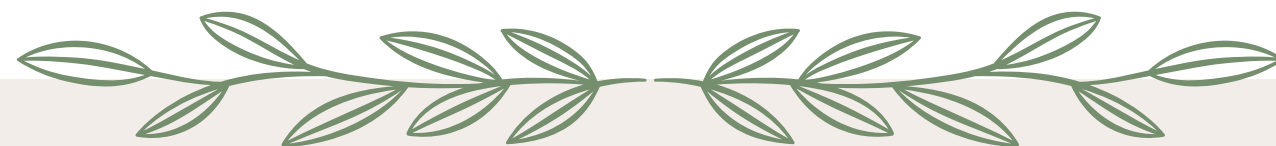


Grounded in Grace

You don't have to earn your place here
Tonight is about who you are, not what you've done
Let's center ourselves before we begin



What's one word to describe how you're arriving today in this space?

Recap + Homework

Name one personal boundary to protect your peace

Three truths about your identity in Christ (Ephesians 2:10)

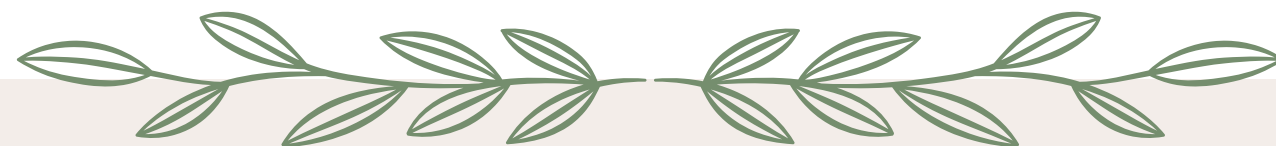
Where do you need to say “yes” more honestly?



You Are His

“For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.”

— Ephesians 2:10 (NIV)



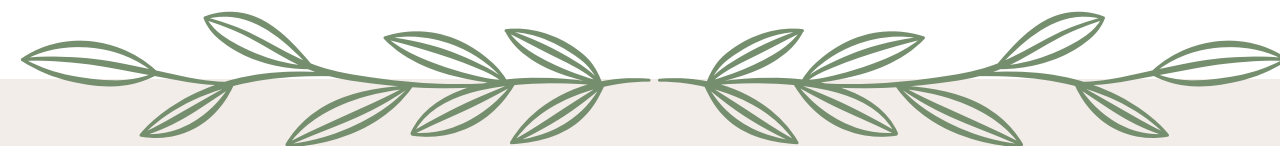
What word or phrase stands out to you in this verse? Drop a 1 to share or write it in chat.

You Are Not an Afterthought

Handiwork means handcrafted, not mass-produced

Your life isn't random — God prepared you with purpose

Peace comes from remembering who you belong to



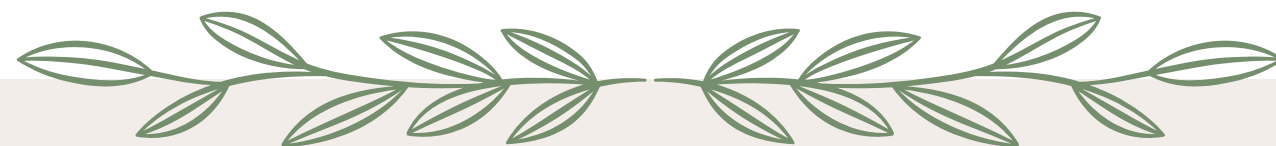
How does knowing you were handcrafted by God change how you view yourself?

Boundaries as Obedience

Saying “no” can be an act of obedience

Boundaries protect the space where your calling can grow

You were created for good works — not constant exhaustion



What's one way you've been saying "yes" from fear instead of from faith?

Rooted in Truth

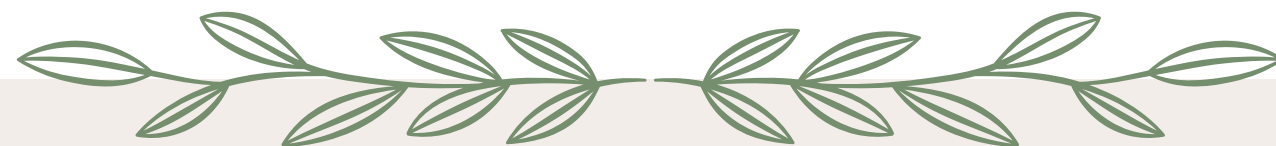
Write down 3 “I am” statements based on Scripture.

For example:

I am God’s handiwork

I am made for peace

I am chosen and set apart

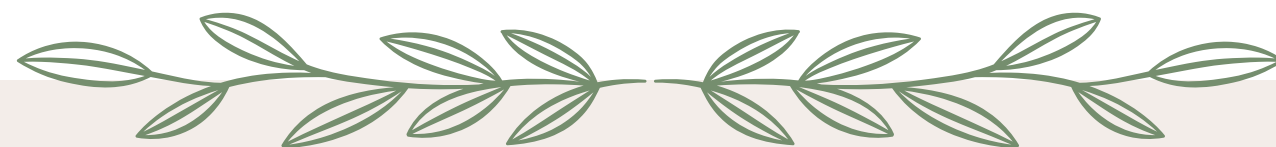


Which truth do you need most today?

From Identity to Action

Set one boundary this week that protects peace, not performance

Anchor it in truth: I am not my output. I am His workmanship.



What will you do differently this week now that you know who you are?

Stay Rooted This Week

Post your daily Word of the Day + anchor pulse

Share your 3 identity truths in the chat thread

Share 1 win + 1 wall by Friday

Use the 2:1 love rule — encourage two sisters before posting

