

# KNOW YOUR PARTNER

 **ONLINE  
RECCOURSE**



**Build a Deeper  
Connection with  
Personalized Personality  
and Compatibility Reports  
along with Expert  
Guidance**

**(Course Details)**



# INTRODUCTION

Relationships grow stronger when you truly understand each other. Know Your Partner is a unique course designed to help you uncover the personality types that shape how both you and your partner see the world, communicate, and connect. Rather than just offering surface-level advice, this course digs deep into the core of your personalities, exploring the strengths, preferences, and even those hidden blind spots that impact your relationship every day.

Whether you're looking to deepen an already strong connection or work through ongoing challenges, Know Your Partner gives you practical tools and insights to build empathy, improve communication, and handle conflict with ease. Led by Dr. Qamar ul Hassan, a personality expert with 25 years of experience, this course brings a fresh perspective to your relationship one grounded in genuine understanding and mutual respect.

Think of it as a roadmap to a more connected, resilient partnership that celebrates the unique qualities each of you brings to the table.

## WHAT YOU' LL LEARN IN THIS COURSE?

### **Introduction to Personality Types**

- Discover why personality types are key to understanding yourself and your partner, and how these insights can transform your relationship.

### **Exclusive Video Lectures with Dr. Qamar ul Hassan**

- Access in-depth videos where Dr. Qamar explains how personality affects relationships and offers guidance on creating a more harmonious bond.

### **5-Step Personality Discovery Model**

- Take personality assessments that use a 5-Step model, helping you uncover both your and your partner's personality type with clarity.

### **Detailed Explanations of Each Personality Type**

- Learn about each personality type's core traits, strengths, and challenges to better understand how these shape your relationship dynamics.

### **Personalized Partner Reports**

- Receive individual reports that dive into your partner's personality, highlighting unique characteristics and growth areas.

### **Compatibility Reports**

- Discover your compatibility score with personalized insights into how your types interact, revealing strengths and potential growth areas in your relationship.

# GAINS

Here are the key Gains of the Know Your Partner Course:

## **Stronger Connection:**

- Understand the core traits that make you and your partner unique, fostering deeper empathy and closeness.

## **Improved Communication:**

- Learn to speak each other's "personality language," making communication smoother and more effective.

## **Conflict Resolution Skills:**

- Handle disagreements with greater understanding and respect, leading to healthier, more constructive conflict.

## **Personal Growth:**

- Gain insights into your own personality, strengths, and areas for growth, which benefits your relationship and personal life.

## **Enhanced Compatibility:**

- Use compatibility insights to appreciate and leverage your differences, creating a balanced, harmonious partnership.

# Resource Material

## **Video Lectures by Dr. Qamar ul Hassan:**

- Expert insights on how personality affects relationship dynamics.

## **5-Step Model to Discover Personality Type:**

- A structured assessment to help you and your partner identify your personality types.

## **In-Depth Personality Type Explanations Bilingual:**

- Detailed descriptions of each personality type, including strengths and potential challenges.

## **Personalized Partner Reports:**

- Comprehensive individual reports highlighting your partner's personality traits.

## **Compatibility Reports:**

- Insights into the compatibility between you and your partner, with personalized guidance.

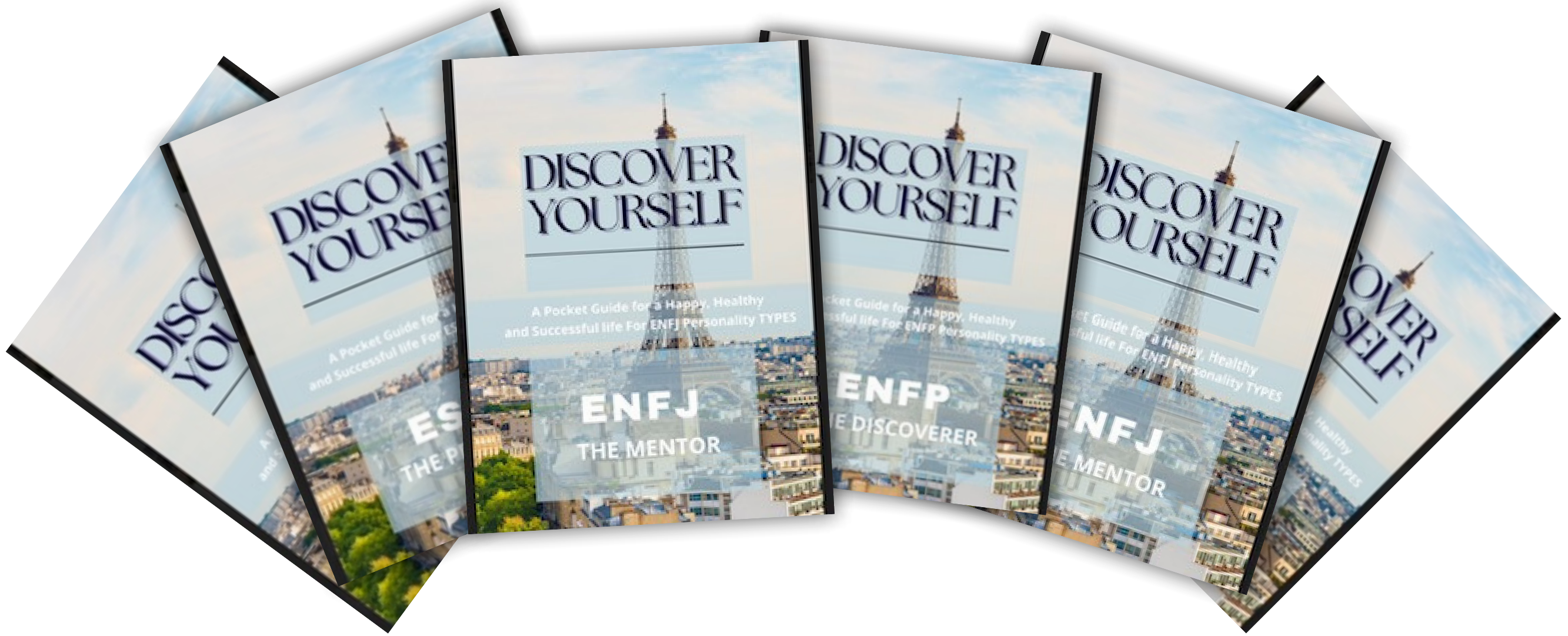
## **Bonus E-Booklets:**

- Quick-reference guides for each personality type, designed for easy access to key traits and tips.

## **Type Reference Books:**

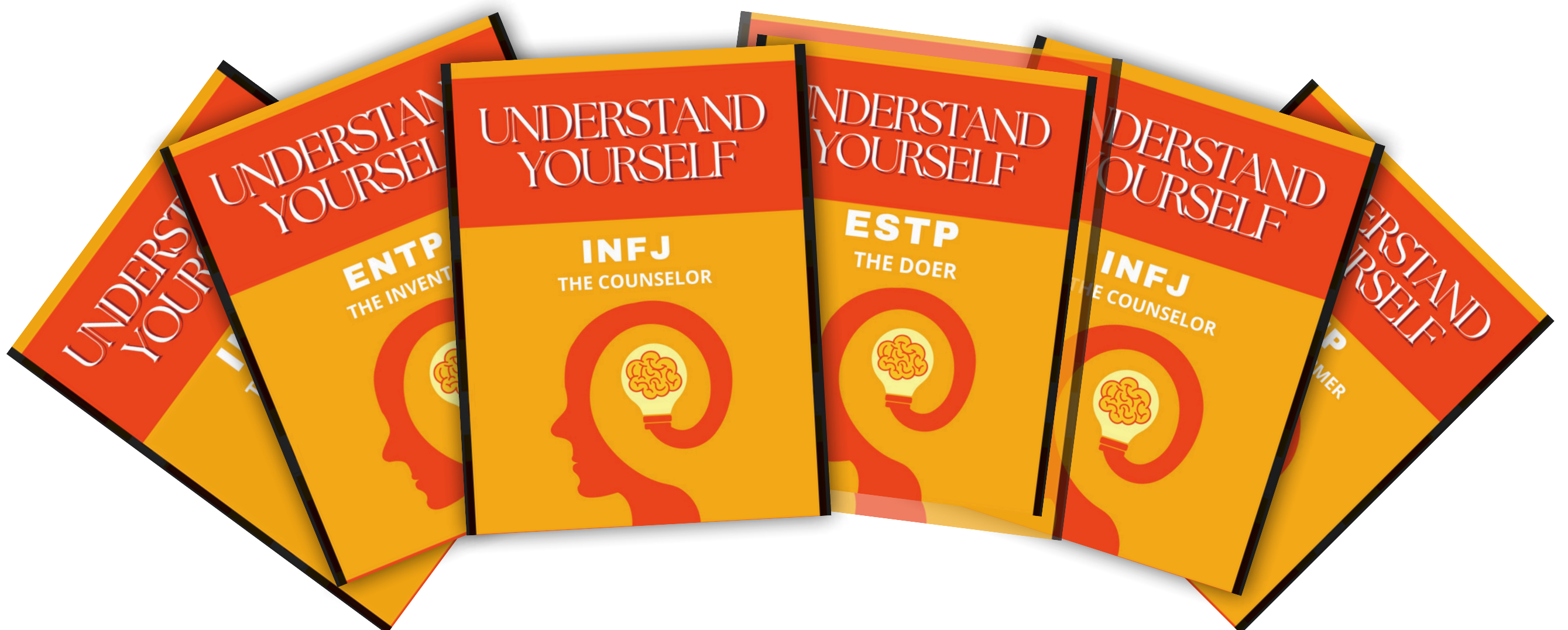
- Essential books that provide deeper Understanding and additional insights into personality types





## Pocket Guides

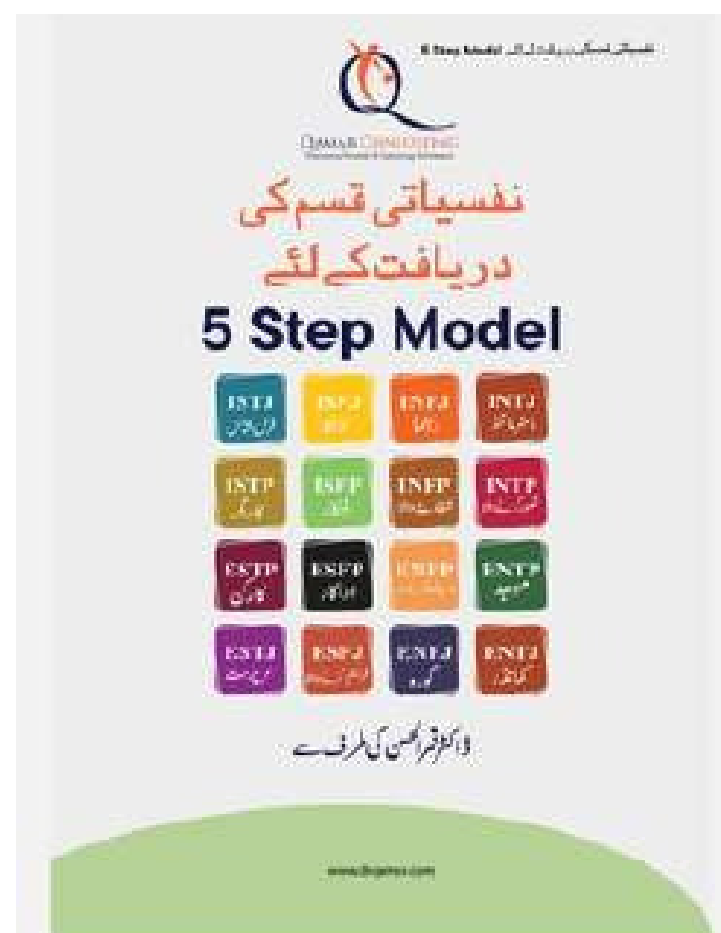
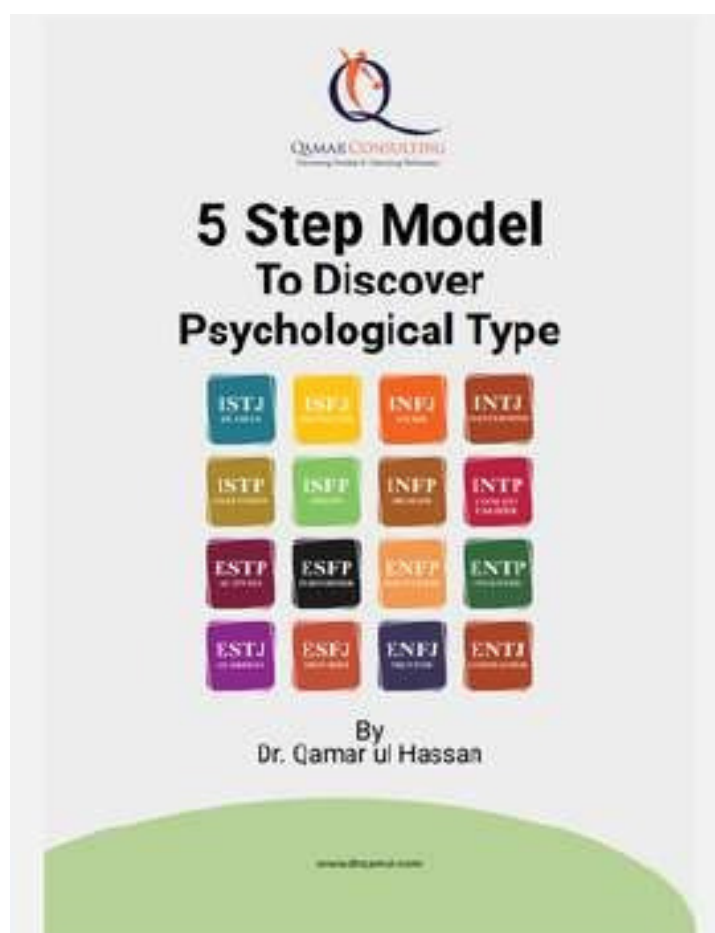
These pocket guides are concise, easy-to-reference tools designed to give you and your partner practical insights into each personality type. Perfect for on-the-go access, these digital booklets provide key information at a glance, helping you navigate relationship dynamics with confidence and understanding.



## Understand Reports

These understanding reports offer detailed insights into each of the 16 personality types, providing you and your partner with valuable knowledge about your unique traits and dynamics. Each report highlights core strengths, potential blind spots, and how these characteristics influence your relationships. With clear explanations and practical tips, these reports serve as essential resources for enhancing communication and fostering deeper connections, empowering you to navigate your relationship with confidence and understanding.





# 5 step model

Participants will be introduced to a comprehensive five-step model designed to help them understand both their own personality type and that of others in detail.

**THE SUPERVISOR**

**ESTJ**

PERSONALITY TYPE

Order and structure sociable opinionated result driven producer traditional

**DR.QAMAR UL HASSAN**  
(PERSONALITY TYPE EXPERT)

DO YOU KNOW YOUR PERSONALITY TYPE?

Most Hard Charging

**THE DOER**

**ESTP**

PERSONALITY TYPE

Unconventional approach fun lives for here and now good at problem solving

**DR.QAMAR UL HASSAN**  
(PERSONALITY TYPE EXPERT)

DO YOU KNOW YOUR PERSONALITY TYPE?

Most Spontaneous

**THE DISCOVERER**

**ENFP**

PERSONALITY TYPE

People oriented creative seeks harmony life of party more starts than finishes

**DR.QAMAR UL HASSAN**  
(PERSONALITY TYPE EXPERT)

DO YOU KNOW YOUR PERSONALITY TYPE?

Most Optimistic

For more details: [www.drqamar.com](http://www.drqamar.com)  
[www.humayuninfpa.com](http://www.humayuninfpa.com)

**THE INVENTOR**

**ENTP**

PERSONALITY TYPE

Argues both sides of a point to learn thoroughly raises the bar test the limit their ideas

**DR.QAMAR UL HASSAN**  
(PERSONALITY TYPE EXPERT)

DO YOU KNOW YOUR PERSONALITY TYPE?

Most Inventive

For more details: [www.drqamar.com](http://www.drqamar.com)  
[www.humayuninfpa.com](http://www.humayuninfpa.com)

# Infographics

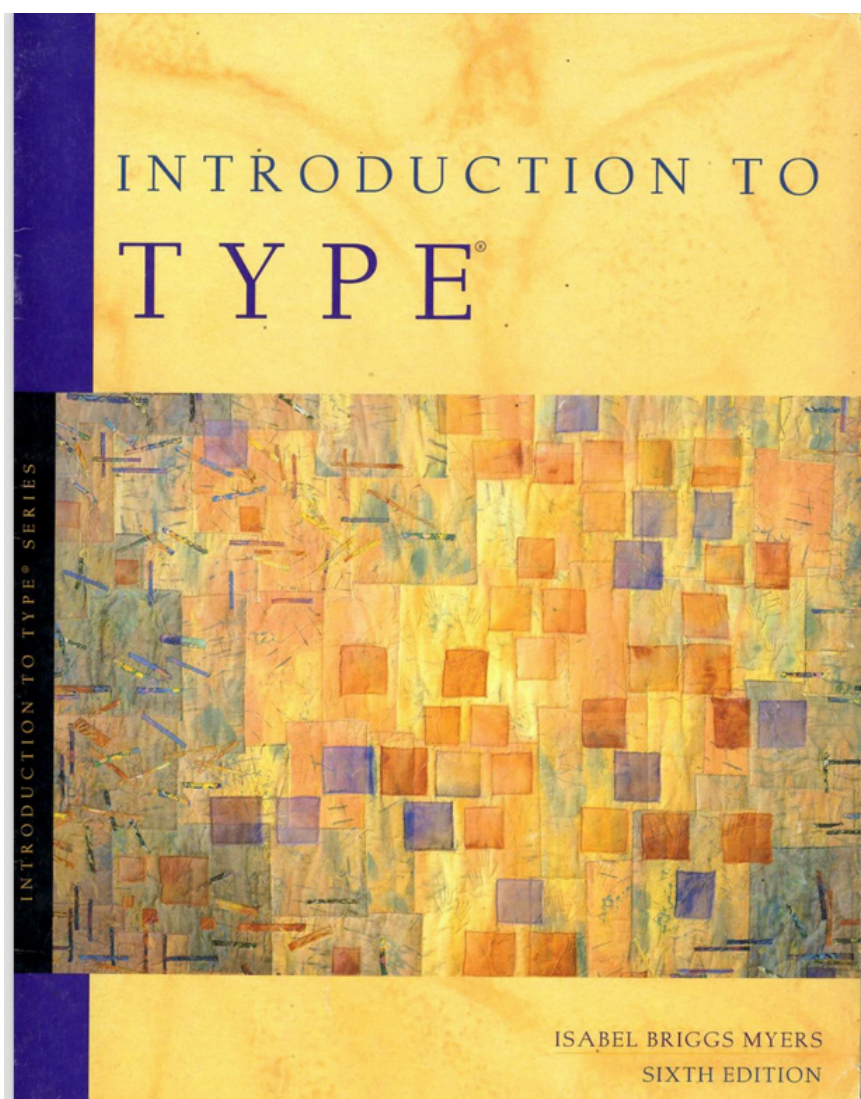
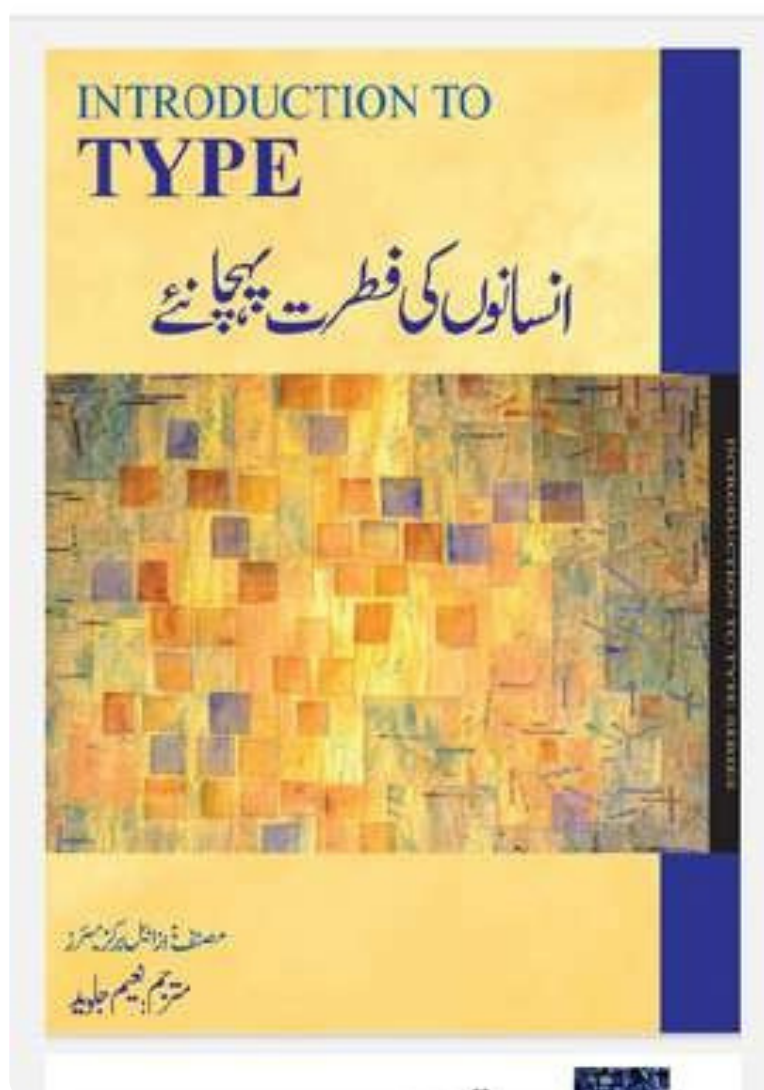
Participants will receive concise infographics outlining various personality types. These visuals will highlight each type's unique traits, strengths, and areas for development, fostering better understanding.





## Characteristic Reports

Each participant will receive comprehensive reports on all personality types. These reports will detail the strengths, weaknesses, and key behaviors of each type, providing valuable insights into different personalities.



## Introduction to Type Books

These Introduction to Type reference books are essential resources for anyone looking to explore the core principles of personality types. They provide comprehensive yet easy-to-understand explanations of personality frameworks, offering valuable insights into how personality shapes our perceptions, interactions, and relationships.





## Books on Functions

This comprehensive guide offers an exploration of each personality type through the lens of cognitive functions. It provides exercises and reflections for self-discovery, enabling readers to identify their primary functions and how these influence their interactions with others.



## Books on Preferences

This comprehensive guide offers an exploration of each personality type through the lens of cognitive functions. It provides exercises and reflections for self-discovery, enabling readers to identify their primary functions and how these influence their interactions with others.





## Compatibility Reports 70+

Receive tailored compatibility insights, which explore how your and your partner's personality types interact. This report identifies key strengths in your relationship and areas where you may experience tension, giving you practical tools for navigating differences and reinforcing your bond.



## Personalized Partner Reports

These reports offer a detailed look into your partner's personality type as an individual. Discover their unique characteristics, strengths, values, and preferences, along with helpful tips on how to support and connect with them effectively.





# 30+ Video Lesson

The "Know Your Partner" video lessons, led by Dr. Qamar ul Hassan, provide an engaging and practical approach to understanding personality dynamics within relationships. Each lesson dives into core concepts such as identifying personality types, recognizing unique strengths and challenges, and learning how these traits influence communication and conflict resolution.



**PREFERS TO**

• Act first than think	• First Think then act
• Communicate freely with anyone about themselves	• Communicate freely about themselves with people they know and trust
• Visibly work on front	• Visibly work from background
• Prefer communicating on the telephone or in-person	• Prefer to communicate in writing including e-mail
• Usually prefers getting input from as many people as possible	• Prefer one-to-one conversation over meetings

After reading the below information, kindly confirm your preference

S SENSING	N INTUITION
<b>DEFINITION</b>	
Sensors use their five senses to take in information.	Intuitives use their 6th sense to take in information.
<b>KEYWORDS</b>	
• Pay attention to facts and details	• Pay attention to patterns
• Present focused	• Future focused
• Practical	• Imaginative

• Live in the now	• Live in the future
• Attending to present opportunities	• Attending to future possibilities
• Using common sense	• Using imagination
• Creating practical solutions	• Creating/inventing new possibilities

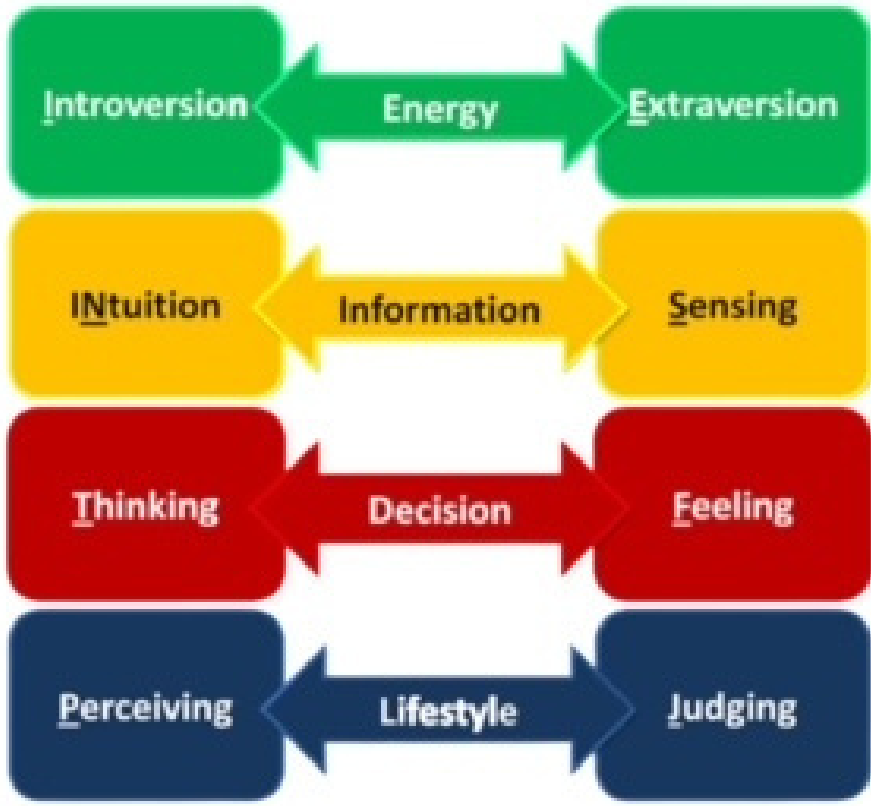
**Personality types**

• Extroverts like to be with a large group of people	• Introverts like to be with a small group of people
• Assertive	• Calm
• Outgoing	• Shy
• Action-oriented	• Thought-oriented

**PREFERS TO**

• Focus on reality	• Focus on possibilities
• Pay attention to facts and details	• Notice big picture, see everything's connects
• Prefer practical applications	• Prefer visionary concepts
• Like to describe things in specific way	• Like to describe things in a figurative way

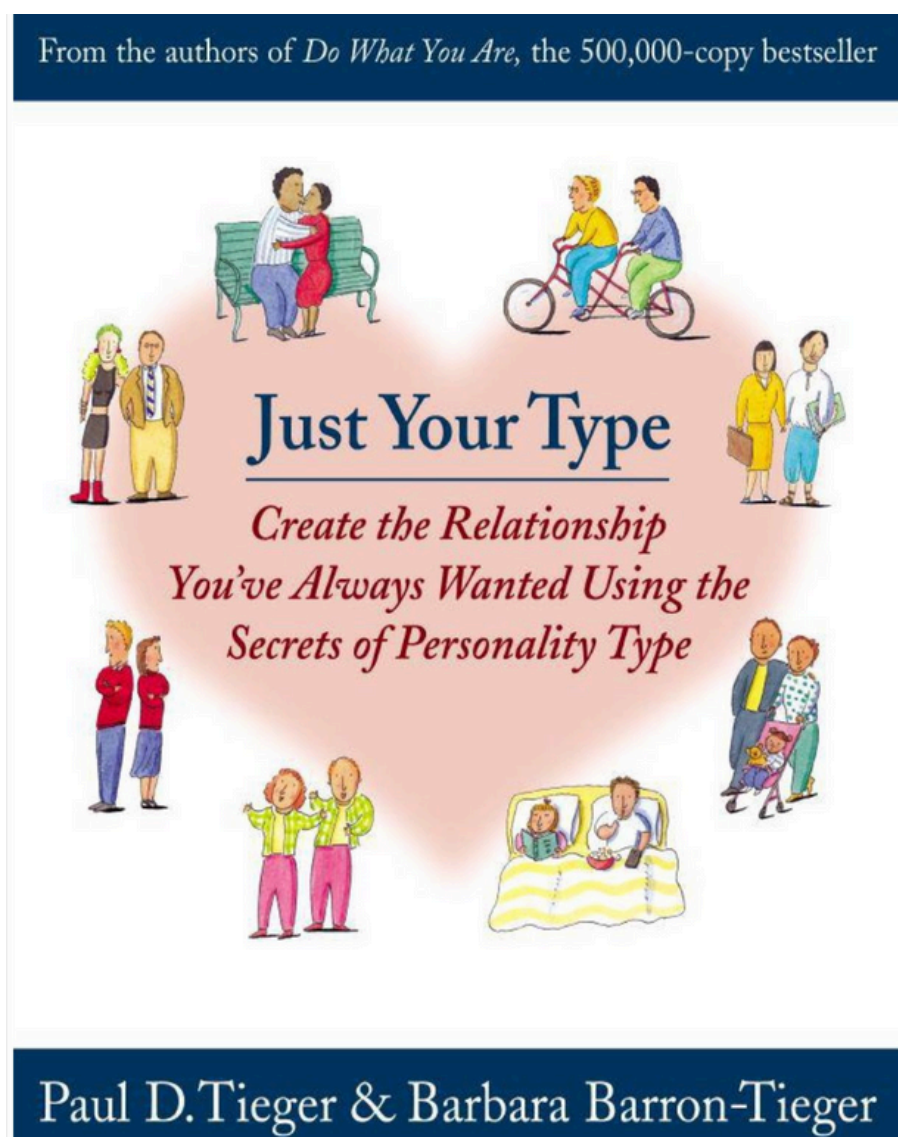
• Attention seeker	• Hider
• Comfortable in groups	• Comfortable Alone
• Wide range of friends	• Small group of close friends
• Jumps quickly into activities	• Thinks before starting activities



# Pictorial Explanation

Participants will also receive pictorial explanations of different personality types and their characteristics. These visuals will provide clear and engaging representations of each type's traits, preferences, strengths, and potential areas for growth.





## Type Reference Books (Relationships)

As part of the course, you'll receive two carefully selected reference books on personality types. These books offer an in-depth exploration of personality theories and practical applications, making them valuable resources for further understanding and ongoing self-development.

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**The happiest marriages have a husband who feels admired by his wife and a wife who feels adored by her husband**

**-Davewillis.org**

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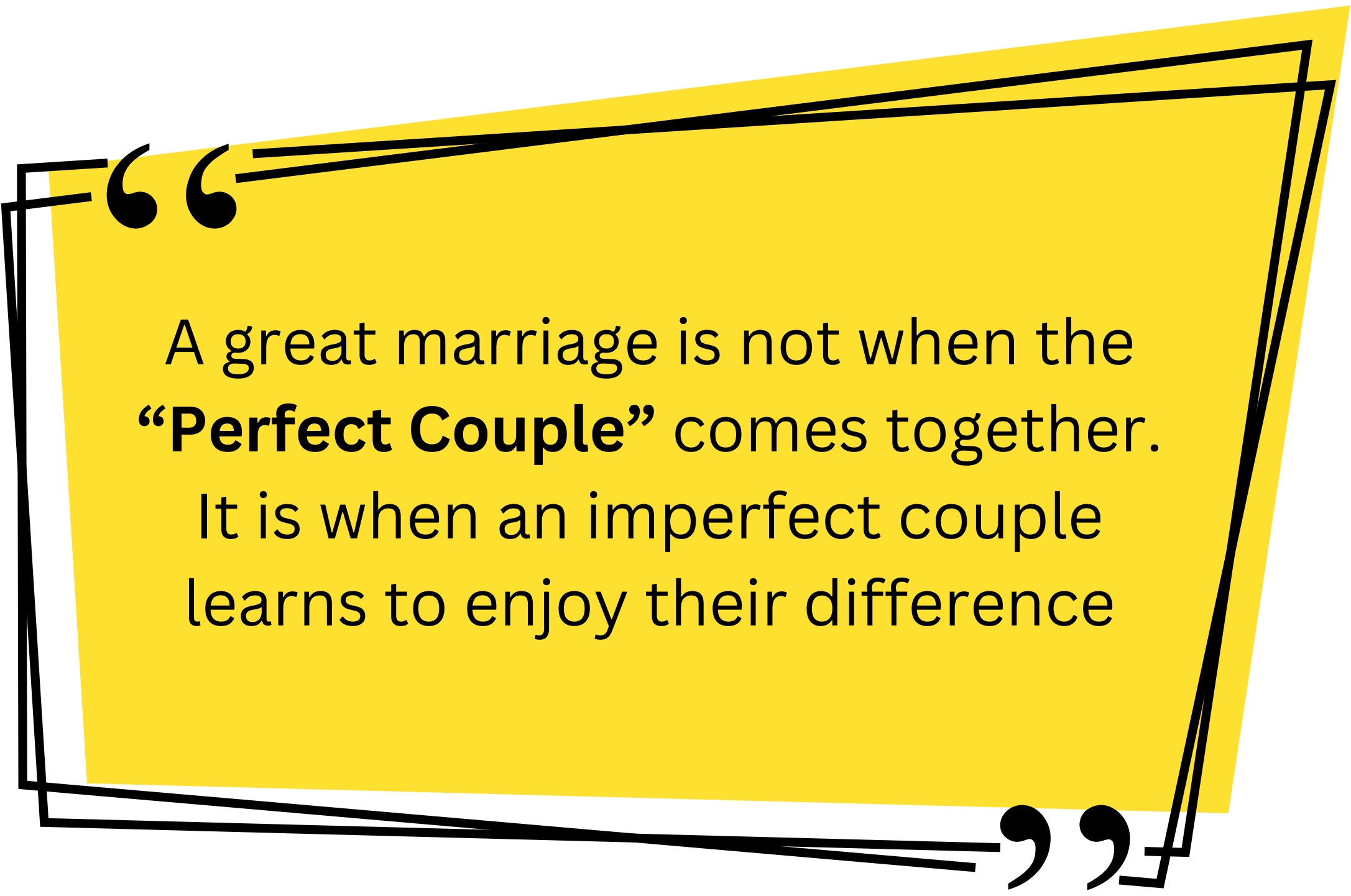
# Conclusion

Dr. Qamar ul Hassan's "Know Your Partner" program offers a transformative opportunity for participants to deepen their understanding of their partners' personalities, fostering stronger, more harmonious relationships.

By exploring the unique traits and behaviors of different personality types, participants can enhance empathy, improve communication, and navigate conflicts more effectively. The program provides practical tools and insights tailored to help partners connect on a deeper level, leading to greater satisfaction in both personal and professional realms.

With the added benefit of lifetime access to exclusive resources, including personalized partner reports, e-books, and video lessons, participants will receive ongoing support as they work towards building a fulfilling and enduring partnership.

Join us in this enriching journey to strengthen your relationship and unlock the full potential of your connection.



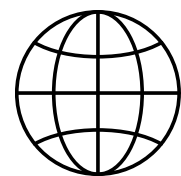
“  
A great marriage is not when the  
“**Perfect Couple**” comes together.  
It is when an imperfect couple  
learns to enjoy their difference  
”





**People are not difficult they are  
different and are predictable**

**Thank You**



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