



West Coast Injection Training Inc, Itinerary May 2 - May 4 2026, Vancouver

Part A - Peripheral Joint Injection Training Workshop

Part B - Axial Skeleton Injection Training Workshop

Orthopedics, Perineural & Trigger Point Injections - Training Workshop

Saturday May 2nd 2026: Day 1 PHYSIOLAB

0900	<p>Arrival at PHYSIOLAB</p> <p>128 Keefer Street, Vancouver BC, V6A 1X4. thephysiolab.ca/</p> <p>P H Y S I O L A B</p>	<p>Where can I park? Street parking is paid and meters will have to be tended.</p> <p>There is a paid parkade at 110 Keefer called EasyPark lot 7. Their daily rate \$ 23.25 - they accept Visa, MasterCard, American Express (2 min walk from Venue)</p> <p>Pay by apps: Zipby, PaybyPhone, Honk Mobile or Park Mobile</p> <p>What should I wear? Dress in layers - you will be scanned throughout the course. <u>Tank tops and shorts</u> under comfortable clothes work best.</p>	
0930	General introduction and ground rules		
	<p>Advanced Injection Therapy <u>PERIPHERAL INTERVENTIONS</u> Didactic lecture Hands-On training</p>	<p>Advanced Injection Therapy <u>AXIAL SPINE INTERVENTION</u> Didactic lecture Hands-On training</p>	<p>Orthopedics, Perineural & Trigger Point Injections Didactic lecture Hands-On training</p>
1000 - 1230	<p>Shoulder SUBACROMIAL BURSITIS SUBDELTOID BURSITIS ACJ ARTHRITIS GHJ ARTHRITIS BICEPS TENDON</p>	<p>Sacrum, coccyx SACROILIAC JOINT SACROTUBEROUS LIGAMENT POSTERIOR SUPERIOR ILIAC</p>	<p>Didactic: Foundations Review Lumbosacral Anatomy Hands on: Solutions, Nerve and Trigger Point Injections, Darting+Stabilizing Techniques</p> <p>Didactic: Hip Anatomy Hands on: Nerve and Trigger Point Injections, Backhand Techniques</p>
1230	Lunch Time - Food Provided		
1300 - 1500 1400 KNEE DEMO HA	<p>Knee Joint KNEE JOINT MEDIAL KNEE LATERAL KNEE BAKER'S CYST</p>	<p>Sacrum, coccyx POST. SACROILIAC LIGAMENT SACROCOCCYGEAL LIGAMENT CAUDAL EPIDURAL</p>	<p>Didactic: Knee Anatomy Hands on: Nerve Injections</p>

1500 - 1700	Hip Joint HIP JOINT GREATER TROCHANTER	Lumbar LUMBAR FACETS TRANSVERSE PROCESSES LUMBAR LAMINA	Didactic: Ankle/Foot Anatomy Hands on: Nerve Injections, Tenting Technique
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Sponsored Vendor Reception: Dinner and Refreshments

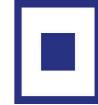
mindray
healthcare within reach



West Coast
CLINICAL SOLUTIONS

össur LIFE WITHOUT LIMITATIONS

STEVENS Inspired by the care you deliver



Arthrex  **SportVis** TM

DUROLANE hyaluronic acid, stabilized single injection

Jane **ARTHROSAMID** ®

Sunday May 3rd 2026: Day 2 PHYSIOLAB

0900 - 1100	Wrist CMC JOINT DE QUERVAIN'S INTERSECTION SYNDROME TRIGGER FINGER	Lumbar Cont'd ILIOLUMBAR LIGAMENT LUMBAR SPINOUS PROCESS INTERSPINOUS LIGAMENT	Didactic: Foundations Upper Review Head / Neck Anatomy Hands on: Nerve and Trigger Point Injections; Crown of Thorns and Facial Techniques
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1100
-1110

Break Time - Food Provided

1110 - 1230	Elbow LATERAL EPICONDYLITIS MEDIAL EPICONDYLITIS ELBOW JOINT	Thoracic FACET JOINT LAMINA COSTOTRANSVERSE JOINT SPINOUS PROCESS AND INTER-SPINOUS LIGAMENT	Didactic: Shoulder Anatomy Hands on: Shallow and Deep Nerve Fascial Space Injections
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1230
-1330

Lunch Time - Food Provided

1330 - 1530	Ankle ATFL ANKLE JOINT PLANTAR FASCIA	Cervical Nuchal Lines Facet Lamina Transverse Process S.P. and Nuchal Ligament	Didactic: Foundations Intro to therapeutics Elbow / Wrist Hands on: Nerve Injections
1530 - 1700	Review Demo Injection Arthrex PRP Preparation	Anterior Thoracic, TMJ STERNOCOSTAL STERNOCLAVICULAR COSTOCHONDRAL TEMPOROMANDIBULAR JOINT	Didactic: Foundations Intro to therapeutics Thoracic Hands on: Nerve and Trigger Point Injections
	COURSE CONCLUSION		

Monday May 4th 2026: Somatic Exploration Cadaver Lab 1584 Booth Ave, Coquitlam

0900	Review injection procedures on Cadaver Specimens	Review injection procedures on Cadaver Specimens	
1100	Break Time - Light Snacks Provided		
	Review injection procedures on Cadaver Specimens	Review injection procedures on Cadaver Specimens	
1300	Course Conclusion for Part A & Part B		

Peripheral and Axial Skeleton injection courses with landmark and ultrasound training options. Both peripheral (Part A) and axial (Part B) include a 4 hour full-specimen cadaver lab.

Orthopedics, Perineural and Trigger Point Injections course assessment, manual therapy, injections (trigger point, cutaneous nerve, scar). Does not include cadaver lab.