institute (NUSI).



(Top row, left to right) 1. Dr Lim Su Lone 2. Dr Goh Chun Peng 3. Dr Swati Jain 4. Clin A/Prof Low Shiong Wen 5. Dr Lim Jeong Hoon 6. Asst Prof Vincent Nga 7. Clin A/Prof Yeo Tseng Tsai 8. Adj Asst Prof Ira Sun 9. Dr Arjun Bolem 10. Dr Nivedh Dinesh 11. Dr Tan Chin Lik 12. Dr Aaron Foo 13. Dr Adriel Leong
(Bottom row, left to right) 1. Dr John Ruiz 2. Adj Asst Prof Lin Shuxun 3. Adj Asst Prof Jonathan Tan 4. A/Prof Dennis Hey 5. Prof Wong Hee Kit 6. A/Prof Joseph Thambiah (Division Head) 7. Adj Prof Gabriel Liu 8. Adj Prof Naresh Kumar 9. Adj Asst Prof Alex Teo 10. Dr Tan Jun Hao 11. Dr Eugene Lau 12. Dr Wang Chongyan

Time	Topic	Speaker
2.00pm - 2.10pm	Introduction to the National University Spine Institute (NUSI)	A/Prof Joseph Thambiah
2.10pm - 2.25pm	The March to Ambulatory Spine Surgery	A/Prof Dennis Hey Discussants: Adj Asst Prof Lin Shuxun & Dr Eugene Lau
2.25pm - 2.40pm	Keeping the Elderly Upright	Adj Asst Prof Alex Teo Discussants: Adj Prof Gabriel Liu & Prof Wong Hee Kit
2.40pm - 2.55pm	The Challenges of Spinal Tumour	Adj Asst Prof Jonathan Tan Discussants: Adj Prof Naresh Kumar
2.55pm - 3.10pm	The Paediatric Spine	Dr Tan Jun Hao Discussants: Adj Prof Gabriel Liu & Prof Wong Hee Kit
3.10pm - 3.30pm	Q&A	Moderated by Dr Wang Chongyan & Dr Arjun Bolem