



Sensory
Help
Now

Free Support Service for Families

Your child's struggles with meltdowns, fidgeting, focus, new textures, tastes, and smells, fiddly fine tasks, balancing games, settling to sleep or brushing their teeth...

...could be due to the way their brain handles information from their senses.

Not your parenting. Not your child's lack of effort.

Just the way their brain and nervous system work together.

It's not widely understood that our unique sensory profile affects everything we do. But once you look at your child's behaviour and preferences from a sensory point of view - well, it will **transform your family life.**

Sensory Help Now gives you...

- Access to sensory integration trained therapists in a friendly online forum
- Videos of practical ideas to try at home
- Monthly news and resources in the Our Sensory Family newsletter



Bring Your Questions to Us...

Our forum is moderated by sensory integration trained HCPC registered therapists. Our friendly sensory experts are on hand to respond to questions and concerns that you post in our forum.

We guarantee you a therapist response within three working days.

SensoryHelpNow.org