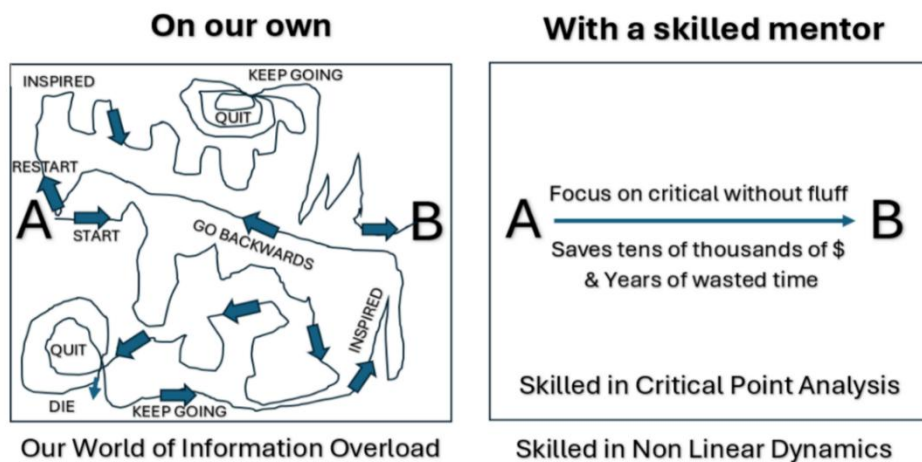


# The Value of a Good Mentor

The value of a good mentor can not be understated. For the first time in history valuable mentors are easily accessible to anyone anywhere in the world. Mr Beast alone has 450 million Youtube subscribers. Imagine what Jesus would do today. From influencers in tight yoga pants to celebrity gurus using key words such as **manifesting** to lure future conference attendees into funnels, the choices are endless. Dr David R Hawkins MD was my mentor and conveyed that while spiritual aspirants are in a state of bliss, 85% of the population lacks integrity (<LOC 200) and would lead them off the cliff then steal their girlfriend. Throughout history the masses even pledged allegiance to leaders (LOC 50 - Psychopaths) that then slaughtered them by the millions. Often an apparent good solution to one issue creates a thousand “side effects” that are then denied. Today child bearing youth follow authoritarian sociopaths who inadvertently sterilize them with toxic injections and aerosols to save them from germs and climate change. Hawkins taught us to overcome naivety and denial with caution and wisdom, to see all life as sacred, but, at the same time not be stupid.

He answered a question at a lecture I attended by asking another question: “Do you have a mentor?” and when he did not, Hawkins conveyed that that is what is missing today. In his day they would brag about who paid the most for the best psychotherapist, because they all understood the true value of a mentor lies in what they have actually become through decades of inner work. In his opinion, **everyone** needed a **spiritual** mentor a wise older person that has your best interest at heart,.. “it helps you grow” he said.

It’s helpful to know someone’s biography before enlisting in their offerings as we can benefit immensely or be brought down from the energy of the teacher and group by osmosis. My buddy Daniel Harner, a brilliant Jungian psychologist, understands the value of a good mentor as well as the massive influence of the “hidden shadow” in people, groups and causes. Hence he was willing to pay for the best. First he moved from Austria to Sedona to be in Hawkins presence, attending every lecture from 2002 to 2012. He also collaborated with Stanford Physicist William Tiller for his PhD dissertation “**The effects of Intention Broadcasting on Subjects Diagnosed with ASD Autism Spectrum Disorder**”. Daniel then worked several years to save enough funds to enlist Steve Hardison (aka - The Ultimate Coach) for a couple years of business mentoring. Hardison’s fees are \$10,000 for a 2 hour trial, \$45,000 for 10 hours of mentoring, or \$200,000 for 50 hours, about an hour/week. Hardison charges an appropriate business value for what he has become. The non-linear benefits of being in Hardison’s presence will last a lifetime and beyond.



## Andrew Facca - Biography

Looking back I realize I was born a coach and teacher. Even as a kid I was selected by my peers and coaches to captain over 30 soccer and basketball teams I played on. I was the high school captain of both the soccer and the basketball team, led by example, and was rewarded by being selected as the only unanimous player to receive 100% of the votes as the top soccer player in the city by all coaches.

I then went to business school and thought I was going to be a businessman my entire life. From childhood there existed a capacity to see the entire context of a plan or a business in a flash and everything required to see it through, so I served basically as a guide empowering managers and employees as best as I could. With over 100 employees, I was on the brink of making a fortune when I surprisingly went into a deep depression. All the gains and everything I had manufactured felt empty and lacked meaning. We were programmed to believe that with success comes happiness, so I asked myself, how can I be depressed?

Then in a lucid dream, I saw this message: *"Heal others & you will heal yourself, but first you must learn."*

What followed was a 30-year journey that led me to world-renowned doctors, scientists, and healers and ultimately to discoveries that few believe are possible and some that may in due course reverse aging.

### When Nothing Else Worked

In 2004, when I developed a herniated disk with debilitating pain, nothing helped— not chiropractic, not Reiki, nothing I tried. Then in a 10-minute healing treatment with Larry Steel when he waved his hands over my body using BOS (Biocomputer Operating System), the severe pain was gone. It never returned. That moment changed everything. I studied with him and learned what he did. I progressively gave up a lucrative career in business and immersed myself in the healing arts. In the same way Larry helped me I was able to so many with similar pain. When we heal, that potential remains with us, and if we choose to can help others heal too. We may all be born with healing gifts but most just choose a different career.

### The Voyage to Betterment Film (2009)

My friend and business partner Dave Haas asked me for some help with stress and health so I created a 30 day challenge for him. Before and after blood tests confirmed Dave grew years younger in only 30 days. The transformation was so visible everyone wanted to know what he was doing so I assembled a group of ten people and filmed them going through the same process. I also exposed the participants to the extraordinary healing and medical intuition methods of Larry Steel, Atherton Drenth of Paradigm Healing, and Lori Wilson, the founder of Inner Access 101 School of Medical Intuition. Every biohacker today knows about biological age testing but back then it did not exist. I was perhaps 10 years ahead of the time so had to help the lab develop the tests. Before and after blood tests showed participants:

- **Lowered their risk** of high blood pressure, diabetes, heart disease, and cancer by up to 50%
- **Grew on average 4 years biologically younger in 60 days**

I produced the film *Voyage to Betterment* and revealed the Ten Principle Elements for Wellbeing. With insights from world renowned doctors including David R Hawkins, VTB received rave reviews in theaters, churches, and yoga studios. Yoga Magazine called the film "Fascinating and Enlightening" and Bryce Wylde, a Dr Oz advisor said. *"Voyage to Betterment is the next generation film of Applied Enlightenment."*

## The Evolution of the Work

The devotion to do the utmost to alleviate suffering led me to the footsteps of great teachers such as:

- **Ron Young – Healing Wisdom – group healing Regeneration**
- **Kurt Ebert – Attractor Field Therapy**
- **Lori Wilson** - Founder of Inner Access School of Medical Intuition (trained 10,000+ practitioners)
- **Dr. David R. Hawkins MD** – The ultimate teacher of consciousness and potentiality
- **Stanford Physicist William Tiller** - Intention-augmented devices and conditioned space pioneer
- **Margaret Chaney** – Lived to 101 and made her groundbreaking Red World Green World discovery

In 2013 I began to offer full day wellness workshops and in the first month 500 people showed up to participate in the Body Mind Spirit Challenge in my small home town of Windsor Ontario. There was a huge demand for this work. In due course God (Omniscience; Omnipotence; Omnipresence) became my teacher and the effectiveness of the healing work continued to evolve. I demonstrated what is possible by hosting retreats and healing events. Immersion in high energy fields (Great Cathedrals with Relics of Saints as well as **The Buddha Relics (LOC 910)**) on Hawkins Scale of Consciousness is my continuing education.

## Documenting Regeneration Results

In due course I learned to align with the “healing fields” from which all modalities arise, so it was no longer necessary to perform any protocol from any modality and instead just show up with the intention to do the utmost to serve. I then created the website [www.Healerman.com](http://www.Healerman.com) to document studies and live healings caught on film. Before and After live blood tests, verified profound regeneration from 10 participants that attended a 3 hour healing workshop. I make no claims and only documented what recipients reported. In a study of 200 straight healing sessions, **95% of participants reported the elimination or significant improvement of at least 3 undesirable conditions as a consequence of just one treatment.**

## The Case That Made National News

When Gabriel was rushed via helicopter from Windsor to London, Ontario, in 2016, doctors had to remove part of his skull due to severe brain inflammation. After a few days in a coma, the infectious disease doctor told his parents: "It's not looking good." His parents put out a Facebook prayer request. So I offered to help and went to the hospital where Gabe was in critical care, hooked up to machines, under 24-hour guard.

We were only given one minute, so I had the parents put their hands on their child and hold in mind what they wanted to see on the monitors. I then went to Mindful Life Studio in Cambridge where a group of 20 compassionate souls were waiting to assist. In a group healing session our collective clairvoyant, clairsentient, and claircognizant gifts merged to envision the ultimate, a complete spiritual and physical regeneration. That was our intention and everything we collectively envisioned - happened.

**One week later:** Gabe was out of the coma and doing fine in his hospital room

**Week Two:** I did another healing session with Gabriel live and he took in the energy like a champ

**Three weeks later:** He returned home healthy.

**Today:** Full recovery.

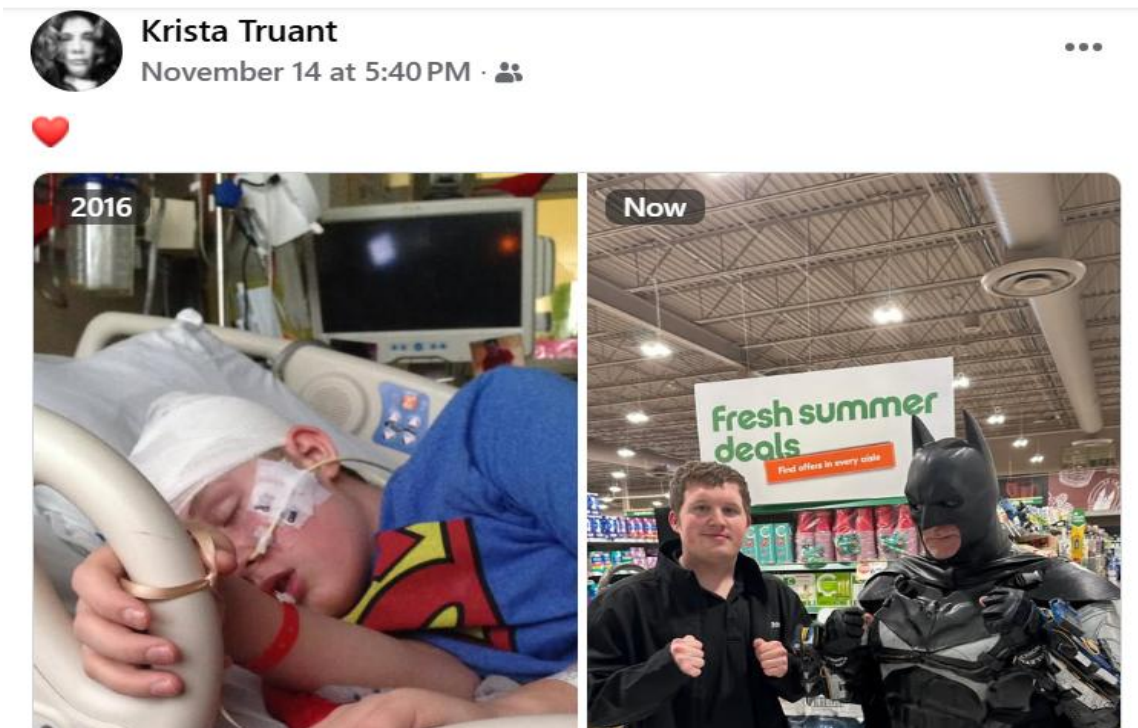
The story made CTV News. Doctors called it a miracle. Krista shared that I and a group of healers helped but CTV news edited out my name. We were able to do in minutes with focused intention/consciousness, what a hospital full of highly skilled and compassionate doctors and hundreds of millions of dollars in the latest and greatest medical equipment could not do. That is the critical value of focused consciousness. Yet although the mother testified about the work of a group of healers, the hospital received all the credit.

I could not care less about getting credit but just wanted to share what we did. I thought that once everyone saw the result, that hospitals, doctors and mothers everywhere would reach out to me wanting to learn “how to” help their kids heal. Instead there was silence. Charlie Goldsmith, aka “The Healer”, recently said that he **begged** doctors to give him a chance to heal their patients. One doctor gave him a chance and by the end of his trial, doctors lined up in rooms to watch 80% of the patients he worked on heal and leave the hospital. This served as a great reminder that I let my own beliefs and lack of boldness close the doors.

It did lead me however, to create what did not exist: **Healer School**. There is nothing special about me so **anyone** with clients, children, friends or family, anywhere in the world, can now learn how to do everything I documented at [healerman.com](http://healerman.com) and so much more. This is not a modality or woo woo in any way, but a pragmatic spiritual approach that embraces our divine essence to align with the healing fields. In the process, students will effortlessly add hundreds of **priceless** tools to their toolbox. For example, in med school some doctors are taught to administer anesthesia which unbeknownst to them, lingers in the body indefinitely, leading to new normals of depleted vitality, impacting everything. Doctors are not taught how to remove Anesthesia, hence the pragmatic priceless value of just one new tool: The Anesthetic Remover:

"I have had many surgeries and recovering from anesthesia is very difficult for me with side effects such as dizziness, headaches and hair loss. I had surgery in 2018 and again was struggling. I was sent to ICU and in trouble. It was terrifying. Andrew came to the hospital and after one session I was released. Here is the miracle. I had no side effects from the anesthesia. NONE! No dizziness, no stomach issues, no hair loss." Deb Moyes

Thankfully, a recent post by Krista shows that Gabriel continues to excel in all that he does in this life.



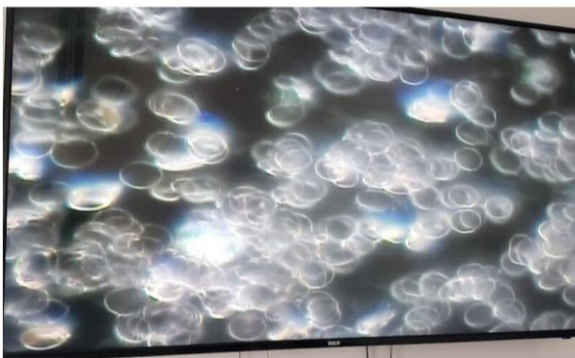
## Infinite Potential

Home remedies and natural alternatives existed for centuries prior to the introduction of a medication that doesn't work as well but gets all the attention. Jesus was at least 2000 years ahead of modern medicine healing "infected" lepers without side effects and helping the blind to see. **"And these signs will accompany those who believe...they will place their hands on sick people and they will get well" Mark 16:17/18**

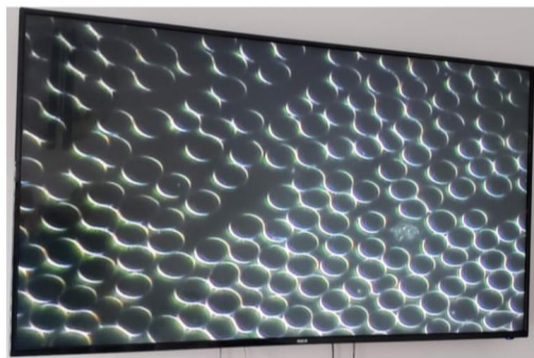
Traditional science is focused on the platitudinous, form and physicality, which they consider to be real science. Advanced theoretical physicists, however, scientifically validate realities that advanced healers have shared for millennia. Dr William Tiller suggests that there are two worlds, one of infinite potential and the other of actuality manifest and the bridge between the unmanifest and the manifest is intention. Hence, everything exists as potential in consciousness prior to its manifestation in the form of a new medication, therapy, or technique. The capacity to regenerate has already existed for millennia. In the collective consciousness of all life on Earth. The Antarctic sponge lives for 10,000 years, and the hydra and Turritopsis jellyfish show no loss in reproductive capacity and are immortal, repeatedly returning their cells to a more youthful state. This capacity is being adopted by humanity in many different ways.

While modern medicine continues to focus solely on the physical many others are now aware that we are spiritual beings with a body. If the root of a chronic physical problem is spiritual in nature, and most are, no form of physical therapy (focus of 99% of science) will have much influence. David Bohn, a brilliant physicist verified that the greatest place to impact our physical state is at the level of our spirit. When we bring lightness to the darkness or focused consciousness to the unconscious it alters the physical form. I verified this often by helping heal and regenerate physical bodies in live workshops or even via Zoom.

**Spiritual healing, therefore, has the capacity to regenerate the physical body**, as evidenced by thousands of testimonials as well as before and after live blood tests with a group of 10 in a 3-hour healing workshop that showed everyone regenerated their body. See: [www.Healerman.com](http://www.Healerman.com).



Jennifer Chene Before



Jennifer Chene After

**"I was told that I had inflammation (foggy background), issues with my liver/gallbladder (lemon-shaped cells), parasites likely due to pets/kids, I do have a cat, and possible issues with digestion/dehydration/coffee/emotionally holding onto things (overlapping cells - and there were a lot!!). Following the session, I felt relaxed and connected, my blood was transformed, and my cells were "as perfect as they could get" Jennifer Chene**

I documented many advances in spiritual healing and help anyone interested do this and more...

HEALERMAN

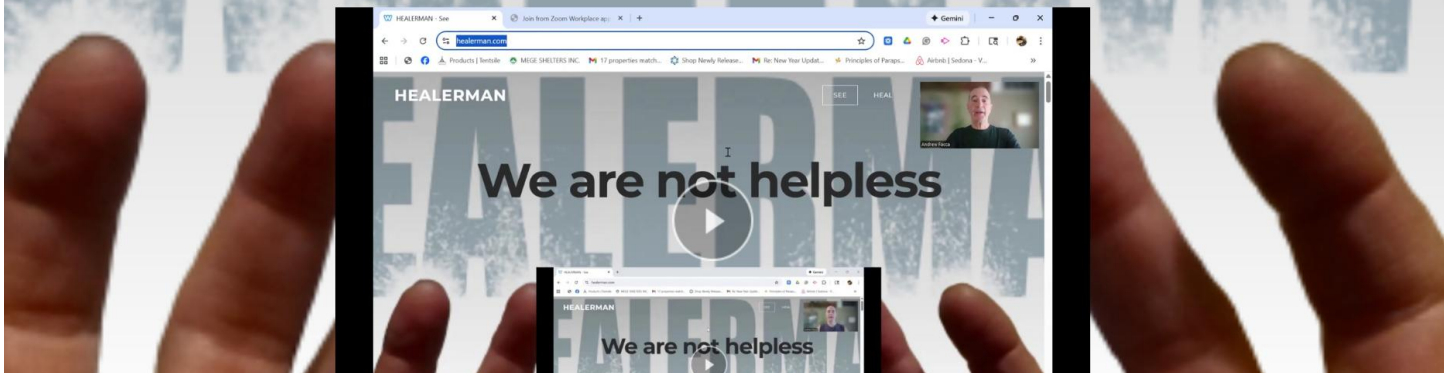
SEE

HEAL

DONATE

CONTACT

# We are not helpless



About 30,000 students enroll in medical school each year investing 10 years and \$500,000 or so in their education which can be a great investment, especially if focused on regenerative medicine. For those who are interested, Healer School is now available online to anyone anywhere for less than 1% of the cost and time required to complete medical school. Which is more valuable? See [www.Healerman.com](http://www.Healerman.com)

**Includes All 12 30-Day Healing Course "**

**PLUS"**

**Zoom Group Mentoring/Healing/Guidance Once Per Month**

This school is for everyone as we are all interested in doing the utmost to self-heal and share what we know with others. In the process, we will learn how to let go of all our limiting beliefs and societal programs so that we can fulfill our potential in health, athletics, work, relationships, and purpose in life. Easy to complete. Each module can be completed in 30 days or less. Simply watch videos, read or listen to a lesson a day for 30 days.

MODULE # 1



Health Optimization Protocol

MODULE # 2



Spiritual Healing Course

MODULE # 3



Lungovita Regeneration Protocol

## Time with Buddha



**"Being in the Presence of the Relics is the same as being in the presence of Buddha"**  
**Venerable Choden Rinpoche**



**I was a steward of the 2500 Year Old Sacred Relics of the Buddha in this Golden Case pictured at my home in Windsor Canada**

I spent a couple years touring with the Lama Zopa Rinpoche and Dalai Lama sponsored Sacred Relic Tour, provided relic blessings in several cities and also hosted the 668<sup>th</sup> and final exhibition of the Buddha Relics in Sedona 2015. Most hosts are given an entire year to organize an event, I had 3 weeks, and in that time I assembled a group of volunteers, all devoted students of Dr Hawkins, and we worked together in flow to organize all activities attracting 2500 people over 2 days to the final exhibit of the sacred relics.

### **The Power of the Buddha Relics**

In 2002 Hawkins calibrated the level of consciousness of the Buddha Relics at a live lecture and surprisingly they calibrated at 910 on his scale of consciousness. It confirmed that these pearly white stones found in the ashes of the Buddha are one of the highest energy fields on the planet and conscious. It has been observed that when monks gather in meditation with intention the relics may even reproduce.

Dr Nisha Manek MD and Dr William Tiller validated this high energy field with an experiment detailed in White Paper No 25, co authored by Manek and Tiller: **The Sacred Relic Tour For the Benefit of All Beings**. Their findings in White Paper 25 showed that the simple electrical box known as the intention host device imprinted by just being in the presence of the Buddha Relics for 72 hours demonstrated

### **Remarkable physical space conditioning properties that are measurable.**

In their experiment, the Buddha Relic-imprinted device raised the pH of water by +2.5 pH units—equivalent to a thermodynamic effect requiring a temperature increase of +700°C if it came from heat. Yet no heat was involved. **This was pure information and intention conditioning space itself.**

I asked Tiller how to imprint the energy field of the Buddha Relics in an intention host device and he told me what to do, so I did it. This was a breakthrough: **combining ancient sacred objects of extraordinary high energy with modern physics**. I've used this device to condition spaces and to assist with healings and experienced what can only be called miraculous, mind-blowing, beyond common belief, repeatedly.

## The Critical Points of the Work of Stanford Physicist William Tiller

**Tiller proposes that focused human intention**, when imprinted into physical devices (like his Intention Host Device, or IHD), **can raise the gauge symmetry state of a space**—meaning:

- It elevates the energetic order or potential of the environment. Everyone has heard of methods of manifesting however they are missing the key ingredient, the gauge symmetry state of their space.
- This allows non-physical information (like consciousness or intention) to interact more directly with physical systems
- It's making the space more "conscious" or "conductive" or receptive to intention-based changes
- Serves to couple the two levels of reality: potentiality into actuality

In a "normal" (low symmetry) state, intention has little to no observable effect on physical reality. But in a "conditioned" space—one with a raised gauge symmetry state—intention can cause measurable physical changes, such as the capacity to increase or decrease the pH of water at will, or change the physiology of fruit flies or humans. Simply holding what we wish in mind in a conditioned coherent space in a loving way for a few minutes can have far more influence on manifesting loving relationships and abundance than years of efforting in common low-energy fields and unconditioned spaces.

Dr. Tiller's fruit fly experiments (documented in Tiller Foundation White Paper #1) involved over 10,000 fruit fly larvae, demonstrating that intention can create measurable, reproducible biological effects, and showed that larvae exposed to intention-imprinted devices:

- Developed 15% faster than controls
- Were healthier as adults
- Produced healthier offspring

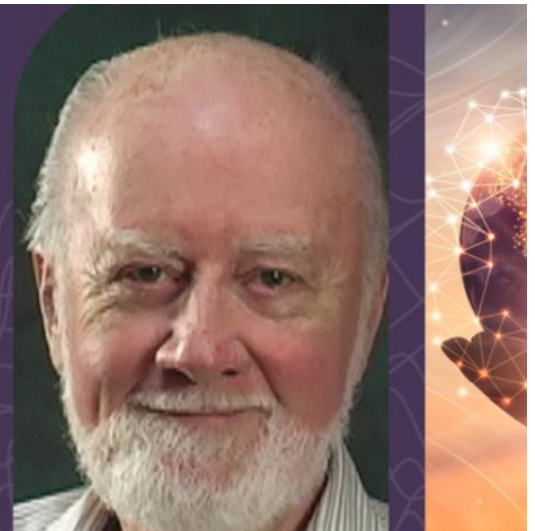
We benefit from the energy of those we surround ourselves with by osmosis, and I spent years in the presence of: The Buddha Relics; Dr. David R. Hawkins MD and William Tiller, PhD for good reason.

The Tiller Foundation ®

Access the power of manifesting intentions to help create meaningful change in your life

We honor the legacy of our founder, Dr. William Tiller, professor emeritus, Stanford University, as we carry on our mission to preserve, advance, and promote his Psychoenergetic Science research to help make this world a better place for all.

[LEARN MORE ABOUT THE POWER OF INTENTIONS](#)



## **Board of Advisors**

My main mentor was an esteemed medical doctor. I have assembled a board of advisors, including Regenerative Medical Doctors, healers, scientists and meditators skilled in imprinting intention host devices, who will contribute to this initiative and the research and development of intention broadcasts. Proceeds from the Longevity Escape Velocity Initiative will be used to further intention broadcast R&D.

## **Healer School Plus – A Bonus Option For Anyone Interested**

I have a great deal of respect for naturopathic and medical doctors. They are usually the brightest amongst us with great intentions. Anyone willing to invest years of their lives and a half million dollars in education to serve others ought to be commended. Many are so open to being the best they can be that they will also invest their continuing education on holistic therapies. Nonetheless, so many of these exceptionally intelligent, without a good mentor, were led off the cliff by bad shepherds, ruthless systems and authorities with ulterior motives. Ten times more medical students/residents under 30, died suddenly, in 2022 vs 2020.

As valuable as a medical school education can be, Healer School is a million times more valuable, as it steers us away from cliffs, helps fulfill potential and is available to all. To this end the majority of doctors will soon be replaced by systems using AI to diagnose and administer medications a thousand times faster and cheaper than any human can. Healer School, however, is focused on consciousness-based healing that can't be replaced by AI, just like a mother's love for her child, can not be replaced by an AI robot. Students interested will also learn how to align with states of consciousness capable of "broadcasting".

## **Healing & Intention Broadcasts - Research & Development**

Some of the proceeds of this initiative will be used to fund a variety of broadcast methods such as:

- Periodic live focused intention sessions broadcasts by Andrew Facca on his own
- Periodic live focused intention sessions broadcast by Andrew and students
- Intention host devices imprinted by Andrew Facca
- Intention host devices imprinted by Andrew and a team of Tiller trained imprinters
- Perhaps even live broadcasts by my new friend Richard Gordon and his students on C-elegans

We will test to see which methods of focused intention have the greatest influence on:

- Improving measurable health biometrics such as deep sleep, HRV and phase angle
- Influencing the healthspan of fruit flies and C-elegans
- Restoring the natural hair color of aged rats from gray back to black
- Restoring the natural hair color of human subjects
- The complete regeneration of aged rats to youthful rats
- "The Intention Pill" - complete regeneration of human to peak physical states

We will then explore options to create subscriptions for the effective focused intention broadcasts, that may be broadcast once per week, once per month or perhaps even 24 hours/day, 7 days/week.

Due to the nature and the potential to disrupt all industries we will work in Stealth Mode and likely only make broadcasts available to those who learn via word of mouth

## The Priceless Pursuit of Healing and Staying Young

Throughout history the richest men in the land used their resources in search of solutions in attempts to mitigate the effects of aging. The first Emperor of China Qin Shi Huang, twice sent hundreds of people to search for the elixir of life. Terrified of death he regularly consumed a mercury based potion, which did not work out too well and led to his early death at age 49. Today, billionaires now wager fortunes to reverse aging. Jeff Bezos commits over \$100 million yearly to Altos Labs for cellular youth. Larry Ellison has invested \$370 million in anti-aging since 2000. Bryan Johnson spends \$2 million annually—high-tech diagnostics, 30+ doctors—attempting to reverse his biological age from 45 to the 30s with his Blueprint protocol. It is hard to remain motivated in life with so many aches and pains, hence many millionaires will even spend \$50,000 per damaged joint for MUSE stem cell injections that work well but are expensive.

Many are working on “The Pill” to reverse aging damage and make us young again. Would we not be willing to pay a million to be young again? Perhaps we think, if I had a billion then... I would spend a million. History framed the pursuit as one limited to only the richest men. Interestingly, 1 in 10 men over the age of 50 in the USA are millionaires, not including the value of their primary residence and if the value of the residence was included then 1 in 4 men over the age of 50 in the USA are millionaires and could afford the pill. The Pill is not yet available but certain approaches have evolved that are very close. Hence today many can now choose whether to invest in themselves and their shrinking thymus, weakened immune system, enlarged prostate, degenerating hip, knees, necks and backs and various pains and limitations of aging, or keep investing in their homes, businesses and stocks.

In reality we do not have to be billionaires, or millionaires or hundredthousandaires to heal undesirable conditions, improve or reverse biological age and remain on the cutting edge. We need not jump on the fear bandwagon and go to war against ten thousand diseases “out there”. Instead we can reflect on where all the disease are happening - “in here” - and then just do one thing, optimize our own wellbeing. The easiest and most effective way to do this is to align with a suitable mentor and group and benefit from the energy of the group by osmosis. This is critical point mentoring and non-linear dynamics, where the least amount of effort has maximum impact. This is the way. Feel free to follow me and I will do my best to serve.

I'm not a billionaire and have been on brink of bankruptcy for 20 years as I invest my money, time and energy into this body of work and that included co-founding Lungovita Beach Retreat. This depleted cash reserves, so at the moment I can't even afford a house or a car. I need good health to help others so would rather invest any funds I get into optimizing my health rather than into a house. Forty years of soccer led to degenerated hips and so much joint pain I could only walk up a flight of stairs on all fours. However, recent biological age testing revealed that despite my disabilities my metabolic age is similar to an elite 45 year old athlete. This surprised me as maintaining athletic levels of activity is the top longevity influence and for the last 2 years I could barely walk. This shows the benefits of my food and supplement choices and peptide protocol. My biological age results are detailed below with the critical point plan to improve.

I've experienced a ton of pain and physical challenges along the way, so have a great deal of compassion for anyone with any undesirable condition especially those that seem to worsen no matter what and make us feel hopeless and beyond repair. However there is a part of me that knows better than to let my mind go on with that sad story and so when I am down I pray for help then pay attention to the peaceful whispers of the holy spirit underneath all the noise of our collective busy busy lives and minds.

Several months back, while in Canada, I started researching potential places to create another retreat center in the USA, and somehow Austin kept coming to mind. It was odd because I lost the appeal to be in bigger cities and their proclivity to express every level of consciousness openly. Then I felt the need to come to the USA to get out of my downward trajectory of my mobility and ability to remain independent. I totally get why so many opt for knee and hip replacement surgery but I sensed that was not to be my path.

So I left Canada and went to Florida for a couple of weeks with very little cash and a lot of monthly payment obligations from previous business ventures. I may be worth a fair bit on paper, but from a cash flow perspective I was pretty broke. While I was in Florida, I received a text from a friend, telling me that she needed a cat sitter, and I came to mind. She happened to live in Austin. So I came to Austin and that two week sit turned into a two month duty. I was gifted two months of rent, enough time to explore Austin.

I kept following my intuition and ended up feeling quite at home at Upgrade Labs. I was invited to do a group healing demo and willingly accepted. In return I was gifted with a few Wasabi, radial pressure wave therapy (RPWT) sessions. It was exactly what I need to reverse years of damage, scar tissue and adhesions. After 4 sessions, I was able to walk up a flight of stairs without holding the handrails for the first time in over a year. I may need to do another 50 sessions, and each one hurts like heck, but I am thrilled to finally see some positive change after trying hundreds of different therapies over the years. I was also introduced to some people that are world leaders in unique regenerative therapies...

To optimize our financial, physical, emotional, mental and spiritual health and reverse the effects of biological aging does not require millions or hundreds of thousands of dollars. It only requires one thing, INTENTION, and with that, the abundance that the Universe is will be revealed. **If we were born and are reading this, we already won the lottery.** Existence is its own reward and “we get” to do this! As I'm writing this at a café in Austin, another angel in human form approached me and handed me an extra gift bag, as their “walking” group was just having a get together. In the bag, was something that I needed as I left mine in Canada as I was travelling - a metal water bottle. It has the inscription “Be Real”. To fulfill our potential and benefit from the energy of the group, all we have to do is show up and be ourselves.

### **Sinclair's Vision—and the Years Ahead**

Harvard's David Sinclair sees aging as epigenetic damage we can fix. His 2021 study (Nature) reset mouse cells, restoring vision, proving youth can return via genetic reprogramming and has a patent on it.

Sinclair is the front runner to create “The Pill”. He sees it as the ultimate solution to heal ten thousand diseases. His sincere intention is to create an inexpensive pharmaceutical pill to regenerate the body by 20 years across all systems or die trying. With this pill a 60-year-old can reboot their body's health to that of a 40-year-old, and he believes we can keep doing that indefinitely. He is likely testing a version of that pill on himself at this time as he is in his mid 50's and looks like he is his 30's with no visible signs of aging.

The public introduction of The Pill may still be ten years away - if ever. Hawkins advised that our innocent minds are not equipped to distinguish truth from falsehood. Marketing psychologists take advantage of our innocence programming us by repetition to not see reality. (ie: 30 million “excess” deaths and 500 million serious adverse “diseases” began the month covid vaccines were mandated by “**Health**” Authorities). With caution and wisdom, The Pill can be a great benefit to Society. Without it, “**Authorities**” may use AI and propaganda to hijack The Pill for ill crafted agendas and lead us into Aldous Huxley's Brave New World.

## **The Biggest Bang For The Buck**

Naïve masses are lured by “free” health care assuming World Medical Authorities know what they are doing. That level of naivety and denial will lead the masses off the cliff while bad shepherds proclaim **“science”** keeps us safe. Caution, wisdom and good guidance may help us avoid the next psychopathic fear-based initiative and counter erroneous beliefs about disease with vaccines as the only solution. Be forewarned that groups are now fixing vaccine hesitancy - funding "spray-and-go" campaigns to vaccinate crowds in days and mass Mrna vaccination via the food supply, with current human trials and **“experts”** advocating for regulatory fast-tracks to preempt the next outbreak. The wise see through false germ theory, and, instead invest into regenerative therapies for their own healthspan and resilience to alleged diseases.

### **Dr. Greg Fahy's TRIIM Protocol**

Dr. Greg Fahy, the cryobiologist and biogerontologist who created the TRIIM (Thymus Regeneration, Immunorestitution, and Insulin Mitigation) protocol, is 75 years old and looks decades younger. His TRIIM protocol uses a combination of human growth hormones injected three times per week, plus metformin, DHEA, and other molecules to partially regenerate the thymus, which tends to shrink to about 25% capacity by age 40 and 10% capacity by age 60. The protocol has proven to partially regenerate the thymus and that partial regeneration led to significant epigenetic age reversal. The 9 participants grew on average 2.5 years biologically younger for every year of participation.

The trials have expanded to a group of 85 participants who each pay \$20,000 per year, paying only the cost of supplies to be part of this protocol. They are all receiving the guidance and accumulated wisdom of this extraordinary mentor for free. Feedback suggests that with some added molecules, results are going to be even better in this group. If participation pushes early adopters past Longevity Escape Velocity, where each year of treatment makes us at least one year younger, paying \$20,000 per year and being injected with human growth hormone 3 times per week is a bargain, a big bang for the buck.

### **A Couple Pieces For A Bigger Bang**

Child math prodigy Jakob Barnett disproved the Big Bang Theory at age 8 and now 27, an advanced theoretical physicist working on quantum many-body problems. In a talk to University Mathematicians he told them to Forget What They Know and ended his talk by stating **“Be The Field”**. The field of potentiality can't be patented and is available to all. An infant Wildbeest starts running within minutes of being born. The mother has not time to teach the child so where is the know how? Sinclair understands that there is a “back up copy” of optimal health and is determined to find it but will never find it in the physical domain. It's in the field and I've accessed it on occasion, as verified with before and after live blood tests.

Charlotte Gerson of the Gerson Institute advises that we can only develop tumors or a cancer diagnosis after the liver is in a state of failure, which often happens due to an unknown and persistent source of toxemia, from the environment, EMF, medicines, vaccines, interventions or even from an infected root canal. It's the master organ and fortunately can completely regenerate and be new again. After an Iridologist looking into my eyes with a microscope, she saw issues with my liver. So I created my own extensive protocol implementing “everything” I knew to regenerate my liver. In a follow up after 6 months the iridologist advised me that she had never seen anyone improve as much as I did. I then created an online course where anyone can learn what I did simply by viewing a 15 minute video a day for 30 days.

## Full Body Regeneration

Fahy shows that even partial regeneration of the thymus leads to huge gains but imagine what we can do by easily regenerating the liver too as above and then all the organs too. Full body regeneration is the age reversal pill. Red bone marrow produces stem cells, which can repair all body systems. Infants have about 100% red bone marrow and by age 30, more than half of the red bone marrow is replaced by yellow fatty marrow with no capacity to produce stem cells. By age 60, the red bone marrow drops to about 25%, resulting in fewer stem cells, reduced immunity, oxygen, platelets, and white cells. With less red bone marrow and less stem cells regenerating other organs or systems becomes more difficult. But...**It is possible to regenerate bone marrow and it is also possible to regenerate all the other organs too.**

## Regeneration Available Today

Dave Pascoe from Detroit is 63, but seeks to be as fit as top 25 year old athletes. He spends about \$5000 per month on 200 daily supplements that include a natural approach that mimics the Triim protocol. He is leading longevity races, looks like he is in his thirties and may have reached Longevity Escape Velocity.

Pascoe's results show that what Dr. David Sinclair intends to create in a pharmaceutical pill may already exist. Dr. Bill Lawrence mentioned Sinclair in a recent podcast and advised that he believes the regeneration pill Sinclair is chasing is already here. Developed over 40 years by Russia's Dr. Vladimir Khavinson, **peptide bioregulators**, which are all-natural derivatives from the organs of animals. Clinical tests on over 15,000 people have been shown that they were able to regenerate all organs and joints and all 12 body systems including the Immune; Endocrine; Cardiovascular; Nervous; Lymphatic; Musculoskeletal; Integumentary; Digestive; Urinary; Visual; Reproductive; and Respiratory system.

The irony is that Khavinson did more for the longevity movement than any other individual in history showing us the pathway to live to 120 and beyond, yet died at age 77. The reality that one wrong move can kill any of us ought to give us some compassion. Nonetheless his somewhat early death, does not invalidate the value of peptide bioregulators but shows us that other influences affect our healthspan.

Dr. Bill Lawrence was the first American to study with Khavinson and replicated his experiments in the USA. He also does a lot of other things that modern biohackers do including extensive exercise and supplementation routines and is living proof of the effectiveness of his protocol. At age 78, although genetically all his family members tended to die young, he looks great, is as muscular and fit as a bull, and various tests show his age markers to be decades younger than his chronological age.

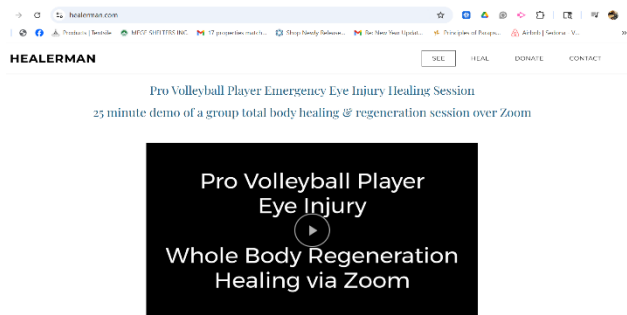
In a 4-year study, using only natural non synthetic peptide bioregulators, he saw 60+ participants, rather than increasing their age chronologically by 2 years, drop on average 4.67 years of epigenetic age over 2 years. He is having potentially better results than Fahy on pushing past Longevity Escape Velocity with focus on regenerating all organs with peptide bioregulators and without 3 injections per week of HGH.

Participants pay \$25,000 plus the cost of peptides (estimated \$250/month) for his protocol. Rather than spend hundreds of thousands on stem cells and gene therapies to advance health span this cost for a great mentor and peptides to help reach Longevity Escape Velocity is a bargain. Hence he is booked to capacity with about 150 participants. Managing this group consumes all his time but he has boundless passion and energy to serve. A pill for immortality seems out of reach but reaching Longevity Escape Velocity...

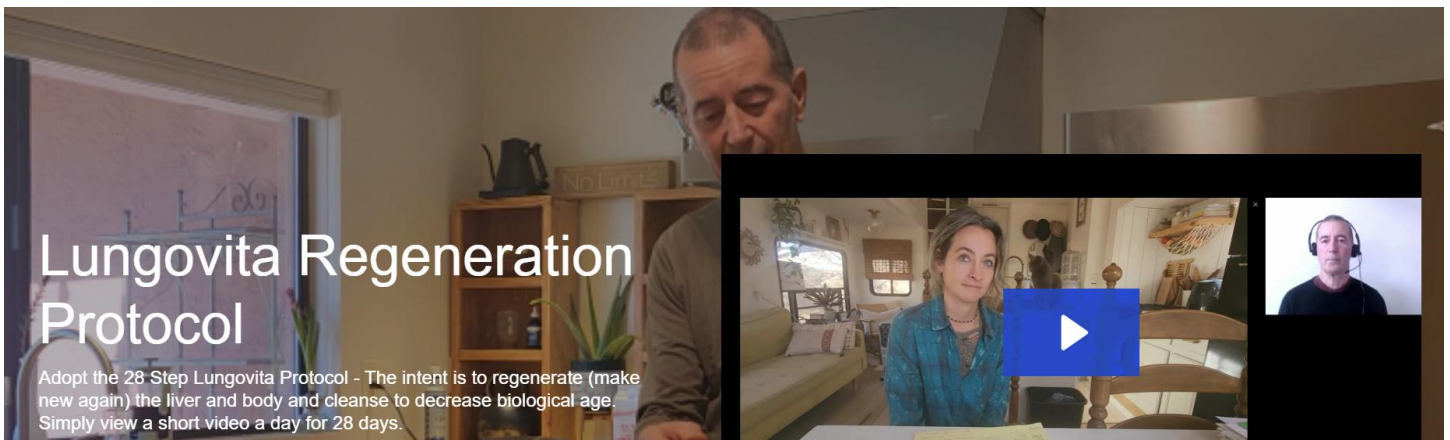
## THE MISSING LINKS & THE PRICELESS PRAGMATIC BENEFITS OF SPIRITUAL HEALING

Most health limitations stem from hidden spiritual influences that operate below conscious awareness and affect every area of life. Physical therapies alone often fail because the root causes are rarely purely physical. The good news: we are not alone. With genuine willingness to ask for help, we can access powerful spiritual support. Having a reliable healing team available as offered herein to transcend these non-physical limitations as they arise is massively underappreciated — yet it offers **exponential potential for regeneration** and true healing. Most people think they can figure this out on their own by following biohackers and taking supplements. Even leading longevity pioneers (Khavinson, Sinclair, Fahy, Johnson, Pascoe, etc.) that have made enormous contributions to biological health optimization do not offer pragmatic spiritual healing — which may explain why even pioneers like Khavinson passed relatively early.

### Missing Link 1 - Spiritual Healing Know How: See Live Regeneration via Zoom @ Healerman.com



### Missing Link 2 - Liver regeneration is critical – From A to B - Lungovita Online Course



### Missing Link 3 – Regeneration Trained Healing Team ... This OMT/RMT helped and observed:

“I was holding the liver, 2/3rd of the liver was retracted and semihard which means he was holding something for many years in his body... the liver started to release this retracted hard stuff to expand slowly, & I felt like everything expanding nicely & the liver started to move on its own. **Which I never saw in my life.** In this case, it came naturally. With the lungs, in my profession, it means sadness & grief, so the lungs released, the fissures open up & he started to breathe better & lungs started to move on their own. It was an amazing experience. Thank you very much.” Zofia Furtak, OMT, RMT”

## Biological Age Analysis: Andrew Facca – January 13, 2026

Based on multiple cross tests for accuracy: InBody 770; IHHT performance; DXA scans; & blood panels.

1. Muscle Mass: DXA lean mass ~74% (121.7 lbs at 165 lbs bodyweight). Typical of men 30–40 or very fit 45-year-olds. Significance: Defies sarcopenia; supports metabolism & mobility. Bio Age: 35
2. Body Fat + Visceral Fat: PBF 21.1%, VAT 2.40 lbs (~1.09 kg). Matches lean, active men 30–45. Significance: Low visceral fat cuts metabolic & heart disease risk dramatically. Bio Age: 38
3. Hydration (ECW/TBW): 0.395 – high intracellular water, excellent membrane function. Matches 25–40 physiology. Significance: Indicates low inflammation & strong cellular health. Bio Age: 33
4. Basal Metabolic Rate: 1,723 kcal – very high for weight & age. Typical of active 30–40-year-olds. Significance: Counters age-related metabolic slowdown. Bio Age: 35–40
5. Phase Angle: 4.7° – weakest marker, aligns with 55–65 norms. Significance: Cellular membrane vitality has room to improve; targeted optimization will lift overall age. Bio Age: 60
6. IHHT Hypoxic Response: Tolerated 12% O<sub>2</sub> (~5,000 m altitude), SpO<sub>2</sub> to 80%, HR max only 73 bpm. Elite calm response. Outstanding mitochondrial adaptability & autonomic control. Bio Age: 30
7. VO<sub>2</sub> Max: 44–48 ml/kg/min – far above 60+ averages. Significance: Reduces all-cause mortality risk 30–50%. Bio Age: 35
8. Bone Mineral Density: Positive T-scores (spine +2.3, hips mostly neutral/positive). Matches 30–45 norms. Significance: Prevents osteoporosis & supports lifelong mobility. Bio Age: 38
9. Fat Distribution: A/G ratio 0.90 (pear-shaped). Matches 30–45 norms. Significance: Lower abdominal fat reduces metabolic aging risk. Bio Age: 40
10. Glycemic Control: Glucose 77 mg/dL, excellent HbA1c/eAG. Matches 30s norms. Significance: Extremely low diabetes & vascular damage risk. Bio Age: 35
11. Systemic Inflammation: hsCRP 0.64 mg/L, very low IL-6/TNF- $\alpha$ /IL-1 $\beta$ . Elite 30s profile. Significance: Dramatically reduces “inflammaging” & chronic disease risk. Bio Age: 30
12. Renal Function: Creatinine 0.99–1.02, eGFR 83–86, Cystatin C 0.86. Youthful filtration. Significance: Counters typical age-related decline; protects long-term health. Bio Age: 40
13. Vascular/Endothelial Health: ADMA 94 ng/mL (optimal), low homocysteine & fibrinogen. Matches 30–40 norms. Significance: Strong protection against atherosclerosis & CVD. Bio Age: 35
14. Calcium-Hormonal Axis: Balanced ionized Ca, PTH, & 1,25 Vit D. Supports positive BMD. Significance: Maintains bone & muscle integrity into later decades. Bio Age: 38

**Composite Bio Age 38:** Weighted toward high-impact systems: mitochondrial, inflammation, metabolism, muscle, vascular health. When phase angle rises to 5.2–5.4°, expect composite age ~35. Optimization Plan (Focus on Phase Angle): Continue IHHT 2 $\times$ /week; Repeat Peptide Bioregulator protocol; Add: Phosphatidylcholine 1,200–2,400 mg, DHA 1,000–1,500 mg, Vit E 100–200 IU, Astaxanthin 6–12 mg Food equivalent (preferred): 1 lb wild coho salmon + 2 tbsp EVOO every other day

## Longevity Escape Velocity In Community (LEVIC)

In 2007, I offered a group of 10 young people a health challenge that led to an average biological age reduction of 4.5 years in 60 days (Voyage to Betterment, 2009). I am now offering a group of 100 only, an opportunity to set a new standard in health optimization. The intent is for participants to experience more benefits than enlisting with Hardison, Triim, Lawrence and Pascoe all at the same time. This group will receive everything that I have to offer for 2 years for the same cost of 2-hours of mentoring with Steve Hardison. Designed through critical-point analysis (least amount of effort and cost for maximum impact), the benefits are non-linear. Progress happens effortlessly via osmosis rather than via years of self-education. Everything needed is absorbed simply by joining monthly Zoom group healing and mentoring sessions. There is no need to take hundreds of daily supplements either. Participants will receive a package of intention augmented peptide pills and take 10 pills per day, for the first ten days of each month for 24 months. Participants will learn pragmatic ways to heal and help others heal simply by viewing the Healer School videos, like a Netflix series then showing up for the monthly meets with the healing team. That's it.

Program	Coaching	TRIIM	Pep Protocol	Routine	LEVIC
Mentor	Hardison	Fahy	Lawrence	Pascoe	Facca
Focus	Business	Body	Body	Body	Body Mind Spirit
Main Benefit	Assertiveness	Longevity	Longevity	Longevity	Empowerment
Methodology	In Person	In Person	Online	Website Only	Online
Capability	High	High	High	High	High
Embodiment	High	High	High	High	High
Seasoned	Yes	Yes	Yes	Yes	Yes
Availability	Low	Low	Low	Low	High
Protocol	No	Yes	Yes	No	Yes
Medical Advisors	No	Yes	No	No	Yes
Peptide Bioregulators	No	No	+\$250/month	No	Included
Biological Age Tests	No	Yes	Yes	No	Yes
<b>Coaching:</b>					
Longevity	-	Yes	Yes	-	Yes
Detoxing	-	-	-	-	Yes
Physical Fitness	-	-	-	-	Yes
Abundance	Yes	-	-	-	Yes
Spirituality	Yes	-	-	-	Yes
Relationships	Yes	-	-	-	Yes
Fulfilling Potential	Yes	-	-	-	Yes
Nonlinear Dynamics	-	-	-	-	Yes
<b>Intention Medicine</b>					
Self Healing	-	-	-	-	Yes
Healer School	-	-	-	-	Yes
Healing Team	-	-	-	-	Yes
House Broadcast	-	-	-	-	Yes
Healing Broadcasts	-	-	-	-	Yes
Future Broadcasts	-	-	-	-	Yes
<b>Cost 2 Years</b>	<b>\$400,000</b>	<b>\$40,000</b>	<b>\$25,000</b>	<b>\$120,000</b>	<b>\$10,000</b>

- Note: Pascoe does not provide coaching or a protocol and only publishes his routine on his website at no cost. The estimated cost to purchase 200 daily supplements and age testing is estimated at \$5000/month = \$120,000 – 2 years.

## Are you a human interested in optimizing health and longevity?

Great LEVIC is a comprehensive yet simple way to achieve results with a group.

## Are you human with friends or family interested in self healing or helping others heal?

Great. LEVIC includes everything to optimize health plus enrollment in Healer School and a Go To Healing Team. Healer School is also 99% off the cost of medical school...

## Are you a healer interested in magnifying the benefits to clients exponentially?

Great. We all benefit from the energy of the group by osmosis simply by showing up.

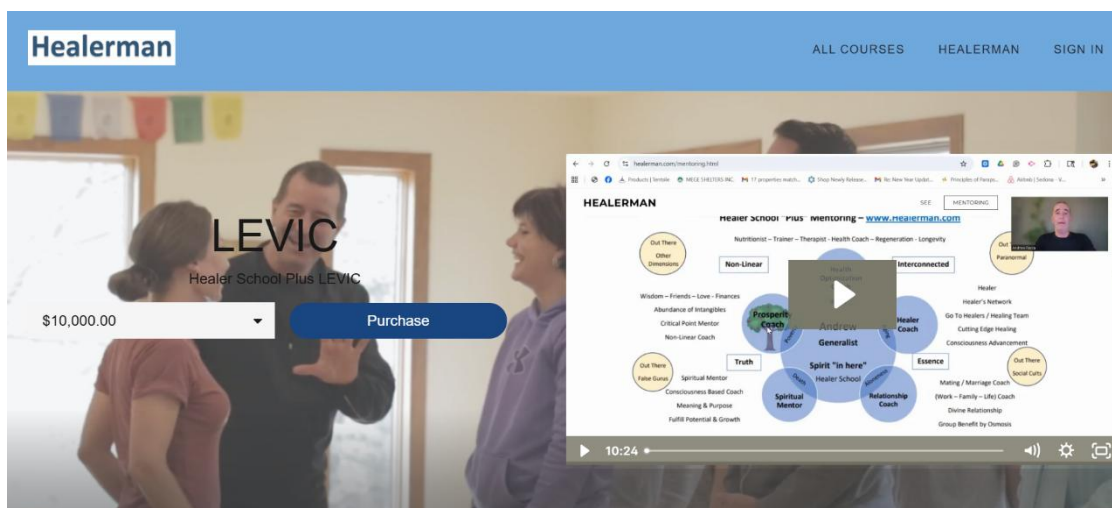
## Are you a healer in search of a way to make your work sustainable?

Great. I will do my best to help anyone fulfill their potential and serve as they wish.

## Potentiality to Actuality - One Decision Collapses the Wave Function - Enroll Now.

Then simply show up. No experience necessary.

Thanks to evolving technology – Now available to anyone anywhere in the world.



## LONGEVITY ESCAPE VELOCITY IN COMMUNITY - LEVIC

Pay one payment of US \$10,000 and receive a 10% discount. Simply contact me to ask for it.

Or

Finance for 48 months at 0% interest = \$500 down plus \$198/month for 48 months. Go to:

<https://healerman.thinkific.com/order?ct=d7edf011-faa3-42b9-b95b-7fa0378ec84d>

If you have take the time to read this and have any questions, wish to attend the next LEVIC information session over zoom, or wish to enroll in the free monthly group healing session via Zoom, feel free to email directly at [andrewfacca@gmail.com](mailto:andrewfacca@gmail.com)