

THE FIRM SYSTEM

FOCUSED INTENTION
ON RELEASE AND
MANIFESTATION



BY
PRIESTESS SEKHMET



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PRIESTESS SEKHMET

MEET THE CREATOR OF THE FIRM SYSTEM



Manifesting My Own Manifestation System



I'm the creator of the FIRM System, a manifestation and psychic life coaching system designed to help people understand their desires, work through the patterns that may be holding them back, and intentionally create the life they desire to experience.

My journey began with a lifelong fascination with spirituality, manifestation, and the power of the mind. As I explored Hermetics, universal principles, psychic energy, and the relationship between intention and creation, I began developing practical ways to apply these ideas to real-life goals and challenges.

Over time, I transformed what I was learning and experiencing into a structured system that could be practiced, refined, and taught. The FIRM System—Focused Intention on Release and Manifestation—is the result of that journey.

Today, I combine psychic life coaching, energy readings, spiritual training, manifestation practices, and ongoing support to help spiritual seekers become more intentional about what they are creating.

My goal is simple: to help you reconnect with your desires, strengthen your spiritual practice, and discover what becomes possible when you intentionally direct your energy toward the life you desire to create.

Connect to Your Desire. Strengthen Your Spiritual Practice. Release What's Holding You Back and Manifest!

MODULE 1

01

EVIDENCE BASED COACHING

Manifest the Life You Desire

When I was a little girl, I believed in magic—wishing on a star and making my dreams come true. Like most people, I grew up and had to face the real world. Before I knew it, my dream had turned into a nightmare—until I learned about the magic of manifesting.

Learning to manifest my desires activated my childhood excitement and helped me tap back into the power of my imagination. I became so successful at it that I developed a system around it to make it repeatable—transforming the manifestation of desires into an effective process with consistent results.

Manifestation and The Power of Creation

As I continued learning about manifestation, I discovered Hermetics—the metaphysical philosophy of creation. The Seven Hermetic Principles, including the Law of Cause and Effect, helped me understand that manifestation can become more consistent when we intentionally create the causes that produce our desired effects.

Manifestation became more than wishful thinking. It became the process of creation. I wanted to make that process practical, repeatable, and teachable.

That became the foundation of the FIRM System.

*Manifestation is more than wishful thinking,
it's a practical, repeatable process.*

Evidence Based Coaching and Case Studies

The FIRM System, which stands for Focused Intention on Release and Manifestation, is grounded in practical coaching, intentional application, and real-life experience. Our evidence-based case studies draw from the experiences of loving supporters and longtime practitioners who have applied the system over time, revealing the powerful transformations that can occur when these principles are put into practice. Knowing this, you can have confidence that the FIRM System is more than an idea—it is a powerful process that has been practiced, experienced, and affirmed over time.

MODULE 2

02

THE FIRM SYSTEM - 12 MONTH PROGRAM

Lisa: From Emotional Overwhelm to Focused Manifestation

Lisa struggled with mental focus and overwhelming emotions while working toward her desire to manifest a thriving retail business and a balanced family life. Whenever emotional triggers surfaced, they could quickly overwhelm her, causing her to lose focus and disrupt the momentum she had built toward her goals.

Using the FIRM System, she developed a spiritual practice, increased her energy and focus, and released emotional patterns that were holding her back. She manifested her desires more effectively and quickly, leaving her empowered, energized, and confident in her ability to create the life she desired.

12-Month Maintenance: Turning Transformation Into a Way of Life

Lisa discovered that lasting transformation required more than a breakthrough—it required continued practice, support, and momentum. Over 12 months of FIRM maintenance, she strengthened her ability to apply the system consistently across every area of her life—from her career and relationships to her health and self-care.

With ongoing support, Lisa stayed focused, deepened her practices, and continued creating the results she desired—building confidence in her ability to manifest and maintain the life she was creating.

Your Desires Deserve Support. Stay Consistent and Accountable with the 12 Month Maintenance Membership.

12-Month Manifestation Coaching Membership

12-Month Membership provides ongoing FIRM support through one-on-one psychic life coaching, personal energy readings, audio and video training, practical cheatsheets, group training, and 21-Day Guided Journeys. Together, these resources give you multiple ways to stay connected to the system, deepen your practice, stay accountable, and keep your desires in motion throughout the year.

MODULE 3

03

PERSONAL COACHING SESSIONS

12 Personalized One on One Psychic Life Coaching Sessions

The 12-Month Manifestation Coaching Membership includes 12 personalized one-on-one psychic life coaching sessions, with one 60-minute session each month. Each session includes a personal psychic energy reading to identify energy blocks that may be affecting your progress, along with guidance on spiritual practices designed around your personal manifestation goals.

Releasing Negative Thought Patterns that Block Manifestation

Lisa's biggest challenge was a pattern of repetitive negative thoughts focused on past failures. She also used the "I AM" principle in ways that reinforced those negative beliefs, saying things like, "I AM afraid," "I AM not confident," and "I AM a failure."

Her coaching focused on recognizing these patterns, releasing the emotional energy attached to them, and intentionally shifting her inner dialogue toward the person she desired to become.

By identifying the root of these negative beliefs through psychic energy readings and practicing the releasing exercises outlined in the FIRM System, Lisa began breaking the cycle of negative thought patterns and emotional triggers, creating space for more empowering "I AM" beliefs aligned with her desires.

I Am Confident in My Ability to Manifest All that I Desire. I AM Successful and Living My Ideal Life!

Monthly Coaching Combined with 21 Day Guided Journeys

Combining monthly personal coaching with 21-Day Guided Journeys gave Lisa the structure and support to turn intention into consistent practice. It takes 21 days to develop a habit, and by dedicating 21 days to reinforcing the "I AM" principle, Lisa was able to strengthen new patterns, energize her manifestations, and create greater momentum toward her desired results.

MODULE 4

04

21 DAY HABIT BUILDING JOURNEYS

Retraining Mental Patterns with Neural Reprogramming

The 21-Day Guided Journeys combine focused repetition with Neuro-Linguistic Programming (NLP), a practice that explores how language, thoughts, and behaviors influence patterns of thinking and action. By consistently practicing new “I AM” statements, beliefs, and behaviors, you reinforce patterns that support your intentions and create momentum toward your desired results.

6 21-Day Guided (Habit Building) Journeys

Throughout the year, you'll participate in six 21-Day Guided Journeys, introduced every two months and designed to progressively deepen your practice:

- Level 1 — Basic Spiritual Practice. Build a consistent spiritual foundation.
- Level 2 — Intermediate Manifesting Techniques. Expand your practice.
- Level 3 — Advanced Manifesting Techniques. Develop deeper techniques for mastery.
- Level 4 — Health & Nutrition. Manifest greater overall health, energy, and wellbeing.
- Level 5 — Self-Care. Cultivate greater self-love, acceptance, and self-appreciation.
- Level 6 — Entrepreneurship & Legacy Building. Map out and manifest your future.

Each month, we map your personal manifestation goals to the upcoming 21-Day Journey and customize your individual plan around those goals. You'll receive a step-by-step process for applying the FIRM System to the areas of your life you most desire to transform.

Your monthly coaching session also serves as a personal check-in and recalibration—giving you the opportunity to review your progress, address challenges, celebrate your results, and structure your plan for the month ahead.

The FIRM System Resources and Training Material

Each 21-Day Guided Journey includes a collection of FIRM System training and support resources designed to complement your personal coaching. Throughout the year, you'll receive six 21-Day Guided Journeys featuring audio and video lessons with practical cheat sheets that correspond with each stage of your manifestation journey. As a member, you'll also receive access to monthly group livestream training and the FIRM Coaching Binder as a bonus to organize and track your personal practice.

MODULE 5

05

MONTHLY COMMUNITY LIVESTREAM

Join Our LIVE Broadcast for Monthly Training and Q&A

Each month, members receive access to our Community Livestream, featuring manifesting training, live psychic readings, and ancestor messages. These interactive sessions help you learn how incoming planetary energies may influence your momentum and the outcome of your manifestations. You'll receive practical, step-by-step guidance for navigating obstacles, working with changing energies, and keeping yourself balanced as you continue pursuing your desired results.

Because these are live and interactive, members can ask questions and receive answers in real time, bringing a personal and dynamic element to every training. You're not simply watching a lesson—you're participating in the experience and receiving guidance in the moment.

The Community Livestream is also an opportunity to connect with others who are on their own manifestation journeys. Members can interact, share experiences, make new connections, and encourage one another along the way. There is something powerful about being surrounded by people who are intentionally working toward their desires—and the energy, inspiration, and support of the community can help keep you motivated and moving forward.

Livestream Time Zones & RSVP

Each two-hour livestream is held on the first Sunday of every month at 1 PM EST, 12 PM CST, and 10 AM PST, making it accessible to members across U.S. time zones. See our Broadcast Page at www.bluelotusuniversity.com to RSVP.

*Connect with Like-minded Members,
Receive Guidance, and Psychic Insight.
Feel Inspired, Energized, and Motivated to
Manifest!*

MODULE 6

06

WEEKLY PSYCHIC UPDATES BLOG

Subscribe for Weekly Psychic Updates & Predictions

Subscribe to our blog for weekly psychic readings, ancestor messages, and spiritual insights and predictions for incoming planetary energies and current events. The Weekly Blog helps spiritual seekers stay informed, inspired, and connected to the energies and possibilities unfolding around them.

These publications are also designed for those who want to develop their spiritual gifts, strengthen their psychic abilities, and deepen their connection with angels and ancestors. Each show offers an opportunity to learn, explore, and practice while staying in the spiritual loop.

The Weekly Blog is free and available to the public, making it an accessible resource for anyone interested in spiritual development to experience the FIRM approach. Please visit [Psychic Readings by Priestess Sekhmet](#) to read the latest updates and insights.

*Where Attention Goes, Energy Flows.
Don't Get Caught Slipping When The
Mind Starts Tripping!*

Stay Focused and Stay Aligned with Our Weekly Blogs

With so much competing for our attention—from social media and doom scrolling to the constant stream of world events—it's easy to lose focus on the intentions we've set for ourselves. The Weekly Psychic Blog Updates give you a place to pause, refocus, and reconnect with your spiritual practice.

Where attention goes, energy flows. By intentionally directing your attention toward developing your spiritual abilities, strengthening your connection with your subconscious mind, and staying focused on your intentions, you create greater alignment with the desires you are working to manifest.

07

LIVE CALL-IN PSYCHIC TALK SHOW!

Let's Collaborate!

Thank you for your interest in my Psychic Life Coaching and Manifestation System! We've had tremendous success connecting with spiritual seekers through LIVE psychic readings on our weekly TikTok livestream, helping people explore their energy, overcome obstacles, and move toward their desires with greater focus and intention.

I'd love to offer you the opportunity to experience a complimentary 30-minute personal psychic coaching session with me, so you can experience firsthand how empowering and transformative the FIRM System can be.

In exchange, I'd love the opportunity to introduce the system to your audience through a LIVE call-in show, where your audience can experience psychic readings, coaching, and manifesting guidance in real time.

Click Here to Book Your Psychic Session Today!

If you're interested, use my calendar to choose the best time for me to reach you. We'll connect, talk about the opportunity, and I'll give you a personal 30-minute psychic reading and coaching session. Come experience the FIRM System for yourself—and let's see what we can manifest together. [Click Here to Book Your Psychic Session Today!](#)

Trusted By Spiritual Seekers

★★★★★ 5-Star Google Rating

Amazing! Her energy is so real. She helped me see my situation more clearly and she was spot on. I highly recommend her and am very thankful.

★★★★★ 5-Star Google Rating

Awesome Experience! She is very thorough in her explanations. I found my reading to very accurate. So grateful to have connected with her. Will book again.

★★★★★ 5-Star Google Rating

I had the most incredible experience with Priestess Sekhmet! Her psychic reading was spot on - she nailed every detail and offered profound insights that resonated deeply with me.

5-Star Rating → real client experiences → "Experience it for yourself."



Priestess Sekhmet

PSYCHIC READINGS &
LIFE COACHING



bio

Priestess Sekhmet is a gifted clairvoyant with over 75 documented prophetic dreams. She is also a psychic life coach with over 30 years' experience in spiritual counseling. More recently she has established an online personal practice that includes psychic readings and psychic life coaching for spiritual growth and personal development.

what I do

Guides individuals to develop a spiritual practice using her 4 Point approach, The FIRM System™. Her detailed psychic energy readings help clients identify mental, emotional and energetic blocks, and guides them step by step on how to bring more balance and personal power to their lives.

my story

My childhood experiences with loss, trauma, and profound personal challenges deeply impacted my mental and emotional well-being. These experiences affected my ability to stay grounded in my body and opened me up to telepathic communication with my angels and ancestors. Without a formal spiritual practice, I sought professional mental healthcare and eventually had a near-death experience following an overdose of medication. Surviving this experience marked the beginning of my spiritual awakening and inspired the work I share today.

books and courses

-  The Psychic Powerbook
-  Manifesting Mastery Levels 1-3
-  Shamanic and Spiritual Practice

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